

**BERNADETTE MAZUREK MELNYK, PhD, APRN-CNP, EBP-C, FAANP, FNAP, FAAN**

Vice President for Health Promotion  
University Chief Wellness Officer  
Helene Fuld Health Trust Professor of Evidence-Based Practice and Former Dean, College of Nursing  
Professor of Pediatrics & Psychiatry, College of Medicine  
Founder, the Helene Fuld Health Trust National Institute  
for Evidence-based Practice in Nursing & Healthcare  
The Ohio State University  
[melnik.15@osu.edu](mailto:melnik.15@osu.edu)

R.N. Licensure: Ohio:  
RN.374385

Nurse Practitioner Licensure: Ohio: Advanced Practice Registered Nurse: Certified Nurse Practitioner  
APRN.CNP.12814 (Pediatrics and Psychiatric Mental Health)  
  
20010944 Certified Pediatric Nurse Practitioner – Primary Care  
Pediatric Nursing Certification Board  
  
2011014457 Certified Psychiatric Mental Health Nurse Practitioner,  
American Nurses Credentialing Center

EDUCATION: University of Rochester, Rochester, New York  
Post-master's Certificate: Psychiatric/Mental Health Nurse Practitioner, Dec., 02

University of Rochester, Rochester, New York  
Doctor of Philosophy in Clinical Nursing Research, May, 1992.

University of Pittsburgh, Pittsburgh, Pennsylvania  
Master of Science Degree in Nursing with a specialization in nursing care of children, December, 1983. Curriculum included preparation as a pediatric nurse practitioner.

West Virginia University, Morgantown, West Virginia  
Bachelor of Science Degree in Nursing, Cum Laude, May, 1979.

EXPERIENCE

July 1, 2023- Present  
The Ohio State University: Vice President for Health Promotion, Chief Wellness Officer, Helene Fuld Health Trust Professor of Evidence-based Practice and Former Dean, College of Nursing, Professor of Pediatrics & Psychiatry, College of Medicine, Executive Director, the Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare.

November, 2019- Present  
The Ohio State University: Vice President for Health Promotion, Chief Wellness Officer, Dean and Helene Fuld Health Trust Professor of Evidence-based Practice, College of Nursing, Professor of Pediatrics & Psychiatry, College of Medicine, Executive Director, the Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare.

January, 2017- November, 2019  
The Ohio State University: Vice President for Health Promotion, Chief Wellness Officer, Dean and Professor, College of Nursing, Professor of Pediatrics & Psychiatry, College of Medicine, Executive Director, the Helene Fuld Health Trust National Institute for EBP in Nursing and Healthcare

EXPERIENCE (continued)

July, 2013-Present	Editor, <i>Worldviews on Evidence Based Nursing (Five Year Impact Factor: 4.35)</i>
September, 2011- December, 2016	The Ohio State University: Associate Vice President for Health Promotion, Chief Wellness Officer, Dean and Professor, College of Nursing, Professor of Pediatrics & Psychiatry, College of Medicine.
January, 2005- September, 2011	Arizona State University, Phoenix, Arizona: Dean and Distinguished Foundation Professor in Nursing, College of Nursing and Health Innovation, which included nursing, exercise science, nutrition and health sciences.
2003-2013	Associate Editor, <i>Worldviews on Evidence-Based Nursing (Five Year Impact Factor: 1.94)</i> .
July, 2002- December, 2004	University of Rochester School of Nursing, Rochester, New York Professor of Nursing (with unlimited tenure)
July, 2002- December, 2004	Associate Dean for Research and Director, Center for Research & Evidence-Based Practice and Pediatric Nurse Practitioner Program
October, 2002- Dec, 2004	University of Rochester School of Medicine & Dentistry, Professor of Pediatrics
July, 1998- June, 2002	University of Rochester School of Nursing, Rochester, New York Associate Professor of Nursing (with unlimited tenure) Associate Dean for Research and Director, Center for Research & Evidence-Based Practice (Appointed January of 1999) Director, Pediatric Nurse Practitioner/Care of Children and Families Program. Faculty: Leadership in Education in Adolescent Health Grant; Pediatric Critical Care Fellowship Grant; Interventions with High-Risk Children and Youth (T32 for pre- and post-doctoral training from NIH/NINR)
December, 1998- 2002	University of Rochester School of Medicine & Dentistry, Rochester, New York. Associate Professor of Pediatrics (secondary appointment).
May, 1992- June, 1998	University of Rochester School of Nursing, Rochester, New York Assistant Professor of Nursing. Coordinator: Care of Children and Families Faculty Enrichment Program (Post-master's Pediatric Nurse Practitioner Program)
September 1992- November, 1998	University of Rochester School of Medicine & Dentistry, Rochester, New York. Assistant Professor of Pediatrics (secondary appointment).
May 1992- June, 1998	Specialty Program Coordinator, Care of Children and Families Graduate Program and Post-master's Pediatric Nurse Practitioner Program (1995-1998). Faculty: Institutional Stress and Coping Grant, 1992-1994. Faculty: Leadership in Education in Adolescent Health Grant, 1997-2004.
October, 1986- December, 2004	Children and Youth In-Patient Unit, Elmira Psychiatric Center, Elmira, New York. <u>Pediatric Nurse Practitioner Consultant.</u>

EXPERIENCE (continued)

September, 1989- May 1992	University of Rochester School of Nursing, Rochester, New York. Senior Associate. Division of Health Promotion and Maintenance, Care of Children and Families Graduate Program.
August, 1990- August 1992	Hillside Children's Center, Rochester, New York. Pediatric Nurse Practitioner: Adolescent Health Clinic.
October, 1986- December, 1993	American Journal of Nursing/C.V. Mosby Company. Nursing Board Review Faculty. Content expert: the child.
September, 1989- May, 1991	University of Rochester, Rochester, New York. Research Assistant. "The Adolescent and her Child - A Longitudinal View" and "The Children of Teenage Mothers." Principal Investigator: Dr. Marilyn Aten.
September, 1989- May, 1990	State University of New York, College at Brockport. Lecturer: Nursing Research.
September, 1988- August, 1989	University of Rochester, Rochester, New York. Research Assistant. "Family Processes and Adaptational Outcomes in Chronic Illness." Principal Investigator: Dr. Ruth McShane.
January, 1988- May, 1988	State University of New York at Binghamton. Clinical Preceptor, Family Nurse Practitioner Graduate Program.
January, 1986 - August, 1988	Keuka College, Keuka Park, New York. Assistant Professor of Nursing.
June, 1987- August, 1988	Speno, Perry and Kiernan Pediatrics, Ithaca, New York. Pediatric Nurse Practitioner.
June, 1984- January, 1986	Robert Packer Hospital School of Nursing, Sayre, Pennsylvania. Instructor in Parent-Child Health Nursing.
June, 1984 - January, 1986	Guthrie Clinic Pediatric Associates, Sayre, Pennsylvania. Pediatric Nurse Practitioner. Part-time: Joint Appointment.
June, 1983 - September, 1983	University of Pittsburgh, Pittsburgh, Pennsylvania. Research Assistant for an improved pregnancy outcome grant.
September, 1980 - September, 1983	Children's Hospital of Pittsburgh, Pennsylvania. Staff Nurse in the intensive care unit: part-time. Member of the transport team: part-time.
September, 1980 - September, 1982	Shadyside Hospital School of Nursing, Pittsburgh, Pennsylvania. Pediatric Nursing Instructor.
June, 1979 - September, 1980	Children's Hospital of Pittsburgh, Pennsylvania. Staff-Nurse in the intensive care unit: full-time. Frequently assumed charge nurse responsibilities. Member of the transport team.

## HONORS & AWARDS

- 2022 American Association of Colleges of Nursing Innovations in Professional Nursing Education Award in the Public College/University Category for the Million Hearts® Fellowship program
- 2022 Elected into Sigma Xi, The Scientific Research Honor Society
- 2022 Honorary Doctor of Science Degree from the State University of New York (SUNY), Presented by Upstate Medical University, Syracuse, New York
- 2022 Annie W. Goodrich Distinguished Lectureship Award, The Institute of Living's Department of Nursing, Hartford HealthCare
- 2022 Margaret L. McClure Visiting Nurse Scholar, New York University Langone Hospitals, Department of Nursing
- 2022 Nursing Legend, Friends of Nursing History, OSU Medical Heritage Center
- 2021 Visiting Professor at the University of Chester, Great Britain
- 2021 American Association of Colleges of Nursing Innovations in Professional Nursing Education Award in the Public College/University Category for Telehealth Wellness Hub and Wellness Partner Program
- 2021 Recognized as an Expertscape World Expert in Organizational Culture
- 2021 Distinguished Alumnus Award, University of Rochester School of Nursing
- 2021 *Worldviews on Evidence-Based Nursing* top cited paper for 2020 - The MINDBODYSTRONG Intervention for New Nurse Residents: 6-Month Effects on Mental Health Outcomes, Healthy Lifestyle Behaviors, and Job Satisfaction
- 2021 Invited participant for the National Institute of Nursing Research Workshop on Models of Care for Reducing Disparities in Maternal Health. Only 19 professionals were invited to participate in this day-long workshop
- 2021 Exercise is Medicine Gold Campus Award from the American College of Sports Medicine
- 2021 National Designation for The Ohio State University and Wexner Medical Center as a Million Hearts® Hospital & Health System by the Centers for Disease Control and Prevention Recognition Program
- 2021 *American Journal of Nursing* Book of the Year Award in Nursing Management and Leadership for the book entitled *Evidence-Based Leadership, Innovation, and Entrepreneurship in Nursing and Healthcare: A Practical Guide for Success*
- 2020 *American Journal of Health Promotion* Editor in Chief Review Article of the Year - Interventions to Improve Mental Health, Well-Being, Physical Health, and Lifestyle Behaviors in Physicians and Nurses: A Systematic Review
- 2020 Elected Secretary-Treasurer, National Forum for Heart Disease & Stroke Prevention
- 2020 Friends of the National Institute of Nursing Research Ada Sue Hinshaw Award Recipients have a substantive and sustained program of science that would afford her/him recognition as a prominent senior scientist
- 2020 National Forum for Heart Disease & Stroke Prevention Chair Recognition Award
- 2020 Exercise is Medicine Silver Campus Designation from The American College of Sports Medicine
- 2020 Invited member of the National Academies of Sciences, Engineering and Medicine Expert Panel on Promoting Emotional Well-being in Children and Adolescents (In collaboration with the CDC)
- 2019 Invited Advisory Board Member for Everyday Health
- 2019 Edge Runner: Recognition for the Creating Opportunities for Personal Empowerment (COPE) Programs for Children, Teens and College Students, the American Academy of Nursing
- 2019 *Worldviews on Evidence-based Nursing* a top cited paper for 2018 - A Test of the ARCC® Patient Outcomes.
- 2019 *Worldviews on Evidence-based Nursing* a top cited paper for 2018 - The First U.S. Study on Nurses' Evidence-Based Practice Competencies Indicates Major Deficits That Threaten Healthcare Quality, Safety, and Patient Outcomes

HONORS & AWARDS (continued)

- 2019 Marquis Who's Who in the World
- 2018 Elected Board Member, National Forum for Heart Disease & Stroke Prevention
- 2018 American Association of Critical-Care Nurses Pioneering Spirit Award
- 2018 Research thru Academic-Clinical Partnerships Research Interest Group's 2018 Outstanding Partnership Award Midwest Nursing Research Society
- 2017 Selected as member of Women of Impact, Leaders in Health and Healthcare
- 2017 *American Journal of Health Promotion* Editor's Pick for 2017 - An Epidemiological Study of Population Health Reveals Social Smoking as a Major Cardiovascular Risk Factor
- 2017 Induction into the Honor Society of Phi Kappa Phi
- 2017 Marquis Who's Who Albert Nelson Marquis Lifetime Achievement Award
- 2017 American Association of Nurse Practitioners Sharp Cutting Edge Award
- 2017 American Organization of Nurse Executives Foundation Nurse Researcher Award
- 2016 Champion of Health Care, Healthcare Educator & Advocate Award, Columbus Business First
- 2015 *American Journal of Nursing* Book of the Year Award in Nursing Research
- 2015 National Cancer Institute selectee for COPE (Creating Opportunities for Personal Empowerment) Healthy Lifestyles TEEN (Thinking, Emotions, Exercise and Nutrition) Program selection for the Research-tested Intervention Programs (RTIPs) database web site
- 2015- present: Invited Participant, Million Hearts Leadership Roundtable
- 2014-2020 Member, National Quality Forum's Behavioral Health Phase 3 Standing Committee
- 2014 Academy of Distinguished Alumni, West Virginia University
- 2014-2016 Honorary Professor, School of Nursing and Midwifery, the University of Queensland
- 2013 Founders Award - Mary Tolle Wright Award for Excellence in Leadership, Sigma Theta Tau International
- 2013 Inaugural American Association of Colleges of Nursing Exemplary Academic-Practice Partnership Award
- 2013 Elected Member, Institute of Medicine/National Academy of Medicine
- 2013 Elected Member Editorial Board (EB) for the National Guideline Clearinghouse (NGC) and the National Quality Measures Clearinghouse (NQMC)
- 2013 Elected Fellow, American Association of Nurse Practitioners
- 2013 Lifetime Achievement Award, National Organization of Nurse Practitioner Faculties (NONPF)
- 2013-2017 Member, National Institutes of Health, National Advisory Council for Nursing Research
- 2012-2014 Member, Center for Disease Control & Prevention's Laboratory Medicine Best Practices Workgroup
- 2012-2014 Member, National Quality Forum Steering Committee for Behavioral Health
- 2012-2016 Member, U.S. Healthiest Board of Directors
- 2012 *American Journal of Nursing* Book of the Year Award in Nursing Research
- 2012 Senior Scientist Award, Midwestern Nursing Research Society
- 2012-2018 Member, SmithGroupJJR, Nursing Advisory Board II
- 2011 International Researcher Hall of Fame, Sigma Theta Tau International
- 2011 Distinguished Research Lecturer Award, Western Institute of Nursing
- 2011 *Phoenix Business Journal's* Women in Business Award
- 2011 NIH/National Institute of Nursing Research Inaugural Director's Lectureship Award
- 2010-2013 Invited U.S. expert panel member, European Child Health Research Platform, funded by the European Commission
- 2010 Edge Runner: recognition for the COPE Program for Parents of Preterm Infants, the American Academy of Nursing
- 2008-2011 Chair, Child Health Committee, United States Preventive Services Task Force
- 2008 Loretta Ford Distinguished Fellow Award: for major contributions to the health of children, the National Association of Pediatric Nurse Practitioners
- 2007-2011 Member, United States Preventive Services Task Force

HONORS & AWARDS (continued)

- 2007-2011 Invited member, NIH/NINR Study Section- Children and Families Scientific Studies Section; Nursing Science and Related Clinical Studies
- 2007 Invited member, Institute of Medicine Healthcare Professional Sector's working committee on evidence-based practice
- 2006 Edge Runner: for the National KySS Child and Adolescent Mental Health Program (recognition for innovative programming leading to healthcare solutions), the American Academy of Nursing
- 2006 Healthcare Innovator Award, Phoenix Business Journal
- 2006 Distinguished Researcher/Advancing the Profession Award, Arizona March of Dimes
- 2006 Distinguished Alumni Award from the University of Pittsburgh School of Nursing
- 2006 Invited member, The American Academy of Pediatrics Mental Health Task Force
- 2005 Associations Advance America Honor Roll for KySS, a national awards competition sponsored by the American Society of Association Executives
- 2004 Distinguished Alumni Award, West Virginia University School of Nursing
- 2004 Jessie M. Scott Award, the American Nurses Association (for a nurse whose accomplishments demonstrate the interdependence of practice, education, and research in significantly improving nursing and health care)
- International Health Professional of the Year for 2004
- Woman of the Year-2004, American Biological Institute
- Audrey Hepburn Award, Sigma Theta Tau International, 2003 (for substantial contributions to improving the health of children globally)
- Invited Expert, the Future of Pediatric Education Conference, Sponsored by the Macy Foundation, Half Moon Bay, California, June, 2003.
- Strathmore's Who's Who, 2003-2004
- 2003 Professional Advancement Award, Upstate New York Chapter of the National Association of Pediatric Nurse Practitioners
- Professional Advancement Award, University of Rochester School of Nursing, May, 2003.
- Faculty, Leadership Academy, Maternal-Child Nursing, Sigma Theta Tau International, 2003-present
- President's Award. National Association of Pediatric Nurse Practitioners' (NAPNAP), April 11, 2003 (for national leadership in improving the psychosocial health of children and adolescents)
- Invited Participant, Research Themes Expert Panel on Settings Priorities for Nursing Research, National Institutes of Health/National Institute of Nursing Research, October 21, 2002
- Elected Fellow, American Academy of Nursing, 2002
- 2002 Distinguished Contributions to Nursing Research Award, Eastern Nursing Research Society
- Maternal-Child Nursing Expert (invited), "Investing in Maternal-Child Health: Defining Nursing Contributions," A Hallmark Think Tank (sponsored by Sigma Theta Tau International and the Johnson & Johnson Pediatric Institute), January, 2002
- Distinguished Practitioner (elected), National Academies of Practice (Nursing), 2001
- American's Registry of Outstanding Professionals (for individuals who have demonstrated leadership and dedication in their profession), 2001
- Excellence in Nursing Research Award, Epsilon Xi Chapter of Sigma Theta Tau International, May, 2001
- Research Utilization Award for ARCC (Advancing Research and Clinical practice through close Collaboration), Epsilon Xi Chapter of Sigma Theta Tau International, May, 2001.
- 2000-2001 Millennium Edition of Strathmore's Who's Who
- 2000 Distinguished Nurse Researcher Award, Foundation of the New York State Nurses Association and the New York State Nurses Association Research Council
- Distinguished Lecturer, Sigma Theta Tau International, 1999-2001

### HONORS & AWARDS (continued)

New Child Health Leader, Rochester Child Health Congress, October, 1999 (Selected from a competitive national pool of interdisciplinary candidates)

Research Advancement Award, Sigma Theta Tau International (award received while serving as president of Epsilon Xi Chapter of Sigma Theta Tau), November, 1999

The 1999 Outstanding Large Chapter Award, National Association of Pediatric Nurse Associates and Practitioners (NAPNAP), April 10, 1999 (award received while serving as president of the Upstate New York Chapter of NAPNAP)

Professional Advancement Award, University of Rochester School of Nursing, May 15, 1998

1998 Professional Advancement Award, The Upstate New York Chapter of the National Association of Pediatric Nurse Associates and Practitioners

Haggerty-Stanford Friedman Scholar, University of Rochester, February, 1997

The 1996 Mead Johnson Nutritionals Nursing Research Scholar, September, 1996.

The 1996 Ruth Perkins Kuehn Research Award from the University of Pittsburgh School of Nursing, September 16, 1996.

Most Promising New Investigator, University of Rochester School of Nursing, May, 1996.

Dean's Award for Excellence in Teaching, University of Rochester School of Nursing, May, 1995.

Who's Who in America, 1993-1994, 1994-1995; 2001-2002

Dissertation Award for study "Coping with Unplanned Childhood Hospitalization: Effects of Informational Interventions on Mothers and Children." Presented by Epsilon Xi Chapter of Sigma Theta Tau International, October 27, 1993

International Who's Who of Professional and Business Women, 1991-1992; 1993-1994.

Who's Who in American Women, 1993-1994

Who's Who in American Education, 1993-1994; 1995-1996

University of Rochester School of Nursing Excellence in Teaching Award, presented by the Student Nurses Association, 1991

National Research Service Award Predoctoral Fellowship from the National Center for Nursing Research, National Institutes of Health, September, 1990

Professor of the Year: Keuka College, 1988

Who's Who in American Nursing, 1987-present

National Council of Family Relations 1987 Media Award for videotape "Young Children's Reactions to Hospitalization": Honorable Mention in the Stress, Transition and Crisis Management Competition

"Effects of Selected Information on Mothers' Anxiety Levels during Their Children's Hospitalization": Honorable Mention in Pediatric Nursing's 1986 Writers Award Contest

American Journal of Nursing Company 1986 Media Festival Award for videotape "Young Children's Reactions to Hospitalization": Honorable Mention, Pediatrics

University Scholar, University of Pittsburgh: for superior performance in a graduate program, 1984.

National Dean's List, 1983

Professional Nurse Traineeship for Graduate Education, 1982-1983

West Virginia University Alumni Award for service, leadership and scholarship, May, 1979

Sigma Theta Tau International, 1978

West Virginia University Honors Program: admitted in 1976

### PUBLICATIONS (+ refereed; \* data-based) – Publications = 541

Nunes, M.A., Almeida, S., Cardoso, A., Vieira, M., **Melnyk, B.M.** (2023) Healthy lifestyle beliefs scale: Psychometric properties in Portuguese pregnant women. *Research in Nursing & Health*. DOI: 10.1002/nur.22329

PUBLICATIONS (+ refereed; \* data-based) (continued)

**Melnyk, B.M.** (2023) A Message from BHAC Board President: Supporting Well-Being for Health Sciences Students: The National Wellness Action Alliance Workgroup Faculty Toolkit. [Editorial] Building Healthy Academic Communities Journal. <https://doi.org/10.18061/bhac.v7i1.9504>

**Melnyk, B.M.**, Hsieh, A. P., Tan, A., McAuley, J.W., Matheus, M., Larson, B., Dopp, A.L. (in press) The state of Health, Burnout, Healthy Behaviors, Workplace Wellness Support and Concerns of Medication Errors in Pharmacists During the COVID-19 Pandemic. Journal of Occupational and Environmental Medicine, DOI: 10.1097/JOM.0000000000002889 +\*

Connor, L., **Melnyk, B.M.**, Zadvinskis, I. (in press) Nurses' Perceptions of Adherence to the Central Line Maintenance Bundle: Linkages to Thoughts, Emotions, and Behavior. Western Journal of Nursing Research +\*

**Melnyk, B. M.**, Strait, L. A., Beckett, C., Hsieh, A. P., Messinger, J., & Masciola, R. (2023). The state of mental health, burnout, mattering and perceived wellness culture in doctorally prepared nursing faculty with implications for action. Worldviews on evidence-based nursing, 20(2), 142–152. <https://doi.org/10.1111/wvn.12632>

**Melnyk, B.M.** (2023) 8 Evidence-based Tips to Live to a Healthy 100. [Editorial] OSU Alumni Magazine Digital Version. [https://alumnimagazine.osu.edu/story/live-healthy-100?utm\\_source=sfmc&utm\\_medium=email&utm\\_campaign=umar\\_alumni-newsletter\\_fy23\\_osam\\_may-control&sfmc\\_id=59513267&sfmc\\_key=00602349](https://alumnimagazine.osu.edu/story/live-healthy-100?utm_source=sfmc&utm_medium=email&utm_campaign=umar_alumni-newsletter_fy23_osam_may-control&sfmc_id=59513267&sfmc_key=00602349)

McGhee, S. and **Melnyk, B.M.** (2023) Nursing student success: The anatomy of a program. [Editorial] Teaching and Learning in Nursing. <https://doi.org/10.1016/j.teln.2023.02.004>

McNett, M., Gorsuch, P.F., Gallagher-Ford, L., Thomas, B., **Melnyk, B.M.**, Tucker, S., (in press) Development and evaluation of the Fuld Institute evidence-based implementation and sustainability toolkit for health care settings. Nursing Administration Quarterly, DOI: 10.1097/NAQ.0000000000000569 +

**Melnyk, B.M.**, Hsieh, A. P., Messinger, J., Thomas, B., Connor, L., Gallagher-Ford, L. (2023). Budgetary investment in evidence-based practice by chief nurses and stronger EBP cultures associated with less nursing turnover and better patient outcomes. Worldviews on evidence-based nursing, <http://doi.org/10.1111/wvn.12645>

**Melnyk, B.M.** (2023). Fixing broken systems and unhealthy cultures in healthcare and educational institutions is key to improving the mental health and well-being of nurses and healthcare workforce, faculty and students. [Editorial] Worldviews on evidence-based nursing <https://doi.org/10.1111/wvn.12642>

**Melnyk, B. M.** (2023). Leaders and managers are key to advancing and sustaining evidence-based practice. [Editorial] Worldviews on evidence-based nursing, 10.1111/wvn.12626. Advance online publication. <https://doi.org/10.1111/wvn.12626> \*

**Melnyk, B.M.** (2023) 8 Tips to Listen Better and Improve Your Relationships. [Editorial] Ohio State Alumni Magazine. <https://alumnimagazine.osu.edu/story/good-listening>



PUBLICATIONS (+ refereed; \* data-based) (continued)

- Connor, L., Dean, J., McNett, M., Tydings, D., Shrout, A., Gorsuch, P., Hole, A., Moore, L., Brown, R., **Melnyk, B.M.**, Gallagher-Ford, L. (2023) Evidence-based practice improves patient outcomes and healthcare system return on investment: Findings from a scoping review. *Worldviews on evidence-based nursing* <http://doi.org/10.1111/wvn.12621> +\*
- Melnyk, B. M.**, Hsieh, A. P., Mu, J., Jopp, D. A., & Miller, S. (2023). Associations among infection prevention professionals' mental/physical health, lifestyle behaviors, shift length, race, and workplace wellness support during COVID-19. *American journal of infection control*, 51(1), 62–69. <https://doi.org/10.1016/j.ajic.2022.04.004> +\*
- Morrison-Beedy, D., & **Melnyk, B. M.** (2022). Generating high-level evidence to guide clinical practice: A call for more nursing intervention researchers. [Editorial] *Worldviews on evidence-based nursing*, 14(6), 432-433, <https://doi.org/10.1111/wvn.12627> \*
- Melnyk, B.M.** (2022) A Message from BHAC Board President: Hope, Dreams and Connection: Key Strategies for Optimal Mental Health & Well-being. [Editorial] *Building Health Academic Communities Journal*, 6 (2). <https://doi.org/10.18061/bhac.v6i2.9308> \*
- Graves, R. J., Harrell, M., Barinas, J. L., Taylor, S. E., Fruh, S. M., Williams, S. G., McDermott, R., Hall, H. R., Hauff, C., Sittig, S., Campbell, M., Hudson, G., & **Melnyk, B. M.** (2022). Effects of the perceived risk of contracting COVID-19 on nursing student well-being. *Journal of Nursing Education*, 61(11), 641-645. <https://doi.org/10.3928/01484834-20220912-06> +\*
- Barinas, J. L., McDermott, R. C., Williams, S. G., Fruh, S. M., Hauff, C., Hudson, G. M., Graves, R. J., & **Melnyk, B. M.** (2022). Positive and negative psychosocial factors related to healthy and unhealthy weight control among nursing students. *Journal of professional nursing : official journal of the American Association of Colleges of Nursing*, 42, 290–300. <https://doi.org/10.1016/j.profnurs.2022.07.017> +\*
- Tucker, S., McNett, M., O’Leary, C., Rosselet, R., Mu, J., Thomas, B. Gallagher-Ford, L., **Melnyk, B.M.** (2022) EBP education and skills building for leaders: An RCT to promote EBP infrastructure, process and implementation in a comprehensive cancer center. *Worldviews on Evidence-Based Nursing*, 19, 359–371. <https://doi.org/10.1111/wvn.12600> +\*
- Hutson E, **Melnyk B.M.** (2022) An Adaptation of the COPE Intervention for Adolescent Bullying Victimization Improved Mental and Physical Health Symptoms. *Journal of the American Psychiatric Nurses Association*, 28, 433-443. <https://doi.org/10.1177/10783903221127687> +\*
- O’Hara, S., Ackerman, M.H., Raderstorf, T., Kilbridge, J.F. & **Melnyk, B.M.** (2022). Building and Sustaining a Culture of Innovation in Nursing Academics, Research, Policy, and Practice: Outcomes of the National Innovation Summit. *Journal of professional nursing : official journal of the American Association of Colleges of Nursing*, 43, 5–11. <https://doi.org/10.1016/j.profnurs.2022.08.001> +\*
- Stephens, J., Randolph, J., Burke, L., Miller, C., Tan, A., Buffington, B., **Melnyk, B.**, & Perkins, A. (2022). A randomized controlled trial for reduction of risk factors for cardiovascular disease in young adults: Methods of the Aspire study. *Contemporary Clinical Trials*, 121, 106873.+\* <https://doi.org/10.1016/j.cct.2022.106873>

PUBLICATIONS (+ refereed; \* data-based) (continued)

- Melnyk, B.M.**, Hsieh A.P. & Mu, J. (2022). Psychometric properties of the Organizational Culture and Readiness Scale for System-Wide Integration of Evidence-Based Practice. *Worldviews on Evidence-Based Nursing*, 19(5), 380–387. <https://doi.org/10.1111/wvn.12603> +\*
- Cuccia, A.F., Peterson, C., **Melnyk, B.**, & Boston-Leary, K. (2022). Trends in Mental Health Indicators Among Nurses Participating in Healthy Nurse, Healthy Nation from 2017 to 2021. *Worldviews on Evidence-Based Nursing*, 19(5), 352–358. <https://doi.org/10.1111/wvn.12601> +\*
- Tucker, S., McNett, M., O’Leary, C., Rosselet, R., Mu, J., Koshy Thomas, B., Gallagher-Ford, L., & **Melnyk, B.M.** (2022). EBP Education and Skills Building for Leaders: An RCT to Promote EBP Infrastructure and Implementation in a Comprehensive Cancer Center. *Worldviews on evidence-based nursing*, 19(5), 359–371. <https://doi.org/10.1111/wvn.12600> +\*
- Gallagher-Ford, L. & **Melnyk, B.M.** (2022). Evaluating Outcomes of Evidence-based Practice Initiatives versus Research: Clarifying the Confusion with a Call to Action. [Editorial]. *Worldviews on Evidence-Based Nursing*, 19(4), 258-259. \*
- Melnyk, B.M.**, Hsieh, A., & Mu, J. (2022). Psychometric Properties of the Evidence-based Practice Mentorship Scale. *Worldviews on Evidence-Based Nursing*, 19(4), 316-321. <https://doi.org/10.1111/wvn.12596> +\*
- Tucker, S., **Melnyk, B.M.**, & McNett, M. (2022). Outdated Healthcare Structures, Sick Care Paradigm, and Medical Terms: Barriers to Evidence-based, Patient-Centered and Interprofessional Care. [Editorial]. *Worldviews on Evidence-Based Nursing*, 19(3), 172-174. <https://doi.org/10.1111/wvn.12592> \*
- Melnyk, B.M.**, Hoying, J., Hsieh, A.P., Buffington, B., Terry, A., & Moore, R.M. (2022). Effects of a Cognitive-Behavioral Skills Building Program on the Mental Health Outcomes and Healthy Lifestyle Behaviors of Veterinary Medicine Students. *Journal of the American Veterinary Medical Association*, 260(7), 789–795. +\* [Epub ahead of print 2/2/2022] DOI: 10.2460/javma.21.03.0142
- Melnyk B. M.** (2022). Shifting from burnout cultures to wellness cultures to improve nurse/clinician well-being and healthcare safety: Evidence to guide change. [Editorial] *Worldviews on evidence-based nursing*, 19(2), 84–85. <https://doi.org/10.1111/wvn.12575> \*
- McGovern, C., Arcoleo, K., & **Melnyk, B.** (2022). Sustained Effects From a School-Based Intervention Pilot Study for Children With Asthma and Anxiety. *Journal of School Nursing*, 38(4), 347-357. [Epub ahead of print 6/26/2020] +\* doi: 10.1177/1059840520934178.
- Gawlik, K. S., **Melnyk, B. M.**, Mu, J., & Tan, A. (2022). Psychometric Properties of the New Working Parent Burnout Scale. *Journal of pediatric health care : official publication of National Association of Pediatric Nurse Associates & Practitioners*, S0891-5245(22)00152-3. Advance online publication. <https://doi.org/10.1016/j.pedhc.2022.05.020> +\*
- Tucker, S., **Melnyk, B.**, Corona, L., Corona, C., & Roberts, H. (2022). A Model of Depression in University Faculty, Staff, and Healthcare Workers Using an Automated Mental Health Screening Tool. *Journal of Occupational and Environmental Medicine*, 64(7), 607-613. [Epub ahead of print 5/4/2022] +\* doi: 10.1097/JOM.0000000000002538

PUBLICATIONS (+ refereed; \* data-based) (continued)

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- Melnyk, B.M. Social and mental health integration may help prevent, treat obesity in teens. *WTOP 103.5FM*.  
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- Melnyk, B.M. Teen health program fights obesity, depression by Anne Harding. *Reuters Health*.  
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INTERVIEWS (continued)

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- Melnyk, B.M. Epilogue to 'Bernadette Melnyk: Coal miner's daughter'. *Reflections on Nursing Leadership*,  
September 17, 2013.
- Melnyk, B.M. Research says schools need mental health programs by Annie Elizabeth Martin. *Las Vegas Guardian Express*.  
<http://www.guardianlv.com/2013/09/research-says-schools-need-mental-health-programs/>  
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- Melnyk, B.M. Focus on mental health for teens to improve physical health, combat obesity, U.S. study urges  
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- Melnyk, B.M. Mental health in high school: Teach students link between thinking patterns, emotions &  
behavior by Rick Nauert. *PsychCentral*.  
<http://www.psychcentral.com/news/2013/09/11/mental-health-in-high-school-teach-students-link-between-thinking-patterns-emotions-behavior/59410.html> September 11, 2013.
- Melnyk, B.M. To Help Teens Lose Weight, Fold Talk Therapy into Health Class by Maia Szalavitz.  
*Time.com*.  
<http://healthland.time.com/2013/09/10/to-help-teens-lose-weight-fold-talk-therapy-into-health-class/>  
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- Melnyk, B.M. Kids learning to COPE with stress by Encarnacion Pyle. *The Columbus Dispatch*.  
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May 28, 2013.
- Melnyk, B.M. After Newton: Reading, Writing, Therapy by Jason Kane. PBS NewsHour.  
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- Melnyk, B.M. Focus also on mental illnesses in gun-violence plan by Rita Price. *The Columbus Dispatch*.  
<http://www.dispatch.com/content/stories/local/2013/01/17/focus-also-on-mental-illnesses.html>  
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- Melnyk, B.M. U.S. mentally ill and their families face barriers to care by Sharon Begley. *Reuters*.  
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- Melnyk, B.M. School shooters typically show mental-health red flags by Rita Price. *The Columbus Dispatch*.  
<http://www.dispatch.com/content/stories/local/2012/12/24/school-shooters-typically-show-mental-health-red-flags.html> December 24, 2012.
- Melnyk, B.M. Members Take Action: The Ohio State University. *Research!America*  
[http://www.researchamerica.org/member\\_spotlight#osucon](http://www.researchamerica.org/member_spotlight#osucon) November 20, 2012.

INTERVIEWS (continued)

Melnyk, B.M. Health apps keep up on track by Anna Jeffries. *Mansfield News Journal*. September 27, 2012.

Melnyk, B.M. Senior nurses “resistant” to evidence-based practice by Steve Ford. NursingTimes.net <http://www.nursingtimes.net/nursing-practice/clinical-zones/management/senior-nurses-resistant-to-evidence-based-practice/5048816.article> August 31, 2012.

Melnyk, B.M. Analysis: The slow road to evidence-based nursing by Eileen Beal. HealthCallings.com <http://career-news.allhealthcarejobs.com/2012/07/19/analysis-the-slow-road-to-evidence-based-nursing/> July 19, 2012.

Melnyk, B.M. The Plight of Childhood Cancers for Families by Kurt Ullman. *Journal of the National Cancer Institute*, June 20, 2012.

Melnyk, B.M. Bernadette Melnyk: Coal Miner’s Daughter. *Reflections on Nursing Leadership*, October 5, 2011.

Melnyk, B.M. ASU Dean Leads Program to Help Premie Parents. *Phoenix Business Journal*, November 19, 2010.

Melnyk, B.M. NIH/NINR Awards ASU \$2.3 Million Grant for Adolescent Study, *Nurse Practitioner World News*. September/October 2010.

Melnyk, B.M. Managing Child and Adolescent Depression: An Expert Interview with Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN. Medscape Medical News, April 28, 2010.

Melnyk, B.M. Post-traumatic stress in children. Horizon Program with Host Ted Simons: KAET-TV. Phoenix, Arizona, October 15, 2010.

Melnyk, B.M. The National Healthcare Reform Debate. Horizon Program with Host Ted Simons: KAET-TV, Tempe, Arizona, August 24, 2009.

Melnyk, B.M. The biggest playground in the world by Lisa Santandrea. *American Journal of Nursing*, August 2007.

Melnyk, B.M. Here and now. The medical professional shortage. KJZZ radio, Phoenix, Arizona, April 4, 2007.

Melnyk, B.M. Child suicide rate spikes ([http://abclocal.go.com/wpvi/story?section=nation\\_world&id=5006104](http://abclocal.go.com/wpvi/story?section=nation_world&id=5006104)), ABC News, February 5, 2007.

Melnyk, B.M. Improving mental health in children & teens: The KySS Walkathon. R News and Fox News, October 24, 2004.

Melnyk, B.M. Pills vs. talking. When it comes to mental illness, parents face dilemmas over medication, talk therapy. June 7, 2004.  
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INTERVIEWS (continued)

Melnyk, B.M. Image after-effects. Experts weigh in on whether children should view Iraq Prison Abuse, Berg beheading images  
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Melnyk, B.M. "Hard to watch." Is *The Passion* too violent for children? ABC News  
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Melnyk, B.M. School nurses improve physical and mental health outcomes in children. Channel 10 News, Rochester, New York, March, 2004.

Melnyk, B.M. Improving the mental health of children and teens: The KySS Summit. R News (Channel 9), November, 2003.

Melnyk, B.M. More frequent screening recommended to reduce pediatric mental health problems.  
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Melnyk, B.M. Wonder Drugs Misused. Teens Abusing and Selling Ritalin. ABC News  
(<http://abcnews.com>), February 26, 2003.

Melnyk, B.M. Promoting Mental Health of Children and Youth with the KySS Campaign. Clinician News, 7(6), 2002.

Melnyk, B.M. Mental Health of Children Before and After the US Terrorist Attack: Findings from the National KySS Survey. WHAM Radio, Rochester, New York. September 10, 2002.

Melnyk, B.M. The COPE Program for Parents of Critically Ill Children by Steven Stiles. American College of Cardiologists' News Publication. September 4, 2002.

Melnyk, B.M. Full House. Experts Weigh in on Holiday Challenges. ABC News (<http://abcnews.com>), November 19, 2001.

Melnyk, B.M. How to Talk with Children about War by Krista Mart. World News Now (ABC TV), Thursday October 4, 2001, 03:55 AM EDT.

Melnyk, B.M. How to Talk with Children about War by Alexa Pozniak. Reuters/AP/ABC News.com-Health-Monday October 01, 2001, 07:52 AM EDT.  
[http://abcnews.go.com/sect...ng/DailyNews/WTC\)\\_childrenwar011001.html](http://abcnews.go.com/sect...ng/DailyNews/WTC)_childrenwar011001.html)

Melnyk, B.M. Mental Health of Children Before/After Terrorism by Stacie Overton, Ivanhoe Health Correspondent, September 28, 2001 (Ivanhoe Newswire), Ivanhoe Broadcast News, Inc.  
<http://www.ivanhoe.com/docs/newsflash/mentalhealthofchildrenbeforeafterterrorism.html>

Melnyk, B.M. The COPE Program for Premature Infants and Parents. Ivanhoe Broadcast News, Smart Woman News Program, September, 2001 (disseminated to over 100 television stations throughout the country).

Melnyk, B.M. The COPE Program for Premature Infants and Parents. Medstar, National News Health Spot, September, 2001 (disseminated to 80 television stations throughout the country).

### INTERVIEWS (continued)

Melnyk, B.M. Improving Outcomes of Premature Infants and Parents with the COPE Program. Channel 10 News Health Report. Rochester, New York, August, 2001.

Melnyk, B.M. The COPE Program for Premature Infants and Parents. Channel 8 News Medical Edge. Rochester, New York, August, 2001.

Melnyk, B.M. Children and Divorce. Channel 10 News Health Report. Rochester, NY, December 9, 1998.

Melnyk, B.M. The ABCs of NP Education. Advance for Nurse Practitioners, June, 63-65.

### RESEARCH, TRAINING AND EDUCATIONAL GRANTS

Optimizing residential treatment gains for adolescents through tailored behavioral parent training (Co-Investigator, Principal Investigator-Kayla Herbell). Funded by the National Institutes of Health/National Institute of Mental Health (R34MH126008). December 1, 2022 – November 30, 2025. Total - \$708,750.

HEAR plus MINDBODYSTRONG: A Mental Health Resiliency Intervention for Nurses. (Principal Investigator). Funded by the American Foundation for Suicide Prevention (TBT-0-007-21). October 1, 2022–September 30, 2025. Total - \$1,498,914.

CARES Act - Coronavirus Relief Fund for Ohio Higher Ed Mental Health Support. (Principal Investigator). Funded by Ohio Department of Higher Education. November 16, 2020-June 30, 2022. Total - \$1,011,625.

Reducing Cardiovascular Risk Factors in Black Young Adults (Co-Investigator, Principal Investigator-Janna Stephens). Funded by the National Institutes of Health/National Institute of Nursing Research (R01 NR018699-01A). May 12, 2020-March 31, 2024. Total - \$1,788,952.

Training in the Science of Health Development (Faculty, Co-Principal Investigators Rita Pickler and Mary Beth Happ). Funded by the National Institutes of Health/National Institute of Nursing Research (T32NR014225). July 1, 2020 – June 30, 2025. Total costs = \$858,912.

Keto Prescribed: Implementing Ketogenic Diet Research Evidence into Clinical Practice as a Holistic Approach to Wellness (Co-Investigator, Principal Investigator-Audra Hanners). Funded by Sigma Foundation for Nursing. November 1, 2019 – May 1, 2021. Total = \$20,000.

Turning Sick Care into Well Care for Homebound Older Adults and Their Pets (Principal Investigator). Funded by The Rita & Alex Hillman Foundation 2018 Hillman Emergent Innovation Program. October 1, 2018 – September 30, 2019. Total = \$50,000.

Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing & Healthcare. (Project Director) Funded by the Helene Fuld Health Trust. October 1, 2017-September 30, 2022. Total = \$6,500,000.

Healthy Lifestyle Intervention for High-Risk Minority Pregnant Women: A RCT (Co-Principal Investigator). Funded by the National Institutes of Health/National Institute on Minority Health and Health Disparities (R01MD012770). September 26, 2017-May 31, 2023. Total Costs = \$3,328,729.

RESEARCH, TRAINING AND EDUCATIONAL GRANTS (continued)

Optimizing Health in Childhood: Interdisciplinary Training in Health Development (Co-Principal Investigator). Funded by the National Institutes of Health/National Institute of Nursing Research (T32NR014225). July 1, 2013-June 30, 2019. Total costs = \$971,274.

Educating Nurse Practitioners and Graduate Health Professionals to Manage Chronic Conditions in Children using an Interprofessional Collaborative Model. (Co-Investigator). Funded by the Department of Health and Human Services/Health Resources & Services Administration (HRSA). July 1, 2014-June 30, 2017. Total Costs = \$1.125 million dollars.

Camp NERF (Nutrition Education Recreation and Fitness): a summer intervention designed to empower disadvantaged children to make healthy dietary and physical activity choices and prevent unhealthy weight gain. (Co-Investigator). Funded by Aetna Foundation. Total Costs = \$25,000.

Camp NERF (Nutrition Education Recreation and Fitness): A Summer Intervention Designed to Empower Disadvantaged Children to Make Healthy Dietary and Physical Activity Choices and Prevent Unhealthy Weight Gain. (Co-Investigator). Funded by the Ohio State University Office of Outreach and Engagement. Total Costs = \$30,000.

Health Care Access Interdisciplinary Initiative (Co-Project Director). Funded by the Ohio Medicaid Technical Assistance and Policy Program (MEDTAPP). March 15, 2012 – June 30, 2015. Total Costs = \$8 million dollars.

Nurse Education, Practice, Quality and Retention – Interprofessional Collaborative Practice (Associate Director). Funded by the Department of Health and Human Services/Health Resources & Services Administration (HRSA) (UD7HP25049). September 1, 2012-June 30, 2015. Total costs = \$1.5 million dollars.

COPE/Healthy Lifestyles for Teens: A School-Based RCT (Principal Investigator). Funded by the National Institutes of Health/National Institute of Nursing Research (1R01NR012171). September 30, 2009-September 30, 2014. Total costs = \$2.3 million dollars.

New Integrated Interprofessional Curriculum Model (Co-Principal Investigator). Funded by the Josiah Macy Foundation (May, 2010-2012). Total costs = \$299,365.

KySS Fellowship for Primary Care Providers: Improving Child and Teen Mental Health (Principal Investigator/Project Director). Funded by the Department of Health and Human Services/Health Resources and Services Administration (HRSA). July 1, 2008-2011, Total costs = \$894,415.

Evidence-Based Practice Leadership Summit: Improving Clinical Care and Health Outcomes for High-Risk Children & Adolescents (Principal Investigator/Project Director). Funded by the Agency for Healthcare Research & Quality). March, 2007-February, 2008 (\$48,000).

Distance Ed for Child Psych NPs in Underserved AZ & U.S. (PI/Project Director). Funded by the Department of Health and Human Services/Health Resources & Services Administration (HRSA), July 1, 2007-June 30, 2010, Total costs = \$943,087.

PLAY: Parents Leading Active Youth! (Co-investigator; Principal Investigator- Leigh Small). Funded by the National Institutes of Health- R15DK074428), 2007- 2010; \$ 219,201.

RESEARCH, TRAINING AND EDUCATIONAL GRANTS (continued)

COPE for Parents and Preterms: 2 ½ and 3 Year Follow-up (Principal Investigator). Funded by the National Institutes of Health/National Institute of Nursing Research, July, 2004-January, 2008 (NR05077-04S1; \$233,088).

Improving Healthcare Quality through a New Curriculum for Pediatric Nurse Practitioners (PI/Project Director). Funded by the Commonwealth Fund, July, 2004-June, 2008; \$258,907.

Cognitive Behavioral Therapy for Secondary Insomnia in Chronic Pain Patients (Investigator with Michael Perlis, Principal Investigator and Carla Jungquist, Co-PI). Funded by the National Institutes of Health/National Institute of Mental Health, Total costs = \$426,489; March 1, 2004-2007.

COPE/Healthy Children: An Intervention to Promote Healthy Lifestyles and Mental Health in Overweight Children/Teens and Parents (Principal Investigator). Funded by Project Believe, University of Rochester Medical Center (\$50,000) and a Faculty Research Service Grant Award from the University of Rochester School of Nursing (\$28,000), November, 2002-December, 2004.

Improving Outcomes of Hospitalized Elders and Family Caregivers. (Co-Principal Investigator with Hong Li, Principal Investigator). Funded by the National Institutes of Health/National Institute of Nursing Research; (R01 NR008455) Total costs = 1.25 million dollars, 2003- 2008.

Fourth Annual Evidence-Based Practice Conference (Principal Investigator). Funded by the Agency for Healthcare Research and Quality (AHRQ), September, 2002-December, 2004 (R 13 HS 13817-01); \$48,518.

The University of Rochester School of Nursing Unification Model. Funded by the Helene Fuld Health Trust, July, 2002-July, 2005, \$2.2 million dollars. Project Director for ARCC [Advancing Research and Clinical practice through close Collaboration]: A Model to Promote Evidence-Based Practice (\$733,333).

Dual PNP/Psych Mental Health Nurse Practitioner Program (PI/Project Director). Funded by the Department of Health and Human Services/Health Resources & Services Administration (HRSA), July 1, 2002-June 30, 2005 (1 D09 HP 000358-01); Total costs=\$721,389.

Improving Mental Health and Safety of Children and Teens (The KySS, Keep your children/yourself Safe and Secure Campaign). (PI/Project Director). Funded by the Department of Health and Human Services/Maternal and Child Health Bureau, May, 2002-April, 2005 (T21 MC 00108). Total costs = \$90,000.

Third Annual Evidence-Based Practice Conference. (Principal Investigator). Funded by the Agency for Healthcare Research and Quality (AHRQ), September 30, 2001-September 29, 2002 (R 13 HS10968-01); \$31,058.

Improving Outcomes of LBW Premature Infants and Parents (Principal Investigator). Funded by the National Institutes of Health/National Institute of Nursing Research, May 1, 2001- January, 2008; (R01#05077; Total Costs = \$2.44 million dollars).

Improving Outcomes of Chinese LBW Premature Infants and Parents (Principal Investigator). In collaboration with the Nursing Department at Baby Friendly Hospital. Beijing Medical Center, Beijing, China, August, 2001-2005.



RESEARCH, TRAINING AND EDUCATIONAL GRANTS (continued)

Creating Access for Relative Empowerment: An Intervention to Improve Outcomes of Hospitalized Elders and Their Family Caregivers (Co-Principal Investigator) with Hong Li, PhD, RN (Principal investigator), Funded by a Faculty Research Service Grant Award from the University of Rochester School of Nursing (\$26,055), July, 2001-2002.

Enhancing Teen Drug Treatment Court: The RABHIT Program (Co-Principal Investigator) with Tener Veenema, PhD, RN-CS, PNP (Principal Investigator), Funded by a Faculty Research Service Grant Award from the University of Rochester School of Nursing (\$31,233), August 2001-2003.

The KySS (Keep your children/yourself Safe and Secure) National Survey: Knowledge and Perceptions of Child and Youth Psychosocial Morbidities by Children, Teens, Parents, and Healthcare Providers (Principal Investigator). Funded by the National Association of Pediatric Nurse Practitioners (NAPNAP) (\$10,000) & Lowe's Home Safety Council (\$10,000), 2001 to 2003.

Psychiatric ED Predictors of In-Patient Outcomes (Co-PI) with Eleni Spiradoulis (Principal investigator). Funded by the American Nurses Foundation (\$5,000), October, 2000 to April, 2003.

Improving Outcomes of LBW Premature Infants and Parents (Principal Investigator). Funded by the University of Rochester Medical Center (Competitive Interim Funding); \$30,000. 7/1/00-6/30/01.

Coping Outcomes of Critically Ill Adolescents and Parents (Principal Investigator). Funded by the University of Rochester Medical Center (\$28,500); 3/1/00-2/1/2003.

The COPE Program: 21-Month Effects on Preterm Infants and their Mothers (Principal Investigator). Funded by a Haggerty-Friedman Scholarship Continuation Award from the University of Rochester School of Medicine and Dentistry (\$9,722); 10/98-10/00.

Coping with Critically Ill Children: An Intervention. (Principal Investigator). Funded by the National Institutes of Health/National Institute of Nursing Research (#R01NR04174); (Total Costs=\$716,341); 8/15/97-8/14/01.

Improving Outcomes of Critically Ill Neonates and Mothers. (Principal Investigator). Funded by the 1996 Sigma Theta Tau International/ Mead Johnson Nutritionals Research Award (\$10,000), the 1996 Ruth Perkins Kuehn Award from the University of Pittsburgh School of Nursing (\$5,000), and the Haggerty-Friedman 1997 Scholarship Award, University of Rochester (\$14,910); 1996-1999.

Coping with Critically Ill Children: An Intervention Program. (Principal Investigator). Funded by Sigma Theta Tau International (\$2,975), a Biomedical Research Service Award from the University of Rochester School of Nursing (\$4,081) and the University of Rochester School of Nursing Alumni Seed Fund (\$1,400); 1993-1994.

Coping with Marital Separation: Effects of a Preventive Intervention Program on Parents and Young Children. (Principal Investigator). Funded by Biomedical Research Study Grant #527270-2973 (\$7,258); 1992-1993.

## RESEARCH, TRAINING AND EDUCATIONAL GRANTS (continued)

Maternal Coping with Unplanned Childhood Hospitalization: Effects of Informational Interventions on Mothers and Children. (Doctoral Dissertation Study). Awarded a predoctoral NRSA from the National Institutes of Health (#5F31NR06442; 10/4/90-5/31/92)/ National Center for Nursing Research, and grants from the Association for Care of Children's Health (\$1,000), the National Association of Pediatric Nurse Associates and Practitioners (\$2,500), and the University of Rochester Alumni Seed Fund (\$400); 1990-1992.

The Effects of Selected Information on Mothers' State Anxiety Levels During Their Children's Hospitalization. (Principal Investigator). Awarded research grant from Sigma Theta Tau, Zeta Iota Chapter (\$500); 1985-1986.

Major Coping Behaviors of a Hospitalized Three-Year-Old Boy. (Master's Thesis). University of Pittsburgh. Date of completion: December, 1983.

## TEACHING ACTIVITIES

- 2011-present Evidence-based Practice Mentorship Immersion Program at Ohio State (Course faculty)
- 2012-present Research Intensive Workshop: Intervention Studies- Designing, Conducting, Analyzing and Funding (Course faculty)
- 2012-present KySS On-line Child and Adolescent Mental Health Fellowship Program (Course faculty)
- 2012-2018 Leadership Academy for Peak Performance at Ohio State (Course faculty)
- 2009-2011 KySS Child and Adolescent Mental Health Fellowship Program (Course faculty)
- 2007-2011 Faculty for the child-family psychiatric nurse practitioner DNP program and graduate certificate program in child and adolescent mental health.
- 2009 State of the Science (3 credit PhD course) (Co-teach)
- 2006-2007 Evidence-based Practice: Critical Appraisal/Synthesis of Evidence (Course Coordinator): (3 credit PhD course).
- 2005-2011 Evidence-Based Practice Mentorship Immersion Program in Arizona (Course faculty).
- 2003-2004 Nursing 437: Leadership in Advanced Concepts in Pediatric Primary Care (Course Coordinator (7-credit graduate PNP clinical specialization course).
- 2002-2003 Nursing 437: Leadership in Advanced Concepts in Pediatric Primary Care (Course Coordinator (7-credit graduate PNP clinical specialization course).
- 2001-2002 Nursing 521: Research in Clinical Nursing I: Overview of Nursing Research. 5 PhD Students
- Nursing 437: Leadership in Advanced Concepts in Pediatric Primary Care (Course Coordinator (7-credit graduate PNP clinical specialization course).

TEACHING ACTIVITIES (continued)

- 2000-2001      Nursing 521: Research in Clinical Nursing I: Overview of Nursing Research. 7 PhD students.
- Nursing 437: Leadership in Advanced Concepts in Pediatric Primary Care (Course Coordinator) (7-credit graduate PNP clinical specialization course).
- 1999-2000      Nursing 590: Dissertation Workshop. 5 PhD students.
- Nursing 437: Leadership in Advanced Concepts in Pediatric Primary Care (Course Coordinator). 7-credit graduate PNP clinical specialization course.
- 1998-1999      Nursing 590: Dissertation Workshop. 9 PhD students.
- Nursing 431: Leadership in Advanced Nursing Care of Children and Families: Advanced Concepts in Pediatric Primary Care (Course Coordinator). 6-credit graduate PNP clinical specialization course.
- 1997-1998      Nursing 431: Leadership in Advanced Nursing Care of Children And Families I: Advanced Concepts in Pediatric Primary Care (Course Coordinator). 6-credit graduate clinical specialization course.
- 1996-1997      Nursing 431: Leadership in Advanced Nursing Care of Children and Families I: Advanced Concepts in Pediatric Primary Care (Course Coordinator); 6-credit graduate clinical specialization course.
- 1995-1996      Nursing 431: Advanced Nursing Care of Children and Families I (Course Coordinator), 4-credit graduate clinical specialization course in pediatric primary care.
- 1995-1996      Nursing 435: Seminar in Child and Adolescent Development (Course Coordinator); 3-credit graduate course.
- 1995-1996      Nursing 436: The High-Risk Neonate (Course Coordinator); 3-credit graduate course.
- Nursing 401: Principles of Nursing Research (Course Coordinator); 3-credit graduate course.
- 1994-1995      Nursing 431: Advanced Nursing Care of Children and Families I (Course Coordinator); 4-credit graduate clinical specialization course in pediatric primary care.
- 1993-1994      Nursing 435: Seminar in Child and Adolescent Development (Course Coordinator); 3-credit graduate course.
- Nursing 401: Principles of Nursing Research (Coordinator); 3-credit graduate course.
- 1993-1994      Nursing 431: Advanced Nursing Care of Children and Families I: Health Assessment and Intervention (Course Coordinator); 4-credit graduate clinical specialization course in pediatric primary care.

### TEACHING ACTIVITIES (continued)

- 1993-1994      Nursing 436: The High Risk Neonate (Course Coordinator): 3-credit graduate course.  
  
Nursing 401: Principles of Nursing Research (Course Coordinator);  
3-credit graduate course.
- 1992-1993      Coordinator, Care of Children and Families Faculty Enrichment Program (post-master's  
pediatric nurse practitioner program) (Nursing 431, 432, and 433: 4-credit clinical  
specialization courses in the Care of Children and Families); 11 faculty students.
- 1992-1993      Nursing 431: Advanced Nursing Care of Children and Families I (Graduate Pediatric Health  
Assessment Component): 40 didactic hours).

### RESEARCH ADVISEMENT

- Chao, Yu-Yu. Committee member for master's thesis: "Parental Role Behaviors Reported by  
Mothers of Hospitalized Two- through Five-Year-Old Children: A Secondary Data  
Analysis." Completed in 1994.
- Booker, Shanteesha. Faculty mentor for McNair Scholar, University of Rochester; 1995-1996.
- Feiler, V. Committee member for doctoral qualifying II exam "Women's Perceptions of Early  
Symptoms of Ovarian Cancer." Completed in 1996.
- Ciurzynski, Susan M. Chair for master's thesis: "Parental Role Change and Negative Child Behavior  
Following Critical Care Hospitalization." Completed in 1997.
- Bernard, L. Faculty mentor for McNair Scholar, University of Rochester, 1997-1998.
- Reifenstein, K. Chair for doctoral qualifying II exam: "Care-Seeking Behaviors in African  
American Women with Breast Cancer Symptoms." Completed in April, 1997.
- Wlasowicz, G. Chair for doctoral qualifying II exam: "Sexuality, Impotence, and Stress and Coping  
Theory: A Critical Analysis." Completed in April, 1997.
- Feinstein, N.F. Chair for doctoral qualifying II exam: "Maternal Coping with Preterm Labor."  
Completed in August, 1997.
- Kim, Youngmee. Committee member for doctoral dissertation: "Regulation for Withholding  
Expression as a Moderator of the Negative Affect-Health Relation: A Self-Determination  
Perspective." (Department of Clinical and Social Sciences' in Psychology). Completed in  
May, 1998.
- Feinstein, N.F. Chair for PhD dissertation: "Maternal Coping with Preterm Labor: An  
intervention." Completed in July, 2000. Current position: Assistant Professor of Nursing,  
University of Rochester School of Nursing.
- Aronowitz, T. Committee member for doctoral qualifying exam. Completed in March, 2000.

RESEARCH ADVISEMENT (continued)

Reifenstein, K. Chair for doctoral dissertation: "Care-Seeking Behaviors in African American Women with Breast Cancer Symptoms." Completed in April, 2001. Current position: Research scientist, Rochester General Hospital, Rochester, New York.

Wlasowicz, G. Chair for doctoral dissertation: Emotional and Functional Coping Outcomes of Men Receiving Pharmacologic Erection Therapy." Completed in July, 2001.

Moldenhauer, Z. Faculty sponsor for NRSA pre-doctoral fellowship application, "A Primary Care Intervention for Depressed Adolescents." Funded by NIH/NINR, August, 2001-May, 2004.

Aronowitz, T. Committee member for doctoral dissertation. Completed in January, 2002.

Small, L. Chair for doctoral qualifying exam. Completed in December, 2002.

Small, L. Chair for doctoral dissertation. Predictors of externalizing behaviors in young children following critical care hospitalization. Completed in May, 2003.

Moldenhauer, Z. Chair for doctoral dissertation. A Primary Care Intervention for Depressed Adolescents. Completed in April, 2004.

Carno, M. Mentor for post-doctoral fellowship (January, 2003-December, 2004). January, 2003-December, 2004.

Fagar, J. Mentor for post-doctoral fellowship (July, 2003-December, 2004).

Jacobson, D. Chair for doctoral qualifying exam. Completed in January of 2008.

Kelly, S. Chair for doctoral qualifying exam. Completed in January of 2008.

Jacobson, D. Chair for doctoral dissertation. A primary care school-age healthy lifestyles intervention. Completed in May of 2009.

Kelly, S. Chair for doctoral dissertation. Predictors of healthy lifestyle behaviors in adolescence. Completed in May of 2009.

Lindstrom, K. Faculty sponsor for NIH/NRSA pre-doctoral fellowship. ESI-CH: Education & Skill-building for caregivers of hospice patients. Funded, 2008-2010.

Lindstrom, K. Chair for doctoral dissertation. Education & Skill-building intervention for caregivers of hospice patients. Completed in May of 2010.

Hickman, C. Faculty sponsor for NIH/NRSA pre-doctoral fellowship (Funded, 2011-2013).

Oswalt, K. Mentor for post-doctoral fellowship (December, 2009-2011).

Kelly, S. Mentor for post-doctoral fellowship (July, 2009-2011).

RESEARCH ADVISEMENT (continued)

- Ritchie, T. Committee member for DNP Capstone Project. Evaluation of the Impact of the Creating Opportunity for Personal Empowerment (COPE) Healthy Lifestyles Thinking, Emotions, Exercise, and Nutrition (TEEN) Program in a Rural High School Health Class. (August 2009-May 2011).
- Chan, S. Chair for doctoral dissertation. Factors of overweight/obesity in Taiwanese adolescents. Completed in December of 2012.
- Peek, G. Chair for doctoral qualifying exam. Completed in August 2011.
- Peek, G. Chair for doctoral dissertation. The acceptability, feasibility, and preliminary effects of a coping intervention program for mothers of children newly diagnosed with cancer. Completed in May, 2014.
- Militello, L. Committee member for doctoral qualifying exam. Completed in December, 2012.
- Militello, L. Chair for doctoral dissertation. TEXT2COPE program for parents of overweight or obese preschool-aged children. Completed in May, 2014.
- Hoying, J. Chair for doctoral qualifying exam. Completed in August, 2013.
- Moore, T. Chair for doctoral qualifying exam. Completed in October, 2013.
- Krivos, Lexis. Mentor for honors research analysis thesis. The effects of a cognitive-behavioral skills building intervention on Hispanic Adolescents' Physical Activity and Body Mass Index. Completed May 2014.
- Hoying, J. Chair for doctoral dissertation. COPE: A pilot study with urban sixth grade youth to improve physical activity and mental health outcomes. Completed in December, 2015.
- Moore, T. Chair for doctoral dissertation. A Pilot Study to Evaluate Use of a Psychiatric Advanced Practice Nurse to Improve Hospital to Home Transition Outcomes. Completed December, 2015.
- Militello, L. Mentor for post-doctoral fellowship (August, 2014 – December, 2016).
- McGovern, C. Chair for doctoral qualifying exam. Completed in August, 2016.
- McGovern, C. Chair for doctoral dissertation committee. COPE for Asthma: A Cognitive Behavioral Skills-Building Intervention for Children with Asthma and Anxiety. Completed December, 2018
- Connor, L. Mentor for post-doctoral fellowship (March 2018-2020).
- Sampson, M. Chair for doctoral qualifying exam. Completed April, 2018.
- Sampson, M. Chair for doctoral dissertation committee. Intervention Effects of a Cognitive Behavioral Skills Building Program on Newly Licensed Registered Nurses. Completed May, 2019.

### RESEARCH ADVISEMENT (continued)

Hutson, E. Chair for doctoral qualifying exam. Completed December, 2017.

Hutson, E. Chair for doctoral dissertation committee. Mindstrong to Combat Bullying: A Cognitive Behavior Skills Building Intervention for Adolescents. Completed January, 2020.

Holod, A. Chair for doctoral dissertation committee. Completed May, 2023.

Hanners, A. Mentor for post-doctoral fellowship for Clinical and Translational Science Award, 2023.

### DOCTOR OF NURSING PRACTICE ADVISEMENT

Opperman, C. Chair for Doctorate of Nursing Practice Capstone Project. Managers and their Influence on the Professional Practice Environment. Completed May 2015.

Weirick, K. Committee Member for Doctorate of Nursing Practice Capstone Project. Evidenced-Based Workplace Pedometer Walking Program. Completed May 2015.

Wrona, S. Committee Member for Doctorate of Nursing Practice Capstone Project. Assessing mood and quality of life in adolescents with chronic pain to identify teens at high risk for mental health needs. Completed May 2015.

Fusner, S. Chair for Doctorate of Nursing Practice Capstone Project. Dedicated Education Units: An Aim to Improving Clinical Earning Experiences. Completed May 2018.

Sayre, C. Chair for Doctorate of Nursing Practice Capstone Project. Impacting Postpartum Depression and Anxiety with a Cognitive Behavioral Therapy-based Intervention. Completed August 2018.

Teall, A. Committee Member for Doctorate of Nursing Practice Capstone Project. Outcome Evaluation of an Evidence-based Quality Improvement Initiative to Integrate Health and Wellness Coaching in Advanced Nursing Practice. Completed May 2018.

Raderstorf, T. Chair for Doctorate of Nursing Practice Capstone Project. An Outcomes Evaluation of Makerspace Programming on Interprofessional Learning, Job Satisfaction and Intent to Stay Among Clinicians. Completed May 2019.

Simon, S. Chair for Doctorate of Nursing Practice Capstone Project. Nurse Practitioner Preceptor Training Using the One Minute Preceptor Model. Completed May 2020.

Knill, K. Committee Member for Doctorate of Nursing Practice Capstone Project. Taking a Moment: Evaluating Perceptions of Burnout & Well-Being in Bone Marrow Transplant Nurses Using a Smart-Phone Mindfulness App. Completed May 2020.

Hanners, A. Chair for Doctorate of Nursing Practice Capstone Project. Keto Prescribed: Translating Ketogenic Research into Clinical Practice in Adult African American Women. Completed May 2020.

DOCTOR OF NURSING PRACTICE ADVISEMENT (continued)

Campbell, S. Chair for Doctorate of Nursing Practice Capstone Project. Reducing Stress, Anxiety and Depression in Nursing Students with a Cognitive-behavioral Skills-building Intervention. Completed May 2021.

Griffiths, K. Chair for Doctorate of Nursing Practice Capstone Project. Military MINDSTRONG<sup>®</sup> connected young adults. Completed May 2022.

Shrout, A. Chair for Doctorate of Nursing Practice Capstone Project. Outcomes of Using an Evidence-based Toolkit to Implement EBP. Completed May 2022.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed)

Should Publishing Be Part of Your Career? (invited presentation). Sigma Theta Tau International 47<sup>th</sup> Biennial Convention, San Antonio, TX, Tuesday, November 14, 2023.

Taking Steps to Get Published (invited presentation). Sigma Theta Tau International 47<sup>th</sup> Biennial Convention, San Antonio, TX, Tuesday, November 14, 2023.

Doctor of Nursing Practice Role Clarification and Future Direction in Academia (podium presentation). Sigma Theta Tau International 47<sup>th</sup> Biennial Convention, San Antonio, TX, Monday, November 13, 2023.

Implementation Science: Best Evidence to Advance Evidence-Based Practice (pre-conference workshop). Sigma Theta Tau International 47<sup>th</sup> Biennial Convention, San Antonio, TX, November 10, 2023.

Strategies for Optimizing Well-being and Achieving Success in Academic Leadership Roles (invited keynote). National Organization of Nurse Practitioner Faculties, 2023 NONPF Fall Conference, Friday, November 3, 2023.

Battling Burnout and Enhancing Well-being in the Nursing and Healthcare Workforce - Evidence-based Strategies that Work and Yield ROI (invited presentation). Healthcare Burnout Symposium, New York City, NY, Thursday, November 2, 2023.

Mental Health in Optometry (invited plenary session). American Academy of Optometry, Academy 2023, New Orleans, LA, Wednesday, October 11, 2023.

Preventing Burnout and Enhancing Well-being in Faculty and Nursing Students: Evidence-based Strategies that Work (invited plenary). National League for Nursing National Faculty Meeting, National Harbor, MD, Saturday, September 30, 2023.

Educating to Enhance Well-Being: Evidence-Based Strategies to Build Resiliency and Prevent Burnout in New Nurses and Faculty (invited webinar). Wolters Kluwer, Wednesday, September 20, 2023.

Improving Your Own and Your Patient's Cardiovascular Health: Evidence-based Tactics that Work! (invited presentation). American Association of Nurse Practitioners 2023 Fall Conference, Austin, TX, Saturday, September 9, 2023.



PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Physical Examination: What is the evidence? (keynote with Kate Gawlik & Alice Teall) 2023 AANP National Conference. New Orleans, LA, June 23, 2023.

Child/Adolescent Mental Health Skills Workshop: Implement Effective, Evidence-Based Brief Interventions into your Practice. (workshop presented with Pam Lusk) 2023 AANP National Conference. New Orleans, LA, June 23, 2023.

Research, Translational Research & Evidence-Based QI Projects: Tips and Tricks 4 Success. (preconference workshop) 2023 AWHONN Convention. New Orleans, LA, June 18, 2023

Making the Business Case for EBP and Clinician Well-being. (plenary endnote) 2023 Fuld National Institute EBP Summit. Columbus, OH, May 26, 2023

The State of Mental Health & Burnout in Doctorally Prepared Nursing Faculty with Implications for Action (keynote with Strait, L.A., Beckett, C., Hsieh, A.P., Messinger, J., Masciola, R.). 2023 Fuld National Institute EBP Summit. Columbus, OH, May 26, 2023.

Making the Case for Wellness and Overview of Best Evidence to Support Improved Population Health Outcomes and Return on Investment/Value of Investment in Academic Communities. (preconference keynote) Building Healthy Academic Communities Summit. Wilmington, NC, April 19, 2023.

The State of Mental Health in Doctorally Prepared Nursing and Health Sciences Faculty with Recommendations for Action Tactics. National Wellness Action Alliance Webinar. (virtual), April 5, 2023.

Enhancing Mental Health and Well-being During Character-Building Times: Evidence-based Strategies that Work! (invited keynote) International Society of Psychiatric-Mental Health Nurses (ISPN) Annual Conference. Redondo Beach, CA, March 30, 2023.

Child/Adolescent Mental Health Skills Workshop (invited presentation) NAPNAP 44th National Conference on Pediatric Health Care. Orlando, FL, March 14, 2023.

Educating to Enhance Well-being: Evidence-based Strategies to Build Resiliency and Prevent Burnout in New Nurses and Faculty (invited keynote) Lippincott Nursing Education Innovation Summit. Nashville, TN, February 23, 2023.

Battling Burnout and Fostering Mental Well-being in Public Health: Evidence-based Strategies that Work! (invited presentation). American Public Health Association national webinar, December 13, 2022.

The State of Pharmacist Well-Being During the COVID-19 Pandemic with Implications for Action (invited presentation) American Society of Health System Pharmacists (ASHP) Midyear Clinical Meeting & Exhibition. Las Vegas, NV, December 7, 2022.

Building Wellness Cultures and Enhancing Population Health & Well-being in Schools Advancing Health Professions: Evidence-based Strategies that Work! (invited keynote) Association for Schools Advancing Health Professions (ASAHP) Long Beach, CA, October 19, 2022.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Building a Culture of Wellness and Promoting Population Health and Well-being in Academic Institutions (invited keynote) 2022 HERO University Summit, virtual, October 17, 2022.

Ensuring Evidence-based Practice Competency in your Students: The Secret Sauce for Ensuring Healthcare Quality and Safety (invited presentation). Wolters Kluwer/AACN Conference, October 2022.

Making the Business Case for Clinician Wellbeing (plenary session panel). Clinician Well-Being Summit, Columbus, OH, September 29, 2022.

Wellness at The Ohio State University: A Successful Case of Building a Wellness Culture and Strategy that Resulted in Improved Population Health Outcomes and Return on Investment (pre-conference workshop). Clinician Well-Being Summit, Columbus, OH, September 28, 2022.

Making the Case for Wellness and Overview of Best Evidence to Support Improved Population Health Outcomes and Return on Investment/Value of Investment in Academic Communities and Medical Centers (pre-conference workshop). Clinician Well-Being Summit, Columbus, OH, September 28, 2022.

Hope, Dreams & Connection: Key Strategies for Optimal Mental Health & Well-being (national webinar). The National Wellness Action Alliance. September 6, 2022.

All well and good: How wellness should be a part of nursing (invited podcast). Michigan State University College of Nursing, virtual, August 31, 2022.

Organizational Strategies To Address Our Nation's Nursing Crisis (invited national webinar panel). Schwartz Center for Compassionate Healthcare, virtual, August 16, 2022.

Publishing – A career road for you? (invited presentation). Sigma Theta Tau International 33rd International Nursing Research Congress, Edinburgh, Scotland, July 24, 2022.

Getting Published (invited presentation). Sigma Theta Tau International 33rd International Nursing Research Congress, Edinburgh, Scotland, July 24, 2022.

Innovative Strategies to Promote Wellness in Academic Curricula and Culture (oral presentation). Sigma Theta Tau International 33rd International Nursing Research Congress, Edinburgh, Scotland, July 23, 2022.

Exploring resilience as a pathway to recruitment and retention of healthcare providers serving in rural and underserved communities (invited panel discussion). National Advisory Council on the National Health Service Corps meeting, virtual, June 28, 2022.

COPE to THRIVE: CBT Skills for Depression & Anxiety (podium presentation). American Association of Nursing Practitioner's 2022 National Conference, Orlando, FL, June 25, 2022.

Child/Adolescent Mental Health Seminar: Implement Effective Brief Interventions Into Your Practice (workshop). American Association of Nursing Practitioner's 2022 National Conference, Orlando, FL, June 25, 2022.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Optimizing Clinician Wellness: Evidence-Based Strategies that Work! (podium presentation). American Association of Nursing Practitioner's 2022 National Conference, Orlando, FL, June 22, 2022.

Professional and Organizational Resilience: Thriving After Burnout (invited plenary panelist). AcademyHealth Annual Research Meeting, Washington, D.C., June 6, 2022.

Strategies for Successful Grant Writing (invited presentation). The Ohio State University College of Nursing Research Intensive Workshop, Columbus, OH, June 3, 2022.

Designing Intervention Studies (invited presentation). The Ohio State University College of Nursing Research Intensive Workshop, Columbus, OH, June 2, 2022.

MINDBODYSTRONG for Healthcare Professionals and Learners (pre-conference workshop). 2022 QSEN International Forum, Denver, CO, June 1, 2022.

Working Parent Burnout - Tips and Tricks (webinar). The Ohio State University Office of the Chief Wellness Officer, Columbus, OH, May 26, 2022.

Highlighting University Approaches to Support Mental Health and Wellbeing (invited panelist). Association of Public & Land-Grant Universities Mental Health Summit, (virtual), May 25, 2022.

Focusing on Prevention and Building a Culture of Health (invited keynote panel). thINc360 (The Healthcare Innovation Congress, Baltimore, MD, May 25, 2022.

Symposium on Clinician and Clinical Student Well-Being in a Team Based Setting (invited panel member). American Academy of Physician Assistants National Conference, Indianapolis, IN, May 23, 2022.

Ensuring Evidence-based Practice Competency in Your Students: The Secret Sauce for Ensuring Healthcare Quality and Safety (invited presentation). 2022 Lippincott Nursing Education Innovation Summit, April 21 & April 22, 2022, San Diego, CA.

Speeding the Translation of Research into Real-World Settings for Maximum Impact on Outcomes (webinar). Midwest Nursing Research Society Implementation Webinar Series, April 19, 2022.

Develop your Toolkit of Evidence-Based, Brief Mental Health Interventions for Pediatric Practice (podium presentation). National Association of Pediatric Nurse Practitioners 43<sup>rd</sup> National Conference on Pediatric Health Care, March 22, 2022, Dallas, TX.

Shifting the Paradigm from Crisis Management to Evidence-based Mental Health Promotion and Early Intervention on College Campuses (invited presentation). Boyer 2030 Commission, (virtual), February 22, 2022.

R U OK Today? Brief Evidence-Based Strategies to Optimize Health & Well-being for Journal Editors (invited webinar). International Academy of Nursing Editors (INANE) Before & Beyond E3, February 18, 2022.

Let's Talk: Your wellbeing (invited panel). American Veterinary Medical Association, (virtual), Schaumburg, IL, February 15, 2022

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Making the Case for Investing in Academic Wellness (webinar). Big Ten National Wellness Action Alliance's Wellness Wednesday Webinar Series for Faculty and Staff, February 2, 2022.

R U OK 2DAY? Evidence-based strategies to support optimal health and well-being in nursing informatics (invited keynote). Southern California Chapter American Nursing Informatics Association Annual Conference, (virtual), San Diego, California, January 28, 2022.

Incorporating Wellness in Academic Curricula to Enhance the Health and Well-being of Doctoral Students & Faculty (podium presentation). American Association of Colleges of Nursing 2022 Doctoral Education Conference, (virtual), Naples, Florida, January 21, 2022. +

Evidence-based Practice Culture and Mentorship Predict EBP Implementation, Nurse Job Satisfaction/Intent to Stay: Support for the ARCC Model (invited webinar). Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare, November 12, 2021.

Implementation Science for Clinicians: Accelerating the Uptake of Evidence into Practice for Best Outcomes (podium presentation). Sigma Theta Tau International 46th Biennial Convention, Monday, Indianapolis, Indiana, October 8, 2021.

Getting Published (invited presentation). Sigma Theta Tau International 46<sup>th</sup> Biennial Convention, Sunday, Indianapolis, Indiana, October 7, 2021.

Publishing: A Career Road for You? (invited presentation). Sigma Theta Tau International 46th Biennial Convention, Indianapolis, Indiana, Sunday, October 7, 2021.

The Role of Evidence in Policymaking (invited Panel Moderator). AcademyHealth's Fall Health Policy Orientation, (virtual), October 27, 2021.

R U OK 2DAY? Strategies to Support Wellness and Resilience (invited keynote). National Association of Pediatric Nurse Practitioners (NAPNAP) Reconnect & Rediscover: A Convening of pediatric Experts and Advocates, Orlando, Florida, October 2, 2021.

Enhancing the Mental Health and Well-being of Children and Adolescents: Evidence-based Strategies that Work! (invited keynote). Association of Child Neurology Nurses Virtual Conference, September 30, 2021.

Meeting the Quadruple Aim in the COVID-19 Pandemic Era: Evidence Plus Clinician Wellbeing as Key Strategies (invited presentation). Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare Summit on Transforming Healthcare through Evidence-based Practice (virtual), September 17, 2021.

Leading and Sustaining EBP (invited presentation). Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare Summit on Transforming Healthcare through Evidence-based Practice (virtual), September 15, 2021.

Implementation Science for Clinicians: Accelerating the Uptake of Evidence into Practice for Best Outcomes (invited presentation). Sigma Theta Tau International 32<sup>nd</sup> Annual Research Congress (virtual), July 23, 2021.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Publishing: A Career Road for You (invited presentation). Sigma Theta Tau International 32<sup>nd</sup> Annual Research Congress (virtual), July 23, 2021.

Getting Published (invited presentation). Sigma Theta Tau International 32<sup>nd</sup> Annual Research Congress (virtual), July 21, 2021.

Promoting mental health & wellbeing in critical care nurses: An urgent call (podium presentation). American Organization for Nursing Leadership (AONL) 2021 Virtual Conference, July 14, 2021.

Igniting EBP and Clinician Well-being to Meet Healthcare's Quadruple Aim: The Dynamic Duo That Works! (invited keynote). Washington DC VA Medical Center Evidence Based Practice and Research Conference (virtual), June 15, 2021.

Combating the Behavioral Health Crisis: Where Do We Go from Here? (invited panelist). World Health Care Congress 2021, (virtual), June 8, 2021.

The "So What" Outcome Factor: A Key Strategy for Speeding the Translation of Evidence-based Interventions into Practice (invited presentation). GOLD Learning Online Education Neonatal Online Conference 2021, (virtual), June 8, 2021.

Strategies for Successful Grant Writing (invited presentation). The Ohio State University College of Nursing Research Intensive Workshop, (virtual), June 4, 2021.

Designing Intervention Studies (invited presentation). The Ohio State University College of Nursing Research Intensive Workshop, (virtual), June 3, 2021.

Enhancing Evidence-Based Practice and Clinician Well-Being to Improve Healthcare Quality and Safety: Evidence Based Strategies that Work (invited presentation). King Saud bin Abdul Aziz University for Health Sciences (KSAU-HS) EBP Workshop, (virtual), May 26, 2021.

The Role of Evidence in Policymaking (invited panelist). AcademyHealth's Virtual Health Policy Orientation, April 28, 2021.

Coping with Patient Death and Dying: Tips for Health Psychologists (invited panelist). American Psychological Association's Division for Health Psychology, Student Advisory Webinar, (virtual), April 27, 2021.

Culture of Caring: Promoting Well-being with Education (invited discussion). Accreditation Council for Continuing Medical Education 2021 Annual Meeting (virtual), April 27, 2021.

Innovations to improve wellbeing, resiliency, mental health, and happiness during the pandemic (invited panelist). Building Healthy Academic Communities Building Resilience Summit, (virtual), April 23, 2021.

Lessons learned in building culture and improving population health from Chief Wellness Officers (invited panelist). Building Healthy Academic Communities Building Resilience Summit, (virtual), April 22, 2021.

Building Wellness Cultures in Academic Institutions (preconference workshop). Building Healthy Academic Communities Building Resilience Summit, (virtual), April 21, 2021.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Welcome presentation for Fireside Chat for the Commissioned Officers Association of the USPHS (virtual), March 25, 2021.

POP (Pet Owner and Pet) Care: An Interprofessional Model to Improve Outcomes in Homebound Older Adults and Their Pets (platform session). 2021 Virtual National Academies of Practice Forum, March 20, 2021.

Dream Big and Capture the Vision for Innovation and Entrepreneurship (invited webinar). National Association of Pediatric Nurse Practitioners TeamPeds Town Hall, March 18, 2021.

Evidence-based Screening and Mental Health Interventions for Primary Care (podium presentation). National Association of Pediatric Nurse Practitioners 42nd National Conference, (virtual), March 11, 2021.

Boosting Resiliency and Well-being During COVID-19: Evidence-based Interventions that Work (invited webinar). American Association of Colleges of Nursing Webinar Series, February 18, 2021.

Working Together to Improve Cardiovascular Population Health using the Million Hearts® Initiative (invited webinar). American Association of Colleges of Nursing Webinar Series, February 10, 2021.

Reducing Clinician Stress, Anxiety, and Depression with MINDBODYSTRONG® (invited webinar). Association for Nursing Professional Development/Lippincott Webinar, February 10, 2021.

Discussion on Transitioning in Academia (invited co-host). National Institute of Nursing Research, the National Cancer Institute, and the Oncology Nursing Society, Symptom Science Advances in Oncology Nursing colloquium, February 5, 2021.

An Innovative Wellness Partner Program to Support the Well-being of Nurses during the Pandemic: Implementation and Outcomes (podium presentation). AACN 2021 Doctoral Education Conference, (virtual), January 20, 2021.

Key Strategies for Building Resiliency and Enhancing Health & Well-Being in Women Leaders (invited presentation). Women in Real Estate Webinar, January 6, 2021.

Creating a Vision & Taking Action to Prevent Childhood Obesity: An Urgent Imperative (invited endnote). Improving Health Outcomes Through Preventing Childhood Obesity Conference (virtual), November 18, 2020.

Enhancing Wellness Cultures & Population Health Outcomes: Lessons Learned from Chief Wellness Officers (plenary session). 2020 National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, (virtual), October 23, 2020.

Building Wellness Cultures and Structures in Academic Institutions/Health Systems to Improve Population Health Outcomes and Maximize ROI/VOI (pre-conference workshop). 2020 National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, (virtual), October 21, 2020.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Cardiovascular Health and Mental Health – A New Imperative (invited panel moderator). 18<sup>th</sup> Annual Meeting National Forum for Heart Disease & Stroke Prevention, virtual meeting, October 15, 2020.

Building Strength through Resiliency: Evidence-based Tactics that Work! (invited presentation). American Nurses Credentialing Center Virtual Summit 2020, October 7, 2020.

National Conversation on Navigating DNP Education Amidst COVID-19, (invited panelist). The Helene Fuld Health Trust National Institute for Evidence-Based Practice in Nursing and Healthcare, (virtual webinar), October 6, 2020.

Building Wellness Cultures to Promote Optimal Health and Well-Being in Nurses: Evidence-Based Strategies That Work! (invited presentation). Sigma Theta Tau International Founder's Day, (virtual), October 5, 2020.

Combining CBT and Medication Management in Brief Visits: An Evidence- Based Approach to Promote Best Outcomes (pre-conference workshop webinar). American Psychiatric Nurses Association 34<sup>th</sup> Annual Conference (virtual), September 30, 2020.

Workshop on Models of Care for Reducing Disparities in Maternal Health (invited participant). NICHD, NIMHD,NIH ORWH, and NIH THRO, (virtual meeting), September 29, 2020.

Strength through Character-Building Times: Evidence-based Resiliency & Coping Tactics that Work! (invited webinar). Emergency Nurses Association EN20X Virtual Conference, September 9, 2020.

Combining CBT and Medication Management in Brief Visits: An Evidence-Based Collaborative Approach to Promote Best Outcomes (pre-conference workshop). American Psychiatric Nurses Association Annual Conference (virtual), September 30, 2020.

Stress-Busters: Evidence-based Brief Techniques to Combat Anxiety and Boost Mood During the COVID Storm (invited webinar). Building Healthy Academic Communities Webinar, September 2, 2020.

Enhancing Optimal Health and Well-being in Dental Deans, Faculty and Students Evidence-based Strategies that Work! (invited presentation). American Dental Education Association Summer Institute (virtual), July 30, 2020.

Getting Published. (invited presentation). Sigma Theta Tau International 31<sup>st</sup> Annual Research Congress (virtual), July 22, 2020.

The Importance of Prioritizing Self-Care During COVID-19: Evidence-based Strategies That Work! (invited webinar). The Fuld Institute for EBP Webinar Series, June 10, 2020.

How to Build Hopeful Beliefs and Develop a Resilient Mindset (invited webinar). Thrive Global Behavior Science and Mental Health Experts at Johnson & Johnson, May 27, 2020.

Empowering Your Healthcare Team: A Toolkit for Resilience (invited webinar). Elsevier Clinical Solutions Nursing and Allied Health Practice and Patient Education, May 22, 2020.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Prevalence and Correlates of Depression, Anxiety, Stress, Healthy Beliefs, and Lifestyle Behaviors in First-Year Graduate Health Sciences Students (invited podcast). Sigma Theta Tau International Honor Society of Nursing, May 19, 2020.

Evidence-based Tactics to Decrease Stress and Build Resiliency During the COVID-19 Storm (invited webinar). American Nurses Foundation, May 14, 2020.

Building Resiliency Skills: A Necessity in the COVID-19 Epidemic (webinar). The Ohio State University, May 13, 2020.

Mental health & well-being in universities: A guided meditation and dialogue on #WellbeingInEducation (invited panel discussion). SKY Campus Happiness, May 11, 2020.

The MINDBODYSTRONG Intervention for New Nurse Residents: 6-Month Effects on Mental Health Outcomes, Healthy Lifestyle Behaviors, and Job Satisfaction (invited podcast). Sigma Theta Tau International Honor Society of Nursing, April 30, 2020.

Stress Buster: Using Cognitive-Behavioral Skills to Allay Anxiety & Depression (webinar). The Ohio State University, April 8, 2020.

Advancing the Science and Shaping practice: Using Design Thinking to Address Opportunities and Challenges for Doctoral Education (special panel session webinar). Midwest Nursing Research Society, April 2, 2020.

Advancing and Sustaining EBP and Clinician Well-being in Healthcare Systems to Achieve Healthcare's Quadruple Aim (pre-conference workshop webinar). Midwest Nursing Research Society, April 1, 2020.

Best Practices in Evidence-Based Health Assessment (invited webinar). Springer Publishing Company, February 21, 2020.

National Health Policy Implications for the National Academy of Medicine's Action Collaborative on Clinician Well-being and Resilience (invited webinar). National Academy of Pediatric Nurse Practitioners Child Health Policy Learning Collaborative, January 8, 2020.

Shifting the Paradigm from Crisis Management to Evidence-based Mental Health Promotion and Early Intervention on College Campuses (invited webinar). National Academies of Sciences, Engineering and Medicine, December 10, 2019.

Boosting Resiliency, Coping Skills and Mental Well-being within a Culture of Wellness: A Needed Paradigm Shift to Prevent Suicide (invited presentation). U.S. Air Force Medical Service Senior Leadership Workshop, Leesburg, VA, December 3, 2019.

Combating Clinician Burnout to Improve Healthcare Quality & Safety: Evidence-based Solutions that Work! (invited presentation). Second National Summit Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare, Columbus, OH, November 22, 2019.



PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Sustaining an Evidence-based Comprehensive Framework for Wellness from Leadership to the Grass Roots for Maximum ROI and VOI (invited webinar). National Academy of Medicine Clinician Well-Being: OSU Case Study Webinar, November 21, 2019.

Getting Published: Tips, Traps, and Strategies (invited presentation). Sigma Nursing Biennial Conference, Washington, D.C., November 17, 2019.

Writing Workshop (invited presentation). Sigma Nursing Biennial Conference, Washington, D.C., November 15, 2019.

Shifting the Paradigm from Crisis Management to Evidence-based Mental Health Promotion and Early Intervention on College Campuses (invited presentation). APLU Council of Presidents meeting, San Diego, CA, November 11, 2019.

Optimal Healthcare Outcomes (invited pre-conference workshop). 45<sup>th</sup> Annual Association of Rehabilitation Nurses REACH Conference, Columbus, OH, November 5, 2019.

Teaching Innovation and Leadership to Nurses: Positively Disrupt Health Care, Improve Patient Health, and Enhance Well-Being (invited webinar). Springer Publishing, October 31, 2019.

Leveraging the Evidence-based MINDSTRONG Program to Improve Campus Well-being and Mental Health (invited presentation). ACHA Summit 2019 - Inspiring Hope & Real Solutions to Address College Mental Health & Well Being, Hyattsville, MD, October 23, 2019.

Integrating Brief Cognitive Behavioral Therapy (CBT) into Medication Management Visits: Advanced Practice PMH Nurses Leveraging their Psychotherapy Skills as well as their Knowledge of Pharmacology in 20-30 Minute Visits to Optimize Outcomes (pre-conference workshop). American Psychiatric Nurses Association 33<sup>rd</sup> Annual Conference, New Orleans, LA, October 2, 2019.

The Need to Accelerate Evidence-based Strategies to Improve Nurses' Health and Well-being (invited presentation). Seattle Town Hall: High Tech to High Touch, National Academy of Medicine Future of Nursing 2030, Seattle, WA, August 7, 2019.

EBP: A Systematic Approach to Achieving the Quadruple Aim in Healthcare (symposium presentation). Sigma Theta Tau International 30<sup>th</sup> International Nursing Research Congress, Calgary, Alberta, CA, July 29, 2019. +

Evidence to Support Routine Mental Health Screening and Intervention in Graduate Health Sciences Students (oral presentation). Sigma Theta Tau International 30<sup>th</sup> International Nursing Research Congress, Calgary, Alberta, CA, July 26, 2019. +

Getting Published (invited presentation). Sigma Theta Tau International 30<sup>th</sup> International Nursing Research Congress, Calgary, Alberta, CA, July 26, 2019.

Moving Oral and Poster Presentations to Publication: An Action-Oriented Writing Workshop (intensive workshop). Sigma Theta Tau International 30<sup>th</sup> International Nursing Research Congress, Calgary, Alberta, CA, July 25, 2019.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Advancing and Sustaining EBP and Clinician Well-Being: The Secret Sauce for Achieving the Quadruple Aim in Healthcare (invited keynote). Stanford 2019 Healthcare CON Conference, Palo Alto, CA, June 27, 2019.

Evidence-based Management of Adolescent Anxiety and Depression in Primary Care (podium presentation). American Association of Nurse Practitioners 2019 National Conference, Indianapolis, IN, June 20, 2019.

Your Mental Health Screening is Positive: Evidence-based Interventions for Brief Visits (invited presentation). American Association of Nurse Practitioners 2019 National Conference, Indianapolis, IN, June 19, 2019.

Designing Intervention Studies; Minimizing Threats to Internal Validity; and Strategies for Successful Grant Writing (intensive workshop). Research Intensive Workshop, The Ohio State University College of Nursing, Columbus, OH, June 5-6, 2019.

Key Strategies for Improving the Health & Well-being of the Nation's Nurses: Evidence-based Tactics that Work! United States Public Health Service Scientific and Training Symposium, Nurse Category Day, Minneapolis, MN, May 8, 2019.

The Importance of Self-Care and Work/Life Balance for Optimal Well-being and High Performance: Strategies that Work! (invited plenary). Council of Science Editors' 2019 Annual Meeting, Columbus, OH, May 7, 2019.

Building and Sustaining a Culture and Environment of Wellbeing: Key Strategies for Health Promotion Leaders (invited plenary endnote). 4<sup>th</sup> National Summit for Building Healthy Academic Communities, Columbus, OH, May 1, 2019.

Using Data to Accelerate Evidence-Based Practice and Enhance Clinician Well-Being to Achieve the Quadruple Aim in Healthcare (invited keynote). American Nursing Informatics Association 2019 Annual Conference, Las Vegas, NV, April 12, 2019

Building Wellness Cultures & Resilient Clinicians for Maximum ROI & VOI: Evidence-based Strategies that Work! (invited keynote). Children's Hospital Association Chief Nursing Officers Forum, Atlanta, GA, March 18, 2019.

Integrating Mental Health into Pediatric Primary Care and School-Based Settings: Brief Evidence-Based Interventions that Work! (podium presentation). National Association of Pediatric Nurse Practitioners National Conference on Pediatric Health Care, New Orleans, LA, March 7, 2019. +

Accelerating Use of the EBP Competencies & Enhancing Clinician Well-Being to Achieve the Quadruple Aim in Healthcare: Key Strategies for Success (invited presentation). Association of Faculties of Pediatric Nurse Practitioners National Conference on Pediatric Health Care, New Orleans, LA, March 7, 2019.

Building and Sustaining an EBP Culture and Environment: A Key Strategy to Reach the Quadruple Aim in Healthcare; Hot off the Press Findings from Two National Studies on the EBP Competencies and Nurses' Well-being: Moving from Evidence to Action; and Key Tips for Optimizing Personal Wellbeing and Sustaining Energy: It Can be Done! (invited workshop). 2019 Vizient/AACN Nurse Residency Program Conference, Orlando, FL, March 11, 2019.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Igniting and Sustaining EBP to Achieve the Quadruple Aim in Healthcare: Key Success Strategies (invited presentation). American Association of Colleges of Nursing 2019 Clinical Nurse Leader Summit, February 21, 2019.

Making the Business Case for Establishing a Culture Focused on Well-being and Resilience in the Workplace (invited panel presentation). American Society of Health Care Pharmacists (ASHP) Midyear Clinical Meeting & Exhibition, Anaheim, CA, December 2, 2018.

The Key to Reaching the Quadruple Aim in Healthcare: Educating Students at All Levels to Attain Competency in Evidence-based Practice (invited webinar). Wolters Kluwer, November 6, 2018.

A Successful Model for Clinical Training in Child/Adolescent Cognitive Behavioral Therapy (CBT) for Graduate Psychiatric Advanced Practice Nursing Students (podium presentation). American Psychiatric Nurses Association 32<sup>nd</sup> Annual Conference, Columbus, OH, October 27, 2018. +

Improving the Mental Health and Healthy Lifestyle Behaviors of Graduate Health Professions Students (poster presentation). American Psychiatric Nurses Association 32<sup>nd</sup> Annual Conference, Columbus, OH, October 25, 2018. +

Integrating Mental Health into Pediatric Primary Care and School-based Settings: Brief Evidence-based Interventions that Work! (pre-conference workshop). American Psychiatric Nurses Association 32<sup>nd</sup> Annual Conference, Columbus, OH, October 24, 2018. +

Cognitive Behavioral Therapy (CBT) with Children and Adolescents: CBT for Brief Outpatient Visits - Increasing Access to Evidence-based Treatment for Children and Adolescents (pre-conference workshop). American Psychiatric Nurses Association 32<sup>nd</sup> Annual Conference, Columbus, OH, October 24, 2018. +

Building Cultures of Well-Being That Enhance Population Health Outcomes, VOI and ROI: Evidence-Based Strategies That Work! (Endnote Presentation). The Inaugural National Summit on Promoting Well-being and Resilience in Healthcare Providers, Columbus, OH, September 28, 2018.

Teaching Cognitive-Behavioral Skills to Decrease Depression/Anxiety in Health Sciences Students with #mindstrong. The Inaugural National Summit on Promoting Well-being and Resilience in Healthcare Providers, Columbus, OH, September 27, 2018.

Improve Mental Health & Lifestyle thru Wellness Coaching. Council for the Advancement of Nursing Science, 2018 State of the Science Congress on Nursing Research, Washington, D.C., September 15, 2018. +

Publishing Precision Health Papers in Nursing Journals. Council for the Advancement of Nursing Science, 2018 State of the Science Congress on Nursing Research, Washington, D.C., September 14, 2018.

Tailoring Interventions for Pregnant Minority Depressed and Anxious Women: A Pilot Test of the COPE-P Cognitive-Behavioral Skills Building Program. Council for the Advancement of Nursing Science, 2018 State of the Science Congress on Nursing Research, Washington, D.C., September 14, 2018. +

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

ARCC Model: Culture & Mentorship is Key for EBP Competency. Council for the Advancement of Nursing Science, 2018 State of the Science Congress on Nursing Research, Washington, D.C., September 14, 2018. +

Stress and Cardiovascular Health in High Risk Populations. Council for the Advancement of Nursing Science, 2018 State of the Science Congress on Nursing Research, Washington, D.C., September 13, 2018. +

Advancing and Sustaining Evidence-Based Practice and Clinician Well-being: Key Strategies to Reach the Quadruple Aim in Healthcare (invited keynote). 18<sup>th</sup> National Neonatal Nurses Conference with National Advanced Practice Neonatal Nurses Conference, New Orleans, LA, September 6, 2018.

Evidence-based Practice for Leaders: Making it a Reality (invited workshop). 18<sup>th</sup> National Neonatal Nurses Conference with National Advanced Practice Neonatal Nurses Conference, New Orleans, LA, September 5, 2018.

Leveraging Evidence, Leadership, and Collaboration to Build Best Practice EBP Programs and Achieve Results (symposium presentation). Sigma Theta Tau International 29<sup>th</sup> Annual Research Congress, Melbourne, Australia, July 23, 2018. +

Building the Culture and Capacity for Innovation in Nursing Educational Settings: Identifying Drivers for Success (symposium presentation). Sigma Theta Tau International 29<sup>th</sup> Annual Research Congress, Melbourne, Australia, July 22, 2018. +

A US Study of EBP Competency Between Nurses in Magnet and Non-Magnet Healthcare Institutions (symposium presentation). Sigma Theta Tau International 29<sup>th</sup> Annual Research Congress, Melbourne, Australia, July 22, 2018. +

Current State of EBP Competency in Nurses and Organizations: Critical Implications for Improving Outcomes (symposium presentation). Sigma Theta Tau International 29<sup>th</sup> Annual Research Congress, Melbourne, Australia, July 21, 2018. +

Publishing - A career road for you? (invited presentation). Sigma Theta Tau International 29<sup>th</sup> Annual Research Congress, Melbourne, Australia, July 20, 2018.

Getting Published (invited presentation). Sigma Theta Tau International 29<sup>th</sup> Annual Research Congress, Melbourne, Australia, July 20, 2018.

Million Hearts®: Key Strategies for Improving Cardiovascular Population Health (workshop). 2018 American Association of Nurse Practitioners National Conference, Denver, CO, June 26-July 1, 2018.

Designing Intervention Studies and Minimizing Threats to Internal Validity and Strategies for Successful Grant Writing (intensive workshop). Research Intensive Workshop, The Ohio State University College of Nursing, Columbus, OH, June 6-8, 2018.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Igniting and Sustaining EBP to Optimize Quality and Safety in Healthcare: Key Strategies for Success (invited keynote). 2018 Quality and Safety Education for Nurses (QSEN) International Forum; Oceans of Opportunity: Evidence-based Practice to Improve Quality and Safety in Education and Practice, Bonita Springs, FL, May 30, 2018.

Taking Great Self-Care to Optimize Health & Well-being: Evidence-based Strategies for Success (invited webinar). Phi Pi Nurses Week Presentation, Phi Pi Chapter, Sigma Theta Tau International Honor Society, Tecumseh, OK, May 10, 2018.

Optimizing the Health & Well-being of Clinicians: Evidence-based Strategies for Success (invited webinar). Caring for the Caregiver: Supporting a Healthy and Resilient Workforce Webinar, American Hospital Association, May 10, 2018.

Improving the Population Health of Nurse Practitioner Students & Faculty: An Urgent Call to Action (symposium presentation). National Organization of Nurse Practitioner Faculties 44<sup>th</sup> Annual Meeting, Indianapolis, IN, April 21, 2018. +

Building Cultures of Wellness in Communities to Improve Population Health: Evidence-Based Strategies (invited presentation). The Ohio State University 2018 Community Engagement Conference, Columbus, OH, January 24, 2018.

A National Study of Nurses' Health and its Link to Medical Errors and Worksite Wellness (invited presentation). National Academy of Medicine Action Collaborative on Clinician Well-Being and Resilience, Washington, D.C., December 15, 2017.

Reducing NICU Length of Stay, Hospital Costs and Readmission Rates with COPE for Parents of Preterms (invited presentation). Lausanne University Hospital, Lausanne, Switzerland, November 17, 2017.

Advancing Interprofessional Collaboration and Evidence-based Practice to Improve Healthcare Quality & Safety (invited presentation). University Institute of Training and Research in Care, University of Lausanne, Lausanne, Switzerland, November 16, 2017.

Problems and Solutions to Sustaining EBP in Healthcare Settings (invited presentation). Lovisenberg Diaconal University, Oslo, Norway, November 14, 2017.

Leadership Panel and Discussion (invited panel member). Jonas Scholars Leadership Conference, Washington, D.C., October 31, 2017.

Heart Checks: Preventing Cardiovascular Disease in Young Adults (symposium). Sigma Theta Tau International 44<sup>th</sup> Biennial Convention, Indianapolis, Indiana, October 30, 2017.+

Scientific Exploration Into Pokémon GO<sup>®</sup>: A Detailed Examination of Family Experiences and Motivations for Use (poster presentation). Sigma Theta Tau International 44<sup>th</sup> Biennial Convention, Indianapolis, Indiana, October 30, 2017.+

Publishing – A career road for you? (invited presentation). Sigma Theta Tau International 44<sup>th</sup> Biennial Convention, Indianapolis, Indiana, October 29, 2017.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Transforming Healthcare Through Evidence-based Practice (invited presentation). The Helene Fuld Health Trust National Summit, Columbus, OH, October 20, 2017.

Dream the Dream and Capture the Vision for Entrepreneurship (invited presentation). Innovation and Entrepreneurship Workshop for Healthcare Professionals, Columbus, Ohio, September 21, 2017.

Getting Published (invited presentation). Sigma Theta Tau International 28<sup>th</sup> International Nursing Research Congress, Dublin, Ireland, July 30, 2017.

Publishing – A career road for you? (invited presentation). Sigma Theta Tau International 28<sup>th</sup> International Nursing Research Congress, Dublin, Ireland, July 29, 2017.

Moving Evidence-Based Practice Forward: The Role of the Doctor of Nursing Practice Degree (symposium presentation). Sigma Theta Tau International 28<sup>th</sup> International Nursing Research Congress, Dublin, Ireland, July 28, 2017.+

Enhancing the Health and Wellness of Students, Faculty and Staff in the Academic Setting (symposium presentation). Sigma Theta Tau International 28<sup>th</sup> International Nursing Research Congress, Dublin, Ireland, July 28, 2017.+

Igniting and Sustaining EBP to Meet the Quadruple Aim in Healthcare (invited keynote). Association for Nursing Professional Development 2017 Annual Convention, New Orleans, Louisiana, July 18-21, 2017.

Evaluating the Physical and Nutritional Wellness of the Ohio State University College of Pharmacy Community (poster presentation). American Association of Colleges of Pharmacy Annual Meeting, Nashville, Tennessee, July 15-19, 2017.+

Designing Intervention Studies and Minimizing Threats to Internal Validity and Strategies for Successful Grant Writing (intensive workshop). Research Intensive Workshop, The Ohio State University College of Nursing, Columbus, Ohio. June 12-14, 2017.

Advancing and Sustaining Evidence-based Practice: Key Tactics for Success and Key Tips for Publishing and Disseminating Evidence (invited keynote and presentation). University of the West Indies, School of Nursing, Mona, 27<sup>th</sup> Annual Nursing and Midwifery Research Conference, Kingston, Jamaica, May 25, 2017.

Beyond the Drug du Jour: Leverage Behavioral Health, Prevention, and Policy to Curb the Opioid Epidemic (invited keynote panel discussion). 14<sup>th</sup> Annual World Health Care Congress, Washington, D.C., May 3, 2017.

Ask Dr. Melnyk: Winning Grant-Writing Strategies (invited webinar). American Association of Colleges of Nursing, April 11, 2017.

The State of Health & Wellness in Academic Institutions with an Emphasis on Mental Health and Best Practices (invited plenary). 3<sup>rd</sup> National Summit for Building Healthy Academic Communities, Gainesville, Florida, April 7, 2017.

Reducing Stress & Cardiovascular Risk: Key Tactics for Improving Health & Wellbeing in Nurses (invited webinar). American Nurses Association, February 15, 2017.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Clinics: Their Role in Promoting Health and Wellness Transforming Sick Care into Well Care (invited presentation). American Association of Colleges of Nursing, Faculty Practice Pre-Conference, Coronado, California, January 18, 2017.

Evidence-based Strategies for Achieving Optimal Wellness While Balancing the Faculty Role (webinar). American Association of Colleges of Nursing. January 10, 2017.

A Comprehensive Approach to Health & Wellness at The Ohio State University (webinar). National Consortium for Building Healthy Academic Communities. December 13, 2016.

Evidence-based Strategies for Achieving Optimal Wellness While Balancing the Faculty Role (invited opening session). American Association of Colleges of Nursing Faculty Development Conference, Success Strategies for New Faculty, Anaheim, California. November 16, 2016.

A Comprehensive Approach to Health & Wellness at The Ohio State University (invited panel). Association of American Medical Colleges Learn Serve Lead 2016: The AAMC Annual Meeting, Seattle, Washington. November 13, 2016.

Million Hearts: Enhancing Healthy Lifestyle Behaviors in Nurses and Improving Population Health (invited panel). American Academy of Nursing Policy Dialogue, 2016 Transforming Health, Driving Policy Conference, Washington, D.C. October 21, 2016.

Key Strategies for Igniting and Sustaining Evidence-based Practice to Reach the Quadruple Aim in Healthcare (invited webinar). Hayes, Inc. October 3, 2016.

Hospitals Heal Thyselves (invited panel presentation). The 2nd Annual Healthcare Summit, Health Enhancement Research Organization (HERO) Pre-Forum, Atlanta, Georgia. September 26, 2016.

Wellness Innovators and the Health Athlete at Work: The Ohio State University Experience (invited presentation). The 4th Annual University Summit, Health Enhancement Research Organization (HERO) Pre-Forum, Atlanta, Georgia. September 26, 2016.

Communicate Well; It's Not Just What You Say, But How You Say It (invited presentation). Employer Healthcare & Benefits Congress, Washington, D.C. September 25, 2016.

Igniting and Sustaining Evidence-based Practice to Reach the Quadruple Aim in Healthcare: Key Strategies for Success (invited keynote). Houston Methodist Hospital Evidence-based Practice Symposium, Houston, Texas. September 23, 2016.

Dream the Dream and Capture the Vision for Entrepreneurship and Optimizing Personal Wellness and Energy for Entrepreneurial Success (invited presentations). Innovation and Entrepreneurship Workshop for Healthcare Professionals, The Ohio State University College of Nursing, Columbus, Ohio. September 22, 2016.

Publishing Secrets for Early Career Researchers in Nursing (webinar). John Wiley & Sons, Ltd. September 20, 2016.

Factors Influencing the Healthy Lifestyle Behaviors of Physical Activity and Healthy Eating in Adolescents. Council for the Advancement of Nursing Science, State of the Science Congress on Research, Washington, D.C., September 16, 2016.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Psychometric Properties of the Healthy Lifestyles Beliefs Scale and the Perceived Difficulty Scale for Adolescents (podium presentation). Council for the Advancement of Nursing Science, State of the Science Congress on Research, Washington, D.C. September 15, 2016.+

An Epidemiological Study Indicates Stress is a Missing Link in Cardiovascular Population Health (symposium presentation). Council for the Advancement of Nursing Science, State of the Science Congress on Research, Washington, D.C. September 15, 2016.+

Key Strategies for Enhancing Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited presentation). TriService Nursing Research Program, San Antonio, Texas. August 23, 2016.

Getting Published (invited presentation). Sigma Theta Tau International 25<sup>th</sup> International Nursing Research Congress, Cape Town, South Africa. July 24, 2016.

The State of Wellness in Universities Across the United States: Implications for Practice and Research (symposium presentation). Sigma Theta Tau International 25<sup>th</sup> International Nursing Research Congress, Cape Town, South Africa. July 24, 2016.+

Publishing: A Career Road for You? (invited presentation). Sigma Theta Tau International 25<sup>th</sup> International Nursing Research Congress, Cape Town, South Africa. July 24, 2016.

Designing Intervention Studies and Minimizing Threats to Internal Validity in Intervention Studies, Parts 1 and 2 and Strategies for Successful Grant Writing (intensive workshop). The Nuts & Bolts of Intervention Research, The Ohio State University College of Nursing, Columbus, Ohio, June 6-8, 2016.

Healthy Nurses/Healthy Patients: Key Strategies for Self-Care and Promoting Heart Health (webinar). The Ohio State University College of Nursing, Columbus, Ohio, May 9, 2016.

From Simulation to Real World: Improving Healthcare and Patient Outcomes with Evidence-based Practice (invited plenary presentation). Transforming the Educational Landscape: Simulation, Innovation and Technology 2016 EDU-SIM Conference, Clearwater Beach, Florida, March 15, 2016.

Best Practices in Building Cultures and Environments of Wellness in Academic Institutions: What works! (invited panel). HealthLead Forum, Atlanta, Georgia, January 14, 2016.

Cognitive-behavioral Skills Building to Promote Healthy Lifestyle Behavior Change in Adolescents and Their Parents (symposium presentation). Sigma Theta Tau International 43rd Biennial Convention, Las Vegas, Nevada, November 10, 2015.+

Publishing Roles: A Career Road for You (invited presentation). Sigma Theta Tau International 43rd Biennial Convention, Las Vegas, Nevada, November 9, 2015.

Evidence-based Leadership: Key Strategies for Building a Sustainable EBP Culture to Improve Healthcare Quality, Safety, Patient Outcomes and Costs (symposium presentation). Sigma Theta Tau International 43rd Biennial Convention, Las Vegas, Nevada, November 9, 2015.+



PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

The Short-Term Effects of a Wellness On-boarding Program with Health Sciences Students on Depression, Anxiety, Healthy Lifestyle Beliefs and Healthy Lifestyle Behaviors (oral presentation). Sigma Theta Tau International 43rd Biennial Convention, Las Vegas, Nevada, November 9, 2015.+

Getting Published in Nursing Journals: Strategies for Success (invited presentation). Sigma Theta Tau International 43rd Biennial Convention, Las Vegas, Nevada, November 9, 2015.

Million Hearts®: The Bridge between Academia, Practice, and Community (symposium presentation). Sigma Theta Tau International 43rd Biennial Convention, Las Vegas, Nevada, November 8, 2015.+

PARTS I and II: COPE A Brief Evidence-Based Cognitive- Behavioral Skills Building Intervention for Children and Adolescents with Anxiety and Depression. Incorporating a CBT based intervention into brief 20-30 minute visits (pre-conference workshop). American Psychiatric Nurses Association 29th Annual Conference, Orlando, Florida, October 28, 2015.+

A Kaleidoscope of Interprofessional Health Empowerment: A Multi-faceted Academic Health Center's Approach to Transforming Provider Experience (invited symposium). CENTILE 2015 Conference, Washington, D.C., October 19, 2015.+

Mental Health: The Missing Link in Healthy Lifestyle Programs and Management of Chronic Conditions Across the Life Span (invited presentation in Panel Discussion). AdvaMed 2015 The MedTech Conference, San Diego, California, October 7, 2015.

Evidence-based Practice Beliefs Among Various Health Professional Students (oral presentation). Collaborating Across Borders V, Roanoke, Virginia, October 1, 2015.+

Improving Quality of Care and Patient Outcomes with Evidence-based Practice: Key Strategies for Sustainable Success (invited speaker). American Society for Pain Management Nursing 25th National Conference, Atlanta, Georgia, September 17, 2015.

Getting Published in Nursing Journals: Strategies for Success (invited presentation). Sigma Theta Tau International 26th International Research Congress, San Juan Puerto Rico, July 23, 2015.

Publishing: A Career Road for You? (invited presentation). Sigma Theta Tau International 26th International Research Congress, San Juan, Puerto Rico, July 24, 2015.

Million Hearts®: A Platform for Promoting Population Health, Education and Partnerships in Academia (symposium presentation). Sigma Theta Tau International 26th International Research Congress, San Juan Puerto Rico, July 24, 2015.+

Getting Published in Nursing Journals: Strategies for Success (invited presentation). Sigma Theta Tau International 26th International Research Congress, San Juan, Puerto Rico, July 24, 2015.

Implementing Evidence-based Practice in Real World Practice Settings: Key Strategies for Publishing EBP Change Projects in Worldviews (symposium presentation). Sigma Theta Tau International 26th International Research Congress, San Juan, Puerto Rico, July 25, 2015.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

An Innovative Wellness Onboarding Program for Health Sciences Students: Baseline Findings with Implications for Practice and Future Research. Sigma Theta Tau International 26th International Research Congress, San Juan, Puerto Rico, July 25, 2015.+

Implementation of Cost Effective, Team-Based Programs to Build Interprofessional Evidence-Based Practice Competencies An Academic/Practice Partner Collaboration in a Magnet Recognized Pediatric Hospital. Sigma Theta Tau International 26th International Research Congress, San Juan, Puerto Rico, July 26, 2015.+

Transforming Healthcare Quality and Safety with Evidence-based Practice and ARCC (invited keynote). Association of Women's Health, Obstetric and Neonatal Nurses 2015 Annual Convention, Long Beach, California, June 16, 2015.

Best Evidence for the Treatment of Anxiety and Depressive Disorders in Children and Adolescents (invited presentation). American Association of Nurse Practitioners 2015 National Conference, New Orleans, Louisiana, June 13, 2015.

Key Strategies for Successful Grant Writing and Funding (invited pre-conference workshop). Association of Women's Health, Obstetric and Neonatal Nurses 2015 Annual Convention, Long Beach, California, June 15, 2015.

Designing Intervention Studies and Minimizing Threats to Internal Validity in Intervention Studies and Strategies for Successful Grant Writing (intensive workshop). The Nuts & Bolts of Intervention Research, The Ohio State University College of Nursing, Columbus, Ohio, May 27-29, 2015.

Using Best Evidence to Promote Population Health and Wellness in Academic Institutions and Their Surrounding Communities (invited keynote). National Consortium for Building Healthy Academic Communities, The Second National Summit on Building Healthy Academic Communities, Irvine, California, April 23-24, 2015.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model: Key Strategies for Success (invited keynote). American Nephrology Nurses Association 46<sup>th</sup> National Symposium, Orlando, Florida, April 19, 2015.

Workshop on Opportunities to Promote Children's Behavioral Health: Health Care Reform and Beyond (invited panel). Institute of Medicine and National Research Council of the National Academies, Washington, D.C., April 1, 2015.

Healthy PNPs/Healthy Children and Families: Key Strategies for Optimal Health and Wellness (invited plenary). National Association of Pediatric Nurse Practitioners 36th Annual Conference for Pediatric Health Care, Las Vegas, Nevada, March 13, 2015.

The Role of Leaders in the Implementation of Evidence-Based Practice (invited keynote). AORN Surgical Conference & Expo 2015, Nurse Executive Summit, Denver, Colorado, March 8, 2015.

Nursing Leadership Imperative: Leveraging Evidence-based Practice to Enhance Healthcare Quality, Reliability, Patient Outcomes and Cost Containment (invited webinar). Elsevier/Mosby CE Webinar, November 20, 2014.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Maximizing Nursing Education and Healthcare Impact through Innovative Academic-Practice Partnerships (invited webinar). American Association of Colleges of Nursing Webinar, November 13, 2014.

The Making of a Psychiatric Mental Health Nurse Scientist (invited presentation). American Psychiatric Nurses Association, Indianapolis, Indiana, October 22, 2014.

A National Survey of Chief Nursing Executives' Perceptions of and Investment in Evidence-based Practice and Hospital Performance Metrics (podium presentation). Council for the Advancement of Nursing Science, 2014 State of the Science Congress on Nursing Research, Washington, D.C., September 19, 2014.+

The COPE Healthy Lifestyles TEEN Randomized Controlled Trial: 12 Month Effects on High School Adolescents' Overweight and Depression (symposium). Council for the Advancement of Nursing Science, 2014 State of the Science Congress on Nursing Research, Washington, D.C., September 18, 2014.+

Transforming Healthcare Systems to Improve Quality of Care and Patient Outcomes in Children and their Families with EBP and the ARCC Model (invited keynote). Cincinnati Children's Hospital Changing Models of Pediatric Health Care, Cincinnati, Ohio, September 18, 2014.

Evidence-Based Nursing Practice: A Panel Discussion (opening plenary session invited panelist). Sigma Theta Tau International 25<sup>th</sup> International Research Congress, Hong Kong, China, July 24, 2014.

Getting Published in Nursing Journals: Strategies for Success (invited presentation). Sigma Theta Tau International 25<sup>th</sup> International Research Congress, Hong Kong, China, July 27, 2014.

New Evidence-Based Practice Competencies for Practicing Nurses and Advanced Practice Nurses: From Development to Real World Implementation (symposium presentation). Sigma Theta Tau International 25<sup>th</sup> International Research Congress, Hong Kong, China, July 27, 2014.+

Publishing: A Career Road for You? (invited presentation). Sigma Theta Tau International 25<sup>th</sup> International Research Congress, Hong Kong, China, July 27, 2014.

Factors Influencing Overweight and Healthy Lifestyles in Adolescents: Supporting Evidence to Guide Effective Interventions (symposium presentation). Sigma Theta Tau International 25<sup>th</sup> International Research Congress, Hong Kong, China, July 27, 2014.+

Improving Quality of Care, Patient Outcomes and Costs with Evidence-based Practice: Key Strategies for Success (invited presentation). American Association of Nurse Practitioners 2014 National Conference, Nashville, Tennessee, June 19, 2014.

COPE: A Brief Evidence-Based Intervention for Anxious and Depressed Children & Adolescents, (podium presentation). American Association of Nurse Practitioners 2014 National Conference, Nashville, Tennessee, June 19, 2014.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Advancing Million Hearts®: Interprofessional Education and Practice Initiatives to Prevent 1 Million Heart Attacks and Strokes in Communities across the U.S. (podium presentation). American Association of Nurse Practitioners 2014 National Conference, Nashville, Tennessee, June 20, 2014.+

Providing Care in an NP Lead Interprofessional Collaborative Practice (podium presentation). American Association of Nurse Practitioners 2014 National Conference, Nashville, Tennessee, June 20, 2014.+

Living Life on Purpose (invited workshop). USPHS Scientific & Training Symposium, Raleigh, North Carolina, June 10, 2014.

Designing Intervention Studies; Minimizing Threats to Internal Validity in Intervention Studies; Strategies for Successful Grant Writing; and Lessons Learned in Conducting Multi-Site Research (intensive workshop). The Nuts & Bolts of Intervention Research, The Ohio State University College of Nursing, Columbus, Ohio, May 28-30, 2014.

Facilitating Health Promotion and Prevention for Optimal Wellness Outcomes in Institutions of Higher Learning: Evidence-based Strategies for Success (invited speaker). NIRSA 2014 Annual Conference, Nashville, Tennessee, April 24, 2014.

Fostering Health Care Innovation and Enhancing Patient Outcomes and Safety with Evidence-based Practice (invited presentation). Association of periOperative Registered Nurses Surgical Conference & Expo, Chicago, Illinois, April 2, 2014.

The Worth and Value of Faculty Practice (invited presentation). Faculty Practice Preconference for American Association of Colleges of Nursing, 2014 Annual Spring Meeting, Washington, D.C., March 22, 2014.

COPE for Depressed and Anxious Teens: A Cognitive-Behavioral Skills Building Intervention (intensive workshop). National Academy of Pediatric Nurse Practitioners 35<sup>th</sup> Annual Conference, Boston, Massachusetts, March 14, 2014.+

Navigating the DSM-5 Changes in Pediatrics, Parts 1 and 2 (invited presentation). National Academy of Pediatric Nurse Practitioners 35<sup>th</sup> Annual Conference, Boston, Massachusetts, March 14, 2014.

A Landmark National Summit for CNEs/CNOs on Leveraging Evidence-based Practice to Enhance Healthcare Quality, Reliability, Patient Outcomes and Cost Containment (pre-conference forum). American Organization of Nurse Executives 2014 Annual Meeting, Orlando, Florida, March 12, 2014.

Healthy Nurse—Healthy Patient: Key Strategies for Optimal Health and Wellness (special lecture). American Association of Neuroscience Nurses 46<sup>th</sup> Annual Educational Meeting, Anaheim, California, March 10, 2014.

Integrating Evidence-based Practice into Graduate Programs for Best Educational and Healthcare Outcomes (invited presentation). American Association of Colleges of Nursing 2014 Master's Education Conference, Scottsdale, Arizona, February 26-27, 2014.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Igniting Evidence-based Practice in Nursing and Healthcare: Key Strategies for Success (Barbara Prowant Lectureship nursing keynote). 34<sup>th</sup> Annual Dialysis Conference, Atlanta, Georgia, February 10, 2014.

The How to Guide on Empowering Frontline Nurses with Evidence-based Practice (invited closing session). American Nurses Association 2014 Quality Conference, Phoenix, Arizona, February 7, 2014.

The COPE On-line Intervention for Prevention of Depression and Anxiety in College Freshmen: Implications for Future Research and Clinical Practice (symposium presentation). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 19, 2013.

Integrating EBP Across the Curriculum (symposium presentation). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 19, 2013.+

Getting Published in Nursing Journals: Strategies for Success (special session). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 18 & 19, 2013.

Advancing Million Hearts TM: Interprofessional Education and Practice Initiatives to Prevent 1 Million Heart Attacks and Strokes across the U.S.: Educational Module and Course Integration (symposium presentation). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 18, 2013.+

The Current State of EBP: Challenges and Opportunities for Nurse Leaders (symposium presentation). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 18, 2013.+

Promoting Health and Wellness in Academic Settings (symposium presentation). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 18, 2013.+

The COPE Healthy Lifestyles TEEN Randomized Controlled Trial: Immediate and Six-Month Effects on High School Adolescents' BMI, Psychosocial Outcomes and Academic Performance (symposium presentation). Sigma Theta Tau International 42<sup>nd</sup> Biennial Convention, Indianapolis, Indiana, November 17, 2013.+

Leadership as Key in Improving Healthcare Quality, Reliability, Safety and Costs through Evidence-based Practice (invited plenary). 2013 International Nursing Administration Research Conference (INARC): Implementing Innovation Across the Health Care Continuum, Baltimore, Maryland, November 13, 2013.

Transcending Boundaries to Transform Healthcare through Intervention Research and Evidence-Based Practice (invited keynote). Oncology Nursing Society's 2013 Connections: Advancing Care Through Science, Dallas, Texas, November 8, 2013.

Speeding the Translation of Research into Real World Healthcare Settings to Enhance Best Practices: The "So What" Outcome Factors (invited opening keynote). 2013 ANCC Research Symposium: Building Research Capacity in your Organization, Orlando, Florida, October 2, 2013.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Improving Patient Outcomes and Reducing Costs with Evidence-based Practice and ARCC: Key Strategies for Success (invited keynote). 7<sup>th</sup> Annual Evidence-based Practice ToolKit for Bedside Nurses, Kennesaw, Georgia, September 20, 2013.

Improving Healthcare Quality, Reliability and Patient Outcomes with EBP and ARCC (invited keynote). 8<sup>th</sup> International Neonatal Nursing Conference, Belfast, Northern Ireland, September 6, 2013.

Strengthening Academic-Practice Partnerships through Shared Vision, Strategic Planning, Collaboration and Teamwork (symposium presentation). Sigma Theta Tau International's 24<sup>th</sup> International Nursing Research Congress, Prague, Czech Republic, July 24, 2013.+

Getting Published in Worldviews on Evidence-Based Nursing and the Journal of Nursing Scholarship: Strategies for Success (invited presentation). Sigma Theta Tau International's 24<sup>th</sup> International Nursing Research Congress, Prague, Czech Republic, July 24, 2013.

Relationships among Work Stress, Job Satisfaction, Mental Health and Healthy Lifestyle Behaviors in New Graduate Nurses attending the Nurse Athlete™ Program (symposium presentation). Sigma Theta Tau International's 24<sup>th</sup> International Nursing Research Congress, Prague, Czech Republic, July 24, 2013.+

Effects of the COPE Healthy Lifestyles TEEN Program on the Healthy Lifestyle Behaviors, Psychosocial Outcomes and Academic Performance of High School Adolescents Post-Intervention (symposium presentation). Sigma Theta Tau International's 24<sup>th</sup> International Nursing Research Congress, Prague, Czech Republic, July 23, 2013.+

Speeding the Translation of Research Findings into Best Practices: The "So What" Outcome Factors that Matter in Real World Healthcare Settings (invited plenary). Sigma Theta Tau International's 24<sup>th</sup> International Nursing Research Congress, Prague, Czech Republic, July 23, 2013.

A Brief Evidence-Based Intervention for Anxious and Depressed Children and Adolescents – Feasible for 20 Minute Visits in Primary Care and Pediatric Practices (podium presentation). American Academy of Nurse Practitioners 28<sup>th</sup> National Conference, Shaping the Future & Celebrating the Past, Las Vegas, Nevada, June 21, 2013.+

From Simulation to Real World: Improving Healthcare and Patient Outcomes with Evidence-based Practice (invited keynote). International Association for Clinical Simulation and Learning, 12<sup>th</sup> Annual International Nursing Simulation/Learning Resource Centers Conference: Hit the Jackpot with Evidence Based Simulation, Las Vegas, Nevada, June 13, 2013.

Designing Intervention Studies; Minimizing Threats to Internal Validity in Intervention Studies; and Strategies for Successful Grant Writing (intensive workshop). Nuts & Bolts of Designing, Conducting, Analyzing and Funding Intervention Studies, The Ohio State University College of Nursing, Columbus, Ohio, May 29-31, 2013.

The COPE/Healthy Lifestyles TEEN Program for Overweight/Obese Adolescents (invited speaker). The Medical College of Wisconsin, 6<sup>th</sup> Annual Diabetes Symposium of Wisconsin, Milwaukee, Wisconsin, May 16, 2013.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Healthy Development: Changing Frames and Expanding Partnerships to Promote Children's Mental Health (invited panel member). Interdivisional Task Force on Child and Adolescent Mental Health of the American Psychological Association (APA) with an interdisciplinary planning group and several key Advisors. Potomac, Maryland, May 6, 2013.

A Comprehensive and Integrated Approach to Wellness for Academic Communities (plenary presentation). Building Health Academic Communities National Summit, The Ohio State University, Columbus, Ohio, April 23, 2013.

COPE Intensive Workshop. NAPNAP's 34<sup>th</sup> Annual Conference, Orlando, Florida, April 20, 2013.

Healthy Lifestyle Beliefs and Behaviors in Culturally Diverse Teens with Average versus Low Self-Concept (poster presentation). NAPNAP's 34<sup>th</sup> Annual Conference, Orlando, Florida, April 17, 2013.+

The Development of NP Led Interprofessional Collaborative Practice (symposium presentation). NONPF 39<sup>th</sup> Annual Meeting, Pittsburgh, Pennsylvania, April 12, 2013.+

The Gold Standard's Impact on Communities (Invited Panel Member). CEO Roundtable XII, CEO Roundtable on Cancer, Partnership, Progress & Hope, Cary, North Carolina, March 15, 2013.

PhD and DNP Similarities and Differences. (Invited opening session) 2013 Doctoral Education Conference: Creating the Future of Doctoral Education in Nursing, San Diego, California, January 23-26, 2013.

COPE TEEN (Thinking, Emotions, Exercise and Nutrition): An Intervention to Promote Cognitive Behavior Skills and Healthy Lifestyle Behaviors in Overweight Adolescents (invited). The Second Global Diabetes Summit: New Horizons in Diabetes: Genetics to Personalized Health Care, Columbus, Ohio, November 14-17, 2012.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (Plenary presentation). 39th Annual Professional Nurse Educator's Group (PNEG) Conference 2012, Philadelphia, Pennsylvania, October 25-28, 2012.

Differences in Evidence-based Practice in U.S. Nurses from Magnet versus Non-Magnet Institutions and Correlates among Cognitive Beliefs, Perceived Difficulty, Mental Health and Healthy Lifestyle Behaviors in Culturally Diverse High School Adolescents (poster presentations). American Academy of Nursing 39th Annual Meeting and Conference, Washington, D.C., October 11-13, 2012.+

HealthLead Certified Case Studies: Activating Senior Leadership to Sustain a Culture of Health (invited keynote panel presentation). The World Congress 3rd Annual Executive Forum on Creating a Culture of Health, Chicago, Illinois, October 8-9, 2012.

Lessons Learned in Implementing Interventions in School-based Settings (symposium). State of the Science: Council for the Advancement of Nursing Science, Washington, D.C., September 13-15, 2012.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Robust Research Designs for Nursing Education: Testing Educational Interventions (invited speaker). Preconference for Sigma Theta Tau and National League for Nursing, Nursing Education Research Conference, Indianapolis, Indiana, June 15-16, 2012.

Nurse Athlete: A Program for Putting it All Together. American Nurses Association Healthy Nurse Conference, Washington, D.C., June 14, 2012.

Designing Intervention Studies; Minimizing Threats to Internal Validity in Intervention Studies; and Strategies for Successful Grant Writing (intensive workshop). Nuts & Bolts of Designing, Conducting, Analyzing and Funding Intervention Studies, The Ohio State University College of Nursing, Columbus, Ohio, May 30-June 1, 2012.

The “So What” Factor in a Time of Healthcare Reform: Conducting Research & EBP Projects that Impact Healthcare Quality, Cost and Patient Outcomes (invited speaker). Sharp HealthCare, San Diego, California, May 9, 2012.

Igniting and Sustaining Healthcare Quality and Safety through Evidence-based Practice and ARCC (invited speaker). San Diego State University, College of Nursing, San Diego, California, May 9, 2012.

COPE for Depressed and Anxious Teens: A Cognitive-Behavioral Skills Building Intervention Training Workshop. ISPN 5<sup>th</sup> Psychopharmacology Institute and 14<sup>th</sup> Annual Conference, Atlanta, Georgia, March 27-31, 2012.+

Evidence-based Practice Workshop (invited). Southeastern Professional Organization of Nurse Leaders, Plymouth Meeting, Pennsylvania, March 9, 2012.

A Description of Family Caregivers when Their Loved One Becomes a Hospice Patient (poster presentation). Annual Assembly with American Academy of Hospice and Palliative Medicine and the Hospice and Palliative Nurses Association, Denver, Colorado, March 7-10, 2012.+

Improving Quality of Care and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). 23<sup>rd</sup> Annual Rocky Mountain Research & Evidence-based Practice Symposium, Partnering to Improve Patient Outcomes through Research & Evidence-based Practice, Denver, Colorado, March 1-2, 2012.

The Worth and Value of Faculty Practice (invited presentation). Faculty Practice Preconference for American Association of Colleges of Nursing Master’s Education Conference, San Antonio, Texas, February 29- March 3, 2012.

New Trends in Transforming Health: Ohio State: The Healthiest University and Community on the Globe (invited presentation). The Ohio State University Winter College, Naples, Florida, February 17-18, 2012.

The Worth and Value of Faculty Practice (invited presentation). Faculty Practice Preconference for American Association of Colleges of Nursing Doctoral Education Conference, Naples, Florida, January 25-28, 2012.



PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Discharge from Hospital to Home Care: The Impact of Discharge Management in preterm infants: The COPE program (invited keynote). University of Basel Institute of Nursing Science, Challenges in Pediatric Care: Innovations through Advanced Nursing Practice International Conference, Basel Switzerland, January 13, 2012.

Interprofessional Education, the Next Wave: Lessons Learned in Designing a New Primary Care Curriculum Panel Discussion. Interprofessional Collaboration: From Concept to Preparation to Practice, Collaborating Across Borders III, Tucson, Arizona, November 19-21, 2011.

Igniting and Sustaining Healthcare Quality, Safety and Teamwork Through Evidence-based Practice: Strategies for Success (invited keynote). University of Pennsylvania School of Nursing, 8<sup>th</sup> Annual Patient Safety Conference, November 18, 2011.

Becoming a Nurse Educator (invited presentation). Sigma Theta Tau International 41<sup>st</sup> Biennial Convention, Grapevine, Texas, October 29-November 2, 2011.

Factors Influencing Healthy Lifestyle Belief, Behaviors and Mental Health in Adolescents. Sigma Theta Tau International 41<sup>st</sup> Biennial Convention, Grapevine, Texas, October 29-November 2, 2011.+

The Current State of Evidence-based Practice in Nurses Across the United States. Sigma Theta Tau International 41<sup>st</sup> Biennial Convention, Grapevine, Texas, October 29-November 2, 2011. +

Physical Activity in Teens: Influence of Gender and Socioeconomic Status. Sigma Theta Tau International 41<sup>st</sup> Biennial Convention, Grapevine, Texas, October 29-November 2, 2011.+

TEAM (Together, Everyone Accomplishes More): Key Strategies for Forming and Sustaining Research Teams that Flourish. Sigma Theta Tau International 41<sup>st</sup> Biennial Convention, Grapevine, Texas, October 29-November 2, 2011.+

COPE for Depressed and Anxious Teens: A Cognitive-Behavioral Skills Building Intervention. APNA 25th Annual Conference Pre-Conference Workshop, Anaheim, California, October 19, 2011.+

Achieving High Reliability and Improved Patient Outcomes with Evidence-based Practice and the ARCC Model (invited). Catholic Health Initiatives 2011 Fall CNO/CMO Summit, Henderson, Nevada, October 12, 2011.

Improving Pediatric Health Care Quality and Patient Outcomes with Evidence-Based Practice and the ARCC Model (invited keynote). Cincinnati Children's Hospital Medical Center 2011 Regional Conference, Cincinnati, Ohio, October 6, 2011.

Building Knowledge, Reducing Hospital Costs, and Improving Outcomes for Premature Infants and Parents with COPE and Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice (invited keynote). The Endowed Lecture Series Sponsored by Children's Mercy Hospital, Kansas City, Kansas, September 12, 2011.

Integrating Evidence-based Practice in Transdisciplinary Health Sciences Programs (Invited Workshop). Texas A & M University. August 5 & 6, 2011.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Foundational Support for Global Impact, and Effects of the Creating Opportunities for Parent Empowerment (COPE) Intervention for Mothers of Preterm Infants Based on Maternal Age (symposia). Sigma Theta Tau International's 22nd International Nursing Research Congress, Cancun, Mexico, July 11-15, 2011.+

Inspiring a Spirit of Inquiry: Building Evidence-Based Practice in Nursing Homes (invited keynote). University of Minnesota Performance-based Incentive Payment Program (PIPP) Annual Conference, Arden Hills, Minnesota, June 28, 2011.

Achieving High Reliability, Enhancing Healthcare Quality and Improving Patient Outcomes with Evidence-based Practice (invited keynote). Sutter Health Transformational Journey Retreat, Sacramento, California, June 24, 2011.

Creating The Vision For the Future Creating High Reliability Healthcare Organizations through Evidence-based Practice (invited keynote). University of Pennsylvania North Star Summit: State of the Science on Nurse Executive Practice, Philadelphia, Pennsylvania, June 16-17, 2011.

Igniting Evidence-based Practice and Translational Research to Improve Healthcare Quality and Safety and Building a Successful Program of Research: *Enhancing Knowledge, Reducing Hospital Costs and Improving Outcomes for Premature Infants and Parents with COPE* (invited speaker). University of Tennessee College of Nursing Annual Summer Research Retreat, Knoxville, Tennessee, June 15, 2011.

Advancing and Sustaining Evidence-based Practice in Clinical Settings (invited speaker). The American College of Sports Medicine's (ACSM) 58th Annual Meeting and 2nd World Congress on Exercise is Medicine, Denver, Colorado, May 31, 2011.

Evidence-based Practice: Back to the Basics to Improve Healthcare Quality and Patient Outcomes (invited keynote). Perinatal Advisory Council / Leadership, Advocacy, Consultation (PAC/LAC) 15th Anniversary Conference: Quality of Life for Families XV: Improving the Outcomes of Pregnancy, Tarzana, California, May 25, 2011.

Igniting EBP and Translational Research in Ambulatory Care (invited keynote). Kaiser Permanente Annual Ambulatory Nursing Symposium, Pasadena, California, May 19-20, 2011.

Improving Quality of Care, Patient Outcomes and Healthcare Costs with Research and Evidence-based Practice (invited keynote). Wayne State University 2011 College of Nursing Research Day, Detroit, Michigan, March 30, 2011.

Pediatric Nurse Practitioner Certification Review (invited). NAPNAP's 32nd Annual Conference on Pediatric Health Care, Baltimore, Maryland, March 25-27, 2011.

Improving Healthcare Quality Cost & Patient Outcomes with Research & EBP (invited keynote). Molloy College Sigma Annual Research Day and Doctoral Forum, Rockville Centre, New York, March 12, 2011.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Making a Case for Evidence-based Practice; Steps 0, 1 and 2 of EBP: From Igniting a Spirit of Inquiry to Searching for Best Evidence; Critical Appraisal of Evidence: A Focus on Intervention/Treatment Studies; and Strategies for Integration of EBP into Academic Curricula (invited keynotes). Queensborough Community College EBP Workshop, Bayside, New York, January 26, 2011.

America's Children in Peril: Solving the Child Obesity and Mental Health Epidemics (organizer and panelist). Summit on Children's Health, National Press Club, Washington, D.C., January 20, 2011.

NIH/NINR Inaugural Director's Lectureship (invited). Reducing Length of NICU Stay and Improving Outcomes for Premature Infants and Parents with COPE: From Evidence to Implementation. National Institutes of Health, January 18, 2011.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited). Peking Union Medical College Hospital; General Hospital of the People's Liberation Army; Beijing Chao-Yang Hospital. Beijing, China, January 5, 6, & 7, 2011.

Translating Evidence into Best Practices: Making it Happen! Meridian 2nd Annual Interdisciplinary EBP Conference, New Brunswick, New Jersey, November 30, 2010.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). Evidence Based Practice Institute (EBPI), San Diego, California, November 17, 2010.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). Association of Military Surgeons of the United States Conference - Federal Medicine: A Global Force for Health, Phoenix, Arizona, November 3, 2010.

Transforming Healthcare Quality and Improving Patient Outcomes with Evidence-based Practice (invited keynote). Oncology Nursing Society Foundation's Institute for Evidence-Based Practice Change (IEBPC) Conference, Atlanta, Georgia, October 14, 2010.

Practical Strategies for Providing Evidence-Based Treatment to Depressed Adolescents in Primary Care, Community, and Mental Health Settings and Effectiveness of a Cognitive Behavioral Skills Building Intervention (C.O.P.E.) with Depressed Adolescents in Community & Mental Health Settings. American Psychiatric Nurses Association (APNA) 24th Annual Conference, Louisville, Kentucky, October 14, 2010.+

Reducing Length of NICU Stay and Improving Outcomes in Premature Infants and Parents with COPE (invited presentation). National Institute of Nursing Research 25th Anniversary Scientific Symposium - Bringing Science to Life, Bethesda, Maryland, September 30, 2010.

Implementation of the ARCC EBP Model in a Community Hospital System: Impact on Clinicians' Outcomes (Symposium). State of the Science: Council for the Advancement of Nursing Science, Washington, D.C., September 28, 2010.+

Moderators of the COPE Program on Preterm Outcomes. State of the Science: Council for the Advancement of Nursing Science. Washington, D.C., September 27, 2010. +

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Understanding Adolescent Cognitions, Healthy Choices and Behaviors: The Role of Healthy Lifestyle Cognitive Beliefs (Symposium). State of the Science: Council for the Advancement of Nursing Science, Washington, D.C., September 27, 2010. +

Correlates Among Evidence-based Practice Beliefs, EBP Implementation and Job Satisfaction in Nurses and Health Professionals. Sigma Theta Tau International's 21st International Nursing Research Congress, Orlando, Florida, July 12-17, 2010. +

Increasing Access to Healthcare: A Robust NP Model (invited). 2010 American Academy of Nurse Practitioners National Conference, Phoenix, Arizona, June 23, 2010.

Evidence-based Practice: Successful Adoption and Implementation (invited web seminar). Siemens Nurse's Education Webcast Presentation, Siemens Enterprise Networks USA, May 24, 2010.

Igniting and Sustaining EBP in Healthcare Settings, Saint Peter's University Hospital, New Brunswick, New Jersey, May 5, 2010.

Key Strategies for Assessing and Managing Common Mental Health Problems in Children and Teens (invited keynote). Society of Pediatric Nurses Annual Convention - Pediatric Nursing: Exploring the Next Decade, Lake Buena Vista, Florida, April 30, 2010.

Evidence-based Practice & Translational Science: Key Strategies for Improving Quality of Care and Patient Outcomes. University of Minnesota Research Day - Linking Evidence to Practice: Translational Science in Nursing, Minneapolis, Minnesota, April 23, 2010.

Igniting and Sustaining EBP Across Healthcare Settings. University of Missouri Sinclair School of Nursing Evidence Based Practice Conference, Columbia, Missouri, April 22, 2010.

Pediatric Nurse Practitioner Certification Review (invited). NAPNAP's 31<sup>st</sup> Annual Conference on Pediatric Health Care, Chicago, Illinois, April 15-19, 2010.

Assessment and Evidence-Based Management of Child and Adolescent Depression: Nuts and Bolts for Best Practice and Evidence-Based Guidelines for Improving the Health of America's Children and Adolescents (invited). NAPNAP 31<sup>st</sup> Annual Conference on Pediatric Health Care - Achieving Vision: Pediatric Health Care Beyond the Millennium, Chicago, Illinois, April 15-18, 2010.

Creating a Culture of Innovation in Nursing. The University of Northern Colorado's National Institute for Nursing Education & Scholarship Spring 2010 Faculty Development Workshop, Greeley, Colorado, April 9-10, 2010.

Brief Overview of the Steps of Evidence-Based Practice and Key Strategies for Sustaining Evidence-Based Practice in Clinical & Academic Settings, Including the ARCC Model and Making a Case for Evidence-Based Practice (invited web seminar). Lippincott's Webex Session on Evidence-based Practice - Live Webcast, Sponsored by Lippincott's Nursing Procedures and Skills, Wolters Kluwer / Lippincott Williams & Wilkins, March 3, 2010.

Nursing and the National Priorities Partnership Goals (invited plenary presentation). National Priorities Partners (NPP) Priorities and Goals, convened by the American Nurses Association (ANA) and the National Quality Forum (NQF). Silver Spring, Maryland, October 27, 2009.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Enhancing Excellence in Nursing Practice (invited plenary presentation). 9<sup>th</sup> National Neonatal Nurses Conference and 12<sup>th</sup> National Mother Baby Nurses Conference. Phoenix, AZ, September 15, 2009.

Expanding Access with Nurse Practitioners: A Key Strategy in Health Care Reform (invited plenary presentation). Health Resources and Services Administration (HRSA) National Rural and Urban Underserved Primary Care Workforce Summit, Washington, DC, August 11, 2009.

Opportunities and Challenges for Colleges in Preparing Nurse Practitioners for Primary Care Practice in Rural and Underserved Urban Areas (invited concurrent session). Health Resources and Services Administration (HRSA) National Rural and Urban Underserved Primary Care Workforce Meeting, Washington, DC, August 11, 2009.

Evidence to Support Cognitive-Behavioral Skills Building as an Innovative Approach to Promoting Healthy Lifestyle Behaviors in Adolescent. Sigma Theta Tau International's 20<sup>th</sup> International Nursing Research Congress, Vancouver, Canada, July 14, 2009.+

Nurses Implementing EBP: Collaborations Across Countries Fosters a Global Vision to Improve Health Outcomes. Sigma Theta Tau International's 20<sup>th</sup> International Nursing Research Congress, Vancouver, Canada, July 13, 2009.+

Key Strategies for Implementing & Sustaining EBP in Healthcare Settings. Sigma Theta Tau International's 20<sup>th</sup> International Nursing Research Congress, Vancouver, Canada, July 13, 2009.+

Igniting and Sustaining Evidence-Based Practice in Pediatric Clinical Settings (invited keynote). 25<sup>th</sup> Annual Pediatric Nursing Conference, Lake Buena Vista, Florida, June 26, 2009.

Evidence-Based Practice Workshop (invited seminar). 25<sup>th</sup> Annual Pediatric Nursing Conference, Lake Buena Vista, Florida, June 25, 2009.

Making Evidence-Based Clinical Decisions Regarding Prevention Easier: What We Should and Should Not Do, and What We Don't Know. American Academy of Nurse Practitioners (AANP) 24<sup>th</sup> National Conference, Nashville, Tennessee, June 17, 2009.+

Life-Long Learning that is Relevant and Sustainable (invited panelist). Mayo Clinic National Symposium, Rochester, Minnesota, April 28, 2009.

Improving Healthcare Quality Through an AFPNP National Nursing Education Collaborative to Strengthen PNP Curriculum in Mental/Behavioral Health & EBP (symposium). 35<sup>th</sup> Annual Meeting of the National Organization of Nurse Practitioner Faculties (NONPF), Portland, Oregon, April 18, 2009.+

USPSTF Behavioral Counseling Recommendations: Implication for Practice and Research" (symposium). 35<sup>th</sup> Annual Meeting of the National Organization of Nurse Practitioner Faculties (NONPF), Portland, Oregon, April 18, 2009.+

Leading and Creating a Culture of Innovation in Healthcare and Academic Settings (invited plenary). American Organization of Nurse Executives (AONE), San Antonio, Texas, April 16-17, 2009.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Pediatric Nurse Practitioner Certification Review (invited). NAPNAP's 30<sup>th</sup> Annual Conference on Pediatric Health Care, San Diego, California, March 17-19, 2009.

Evidence-Based Practice Workshop (invited) Quito, Ecuador, November 9-13, 2008.

Evidence-Based Practice Workshop (invited) Fremont, California, October 27-28, 2008.

Evidence-Based Practice Workshop (invited). Drexel University, Sigma Theta Tau Chapter Nu Eta, Newark, New Jersey, October 18, 2008.

Advancing the Science and Care of Premature Infants and Parents (symposium). Council for the Advancement of Nursing Science - National State of the Science Congress on Nursing Research Conference, Washington, DC, October 3, 2008.

Igniting and Sustaining Evidence-Based Practice in Healthcare Settings (invited keynote). National Association of Indian Nurses of America, 1st National Conference, Chicago, Illinois, September 27, 2008

Evidence-Based Practice Workshop (invited). Anchorage, Alaska, September 5-6, 2008.

Apply Cost Effectiveness Analysis: The COPE Prevention for Parents of Pre-Teens (invited speaker). National Institute of Nursing Research, Integrating Cost-Effective Analysis in Clinical Research Workshop, Bethesda, Maryland, July 17, 2008.

Leading Sustainable Change: Evidence-Based Practice in Healthcare Systems (invited keynote). Nurse Category Day, Tucson, Arizona, June 10, 2008.

Pediatric Nurse Practitioner Certification Review (invited). NAPNAP's 29<sup>th</sup> Annual Conference on Pediatric Health Care, Nashville, Tennessee, April 17-18, 2008.

EBP Beliefs, Implementation and Organizational readiness: Psychometric Properties of Three New Scales. Sigma Theta Tau International's 39<sup>th</sup> Biennial Convention, Baltimore, Maryland, November 2-6, 2007.+

Improving Outcomes of Preterms and Parents with the COPE Program: Explanatory Effects, Cost Outcomes and Implementation Strategies. Sigma Theta Tau International's 39<sup>th</sup> Biennial Convention, Baltimore, Maryland, November 2-6, 2007.+

The Mission, Should You Choose to Accept It: To Advance System-Wide Implementation of the Evidence-Based Practice. Sigma Theta Tau International's 39<sup>th</sup> Biennial Convention, Baltimore, Maryland, November 2-6, 2007.+

Vision to Action: The Design and Implementation of Theory-Based Interventions. Sigma Theta Tau International's 39<sup>th</sup> Biennial Convention, Baltimore, Maryland, November 2-6, 2007.

Evidence-Based Practice Workshop (invited) Sigma Theta Tau International's 39<sup>th</sup> Biennial Convention, Baltimore, Maryland, November 2-6, 2007.

Evidence-Based Practice: Is It More Than Just a Buzz Word? (invited speaker). 7<sup>th</sup> National Neonatal Nurses Meeting, Las Vegas, Nevada, September 6, 2007.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Evidence-Based Practice Workshop (invited). Guanajuato, Mexico, August 5-8, 2007.

Igniting Evidence-Based Practice in Clinical Settings: Basics & Beyond (invited workshop) 18th International Nursing Research Congress, Vienna, Austria, July 10, 2007.

Improving Mental & Physical Health of Hispanic Adolescents (invited speaker) 18th International Nursing Research Congress, Vienna, Austria, July 12, 2007.

Nurse Practitioner Educators' Knowledge, Beliefs and Practices about Evidence-Based Practice (invited speaker) 18<sup>th</sup> International Nursing Research Congress, Vienna, Austria, July 13, 2007.

Transition of Care: The Parental Perspective (invited speaker) 5th World Congress on Pediatric Critical Care, Geneva, Switzerland, June 27, 2007.

Innovations to Decrease Parental Stress (invited speaker) 5th World Congress on Pediatric Critical Care, Geneva, Switzerland, June 27, 2007.

Evidence-Based Clinical Practice in Pediatric Critical Care: A Strategy to Improve Child & Family Outcomes (invited speaker) 5th World Congress on Pediatric Critical Care, Geneva, Switzerland, June 27, 2007.

Evidence-Based Practice Workshop and Latin American Leadership Summit (invited) Bogotá, Colombia, May 28-29, 2007.

Evidence-Based Practice Teaching Seminar (invited) Dublin City University, Dublin, Ireland, April 16-20, 2007.

KySS: Assessment and Management of Common Mental Health Problems (invited workshop). NAPNAP 28<sup>th</sup> Annual Conference on Pediatric Health Care, Lake Buena Vista, Florida. March 23, 2007.

Pediatric Nurse Practitioner Certification Review (invited). NAPNAP's 28<sup>th</sup> Annual Conference on Pediatric Health Care, Sponsored by Health Leadership Associates, Lake Buena Vista, Florida. March 25, 2007.

Igniting Evidence-Based Practice in Clinical Practice Settings (invited keynote). 2007 National Association of Clinical Nurse Specialists Annual Conference, March 3, 2007.

Advancing Evidence-Based Practice in the U.S.: What's Working? X Pan-American Colloquium on Research in Nursing, Buenos Aires, Argentina, November 27, 2006.

Making a Case for Evidence-Based Practice X Pan-American Colloquium on Research in Nursing, Buenos Aires, Argentina, November 27, 2006.

Evidence-Based Practice Workshop (invited seminar). National Institutes of Health Clinical Center, Washington, DC, October 23-24, 2006.

Creating Opportunities for Parent Empowerment (COPE): Program Effects on Parents of Low Birth Weight Premature Infants and NICU Length of Stay (abstract). Council for the Advancement of Nursing Science - National State of Congress Conference, Washington, DC, October 13, 2006.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Improving Quality of Healthcare Through Evidence-Based Practice (invited). The 24<sup>th</sup> National Black Nurses Association Annual Institute and Conference, Ft. Lauderdale, Florida August 11, 2006.

Collaborative Partnerships: An Excellent Venue for Advancing Evidence-Based Practice. The 17<sup>th</sup> International Research Congress Focusing on Evidence-Based Practice. Sponsored by Sigma Theta Tau International. Montreal, Quebec – Canada, July 21, 2006.+

ARCC: A System-Wide Implementation Model of Evidence-Based Practice. The 17<sup>th</sup> International Research Congress Focusing on Evidence-Based Practice. Sponsored by Sigma Theta Tau International. Montreal, Quebec – Canada, July 20, 2006.+

Two Decades of Evidence to Support Implementation of the COPE Program as Standard Practice with Parents of Young Unexpectedly Hospitalized/Critically Ill Children. The 17<sup>th</sup> International Research Congress Focusing on Evidence-Based Practice. Sponsored by Sigma Theta Tau International. Montreal, Quebec – Canada, July 20, 2006.+

Evidence to Guide Best Practice with Overweight Children and Adolescents (symposium). The 17<sup>th</sup> International Research Congress Focusing on Evidence-Based Practice. Sponsored by Sigma Theta Tau International. Montreal, Quebec – Canada, July 20, 2006+.

Evidence-Based Practice: Building Knowledge & Skills to Advance a Best Practice Culture (invited pre-conference workshop). The 17<sup>th</sup> International Research Congress Focusing on Evidence-Based Practice. Sponsored by Sigma Theta Tau International, Montreal, Quebec – Canada, July 18, 2006.

Evidence-Based Practice Workshop: Igniting a Spirit of Inquiry Advancing EBP in Clinical Practice Settings (invited seminar). National Institutes of Health, Washington, DC, June 22-23, 2006.

Evidence-Based Practice: Taking it to the Bedside (invited keynote). Ninth Annual Neonatal Advanced Practice Nursing Forum, Washington, DC, June 1, 2006.

Supporting Positive Parenting in the NICU: The COPE Program (invited speaker). Ninth Annual Neonatal Advanced Practice Nursing Forum, Washington, DC, June 1, 2006.

Evidence-Based Practice in Pediatric Nursing (invited speaker). Nursing Care of the Hospitalized Child Conference, Sponsored by Contemporary Forums, Las Vegas, NV, May 19, 2006.

Pediatric Nurse Practitioner Certification Review (invited workshop). NAPNAP's 27<sup>th</sup> Annual Conference, Sponsored by Health Leadership Associates, Washington, DC, April 2, 2006.

KySS: Assessment and Management of Common Health Problems (invited workshop). NAPNAP's 27<sup>th</sup> Annual Conference, Washington, DC, March 31-April 1, 2006.

Quality and Training Innovations as Transformational Tools (invited panel speaker). National Symposium – Transforming American Healthcare over the Next Decade: Pathways to Change. Phoenix, Arizona, March 24, 2006.

Leading a Change to EBP through Collaborative Partnerships. Sigma Theta Tau International's 38<sup>th</sup> Biennial Convention, Indianapolis, Indiana, November 14-15, 2005.+



PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Adolescent Health Issues (invited co-chair and facilitator). American Academy of Nursing 32<sup>nd</sup> Annual Meeting and Conference, Scottsdale, Arizona, November 11, 2005.

Integration of Evidence-based Practice into Acute Care Settings (invited symposium). The 3<sup>rd</sup> International Evidence-Based Practice Conference, Sponsored by Sigma Theta Tau International, Waikoloa, Hawaii, July 13, 2005.

Igniting Evidence-Based Practice in Clinical and Educational Settings and Context: A Key to Getting Evidence into Practice (invited presentation and end note). The 3<sup>rd</sup> International Evidence-Based Nursing Conference, Sponsored by Sigma Theta Tau International, Waikoloa, Hawaii, July 13, 2005.

KySS Primer: Mental Health Screening, Intervention, and Health Promotion for Primary Care and School Health Providers (invited workshop). NAPNAP's 26<sup>th</sup> Annual Conference, Phoenix, Arizona, April 2, 2005.

Pediatric Nurse Practitioner Certification Review (invited workshop). NAPNAP's 26<sup>th</sup> Annual Conference, Sponsored by Health Leadership Associates, Phoenix, Arizona, April 3, 2005.

A Primer on Teaching Evidence-Based Practice in Baccalaureate Nursing Programs (invited plenary). AACN Baccalaureate Education Conference "Fortifying the Foundations: Teaching From an Evidence Base in Baccalaureate Education," Sunny Isles Beach Florida, November 13, 2004.

COPE: Efficacy of an Educational-Behavioral Intervention Program to Improve Outcomes in Critically Ill/Hospitalized Young Children, LBW Premature Infants and Parents (invited keynote), Montreal, Canada, November 12, 2004.

An Evidence-Based Program to Improve Mental Health in Children & Teens: NAPNAP's KySS Program and Creative Opportunities for Parent Empowerment (COPE): Effects of the COPE Program on Young Critically Ill Children, LBW Premature Infants and Parents (invited presentations). The Endowed Lecture Series, Sponsored by Children's Mercy Hospitals and Clinics, Kansas City, Missouri, November 1, 2004.

Explanatory Effects of the COPE Program on Mental Health/Coping Outcomes of Critically Ill Children and Mothers (poster presentation). National Congress on the State of the Science in Nursing Research, Sponsored by the Council for the Advancement of Nursing Science, Washington, D.C., October 8, 2004.+

Improving the Psychosocial Care & Mental Health/Coping Outcomes of Critically Ill Children and Parents: Evidence to Guide Practice (invited symposium). The 2<sup>nd</sup> International Evidence-Based Practice Conference, Sponsored by Sigma Theta Tau International, Dublin, Ireland, July 22, 2004.

An Evidence-Based Approach to Improving Mental Health Outcomes in Children and Teens: NAPNAP's KySS Campaign (specialty track keynote) and Building a Case for Evidence-Based Practice. 5<sup>th</sup> Annual Evidence-Based Practice Conference. Translating Research into Best Practice with Vulnerable Populations. Sponsored by the Center for Research & Evidence-Based Practice, University of Rochester School of Nursing, June 5, 2004.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Mental Health Screening in Primary Care Settings: A Primer and Guides and Tool Kits to Enhance Mental Health Screening and Mental Health Promotion. The first national KySS Institute on Mental Health Screening, Intervention, and Health Promotion for Primary Care and School Health Providers, Sponsored by NAPNAP's KySS Campaign and HRSA/Maternal and Child Health Bureau, April 29 and May 1, 2004.

KySS III Workshop (invited speaker). The 25th Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Practitioners, March 26, 2004, Dallas, Texas.

Successful Strategies for Grant Writing and Implementing & Teaching Evidence-Based Practice. The 25th Annual Nursing Conference on Pediatric Primary Care. Sponsored by the Association of Faculties of Pediatric Nurse Practitioners, March 23, 2004.

Evidence-Based Practice (invited presentation). AACN 2004 Master's Education Conference - Master's Faculty Leaders: Making a Difference, Scottsdale, Arizona, February 28, 2004.

Creating a Vision and Motivating a Change in Organizations and Leading with the Heart (invited presentations). Nurses Investing in Maternal-Child Health Leadership Academy. Sponsored by Sigma Theta Tau International and Johnson & Johnson Pediatric Institute, Lansdowne, Virginia, May 23, 2004.

Evidence-Based Nursing Practice: The Past, Present, and Recommendations for the 21st Century (invited keynote). The 1st Annual Congress on Pediatric Nursing, Bangkok, Thailand, November 5, 2003.

Evidence-Based Practice in Pediatric Nursing and Collaborative Research in Pediatric Nursing (invited symposiums). The 1st Annual Congress on Pediatric Nursing, Bangkok, Thailand, November 6 and 7, 2003.

Building a Case for Evidence-Based Pediatric Nursing Practice (invited plenary session). The 19th Annual Pediatric Nursing Conference, Chicago, Illinois, September 13, 2003.

Assessment and Management of Common Mental Health Problems in Children and Teens. Workshop sponsored by NAPNAP's National KySS Campaign. The 19th Annual Pediatric Nursing Conference, Chicago, Illinois, September 12, 2003.

A Model for Implementing Evidence-Based Practice in Vulnerable Populations in Acute and Community Settings (symposium organizer and presenter). Evidence-Based Practice Pre-Conference: Strategies and Successes in Clinical Implementation. 14th International Nursing Research Congress. Sigma Theta Tau International, St Thomas, Virgin Islands, July 9, 2003.+

Promoting Mental Health in Children and Teens: Findings and Clinical Implications from the National KySS Survey (symposium organizer and presenter). 14th International Nursing Research Congress. Sigma Theta Tau International, St. Thomas, Virgin Islands, July 11, 2003.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Designing Intervention Studies, Minimizing Threats to Internal Validity, Strategies for Successful Grant Funding, and Overcoming Challenges in Conducting Intervention Studies in Hospitals. Research Intensive Workshop: Nuts and Bolts of Designing, Conducting, Analyzing, and Funding Intervention Studies. Sponsored by the Center for Research & Evidence-Based Practice, University of Rochester School of Nursing, June 5, 6, & 7, 2003.

Short and Long-Term Effects of the COPE Program on Young Critically Ill Children and Mother Pediatric Critical Care World Congress, Boston, June 11, 2003.+

KySS Campaign Update (invited presentation). The 24th Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Practitioners, April 9, 2003.

KySS II Workshop (invited). The 24th Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Practitioners, April 6, 2003.

Creating a Vision and Motivating a Change to Evidence-Based Practice (end-note presentation). The 4<sup>th</sup> Annual Evidence-Based Practice Conference. Translating Research into Best Practice. Sponsored by the Center for Research & Evidence-Based Practice, University of Rochester School of Nursing, December 7, 2003.

Making a Case for Evidence-Based Practice (pre-conference workshop). The 4<sup>th</sup> Annual Evidence-Based Practice Conference. Sponsored by the Center for Research & Evidence-Based Practice, University of Rochester School of Nursing, December 6, 2002.

Mental Health Knowledge, Worries, Communication, and Needs of Children, Parents, and Pediatric Healthcare Providers: National KySS Survey Findings with Implications for Practice (invited keynote). Threats to the Well-being of Children in the School and Community Environment. Sponsored by the Center for Excellence in Population-Based Pediatric Nursing, Frances Payne Bolton School of Nursing, Case Western Reserve University, November 15, 2002.

Short and Long-Term Effects of the COPE Program on Young Critically Ill Children and Mothers. State of the Science Congress. Washington, D.C., September 25, 2002.+

Correlates of Maternal and Child Outcomes During Stressful Life Events (Symposium). 13<sup>th</sup> International Nursing Research Congress. Brisbane, Australia, July 24, 2002.+

Designing Intervention Studies, Minimizing Threats to Internal Validity, Strategies for Successful Grant Funding, and Overcoming Challenges in Conducting Intervention Studies in Hospitals. Research Intensive Workshop: Nuts and Bolts of Designing, Conducting, Analyzing, and Funding Intervention Studies. Sponsored by the Center for Research & Evidence-Based Practice, University of Rochester School of Nursing, June 13, 14, and 15, 2002.

The KySS Campaign: Results of the National Survey and Current Progress (invited speaker). The 23<sup>rd</sup> Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Practitioners, April 11, 2002.

KySS I Certificate Workshop. The 23<sup>rd</sup> Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Practitioners, April 12, 2002.

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Pediatric Nurse Practitioner Certification Review Course (invited). Sponsored by Health Leadership Associates, April 13, 2002, Reno, Nevada and June 6, 2002, Bethesda, Maryland.

Making a Case for Evidence-Based Practice and Disseminating Evidence. Third Annual Evidence Based Practice Conference. Sponsored by the University of Rochester School of Nursing's Center for Research & Evidence-Based Practice, Strong Nursing Practice, HCR, Epsilon-Xi Chapter of Sigma Theta Tau and the Agency for Healthcare Research & Quality (AHRQ), Rochester, NY, December 7, 2001.

Methodological Issues in Conducting Longitudinal Intervention Studies (symposium). Sigma Theta Tau International Biennial Scientific Sessions. Indianapolis, Indiana, November 13, 2001.+

Improving Outcomes of LBW Premature Infants and Parents: A Pilot Study (poster presentation). Sigma Theta Tau International Biennial Scientific Sessions. Indianapolis, Indiana, November 13, 2001.+

Integrating Research and Practice throughout a University Medical Center and Progressive Health Care Community: The Rochester ARCC Model. Sigma Theta Tau International's Biennial Clinical Sessions. Indianapolis, Indiana, November 12, 2001.+

Assessment, Screening, and Prevention of Behavioral and Mental Health Disorders in Childhood and Adolescence (invited presentation). Pediatric Nursing's 17<sup>th</sup> Annual Conference, Philadelphia, PA, September 20, 2001.

Recurrent Pain Syndromes in Childhood and Adolescence (invited presentation). Pediatric Nursing's 17<sup>th</sup> Annual Conference on Pediatric Primary Care, Philadelphia, PA, September 22, 2001.

Assessment and Management of Common Emotional and Behavioral Problems in Children and Adolescents. The 22<sup>nd</sup> Annual Conference on Pediatric Primary Care (workshop presentation). Sponsored by the National Association of Pediatric Nurse Practitioners, Phoenix, Arizona, March 22, 2001.+

Pediatric Nurse Practitioner Certification Review Course (invited faculty). Sponsored by Health Leadership Associates, Phoenix, Arizona, March 25, 2001.

Coping with Critically Ill Children: An Intervention (invited poster presentation). Scientific Poster Session, Friends of the National Institute of Nursing Research, Washington, D.C., September 19, 2000.

Nuts and Bolts of Adolescent Health Care I and II. The 21<sup>st</sup> Annual Conference on Pediatric Primary Care (workshop presentations). Sponsored by the National Association of Pediatric Nurse Associates and Practitioners, March 31, 2000.+

A Program of Research to Enhance Coping Outcomes in Hospitalized Children and Their Mothers (symposium). Sigma Theta Tau International 35<sup>th</sup> Biennial Convention, San Diego, California, November 16, 1999.+

Improving Outcomes of LBW Premature Infants and Mothers (poster presentation). Better Health Through Nursing Research. State of the Science Congress. Washington, D.C., September 17, 1999.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Accumulating Evidence to Support the Use of the COPE Program with Mothers of Hospitalized Children. Women's and Children's Health Issues: A Global Perspective. Sponsored by the University of Cincinnati College of Nursing, Maui, Hawaii, August 9, 1999.+

Recurrent Abdominal Pain and Headaches in Children and Adolescents (invited presentation). Pediatric Primary Care Conference. Sponsored by the University of North Carolina at Chapel Hill and Duke University, April 15, 1999.

Helping Parents and Children to Cope with Divorce (invited presentation). Pediatric Primary Care Conference. Sponsored by the University of North Carolina at Chapel Hill and Duke University, April 15, 1999.

A Bucket of Pearls for Adolescent Health Care. The 20<sup>th</sup> Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Associates and Practitioners, April 8, 1999.+

Strategies for Successful Grant Writing. The 20<sup>th</sup> Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Associates and Practitioners, April 8, 1999.+

Pediatric Nurse Practitioner Certification Review Course (invited faculty). Chicago, Illinois, May 28, 1998; Bethesda, Maryland, August 28, 1998.

Recurrent Pain Syndromes in Children and Adolescents: Unraveling the Mystery (workshop presentation). The 19<sup>th</sup> Annual Nursing Conference on Pediatric Primary Care. Sponsored by the National Association of Pediatric Nurse Associates and Practitioners, Chicago, Illinois, March 22, 1998.+

Improving Outcomes of Critically Ill, Premature Neonates and their Mothers (invited presentation). Sigma Theta Tau International 34<sup>th</sup> Biennial Convention, Indianapolis, Indiana, December 3, 1997.

Correlates of Post-traumatic Stress Symptoms in Mothers Following Their Child's Critical Care Hospitalization (paper presentation). Sigma Theta Tau International 34<sup>th</sup> Biennial Convention, Indianapolis, Indiana, December 3, 1997.+

Intervention Studies in Pediatric Health Care: Nuts and Bolts of Design, Methods and Funding (workshop). 18<sup>th</sup> Annual Conference of the National Association of Pediatric Nurse Associates and Practitioners. Washington, D.C., March 8, 1997.+

Coping with Critically Ill Children: An Intervention to Improve Mother and Child Outcomes (paper presentation). Sigma Theta Tau International 33<sup>rd</sup> Biennial Convention, Detroit, Michigan, November 5, 1995.+

Coping with Marital Separation: A Preventive Intervention Program for Parents and Preschool Children (paper presentation). National Primary Care Nurse Practitioner Symposium, Keystone, Colorado, July 21, 1995.+

Coping with Critically Ill Children: An Innovative Program to Improve Parent and Child Outcomes (paper presentation). Association for the Care of Children's Health 30<sup>th</sup> Anniversary Conference, Boston, Massachusetts, May 29, 1995.+

PROFESSIONAL PRESENTATIONS: NATIONAL/INTERNATIONAL (+refereed) (continued)

Coping with Critically Ill Children: An Intervention to Improve Mother and Child Outcomes (paper presentation). Sigma Theta Tau International 33<sup>rd</sup> Biennial Convention, Detroit, Michigan, November 5, 1995.+

Coping with Marital Separation: Strategies to Improve Parent and Child Outcomes (workshop presentation). The National Association of Pediatric Nurse Associates and Practitioners' 16<sup>th</sup> Annual National Nursing Conference on Pediatric Primary Care, Nashville, Tennessee, March 17, 1995.+

Coping with Unplanned Childhood Hospitalization: The Mediating Functions of Parental Beliefs (paper presentation). Sigma Theta Tau International, Biennial Convention, Indianapolis, Indiana, November 30, 1993.+

Coping with Unplanned Childhood Hospitalization: The Mediating Functions of Parental Beliefs (poster presentation). The American Nurses Association Council of Nurse Researchers 1993 Scientific Sessions, Washington, D.C., November 14, 1993.+

Coping with Unplanned Childhood Hospitalization: Effects of Informational Interventions on Mothers and Children (paper presentation). "Coping with Illness: Process and Outcome", a national conference sponsored by the University of Rochester School of Nursing and Cancer Center, Strong Memorial Hospital Nursing Practice, October 9, 1993.+

Coping with Unplanned Childhood Hospitalization: Effects of Informational Interventions on Mothers and Children (paper presentation). The National Association of Pediatric Nurse Associates and Practitioners' 14th Annual Conference, Anaheim, California, April 3, 1993; The Association for the Care of Children's Health, 28th Annual Conference, Chicago, Illinois, June 2, 1993.+

Interventions to Enhance Maternal and Child Coping with Unplanned Childhood Hospitalization (invited paper presentation). "Key Aspects of Caring for the Acutely Ill", a national conference sponsored by the University of North Carolina at Chapel Hill, School of Nursing, April 24, 1993.

Advanced Practice: A Hybrid Model (invited presentation). "Challenges and Innovations: Nurse Practitioner Education Toward the 21st Century", Annual Conference of the National Organization of Nurse Practitioner Faculties. Chicago, Illinois, April 17, 1993.

Coping with Unplanned Childhood Hospitalization: Effects of Informational Interventions on Mothers and Children (paper presentation). International State of the Science congress, Washington, D.C., August 12, 1992.+

The Effects of Selected Information on Mothers' Anxiety Levels During Their Children's Hospitalization (paper presentation). Annual Conference, National Association of Pediatric Nurse Associates and Practitioners, Boston, Massachusetts, March 23, 1988.+

The Effects of Selected Information on Mothers' Anxiety Levels During Their Children's Hospitalization (paper presentation). National Annual Conference on Nursing Research, Baltimore, Maryland, March 26-27, 1987.+

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed)

Advancing and Sustaining Evidence-Based Practice to Reach the Quintuple Aim in Healthcare. (Grand Rounds)\_UMass Medical School-Graduate School of Nursing Lillian Goodman Lecture Series. Boston, Massachusetts, April 11, 2023.

Battling Burnout and Enhancing Nurse/Clinician Well-being Through Character-Building Times: Evidence-based Tactics that Work! (invited keynote)\_UMass Medical School-Graduate School of Nursing Lillian Goodman Lecture Series. Boston Massachusetts, April 11, 2023.

Enhancing Nurse Well-being and Building Wellness Cultures that Sustain Through Character-Building Times: Evidence-based Tactics that Work! (invited keynote) University of Maryland Ann Otney Cain Lecture in Psychiatric Mental Health Nursing. Virtual. March 2, 2023.

Enhancing Nurse Well-being and Building Wellness Cultures that Sustain Through Character-Building Times: Evidence-based Tactics that Work! (invited keynote)\_Regional CNO Collaborative to Discuss Nurse Retention Strategies, Jawacdah Farms & Conference Center, Batesville, IN, November 15, 2022.

Future of Nursing Panel (invited webinar panelist) SSM Health Nursing Leadership Retreat, virtual, November 10, 2022.

Evidence-based Practice Plus Clinician Wellbeing Equals the Quadruple Aim in Healthcare: Strategies that Work! (invited keynote) Western Pennsylvania ANIA Chapter Meeting, invited virtual presentation, November 3, 2022.

Finding Joy and Enhancing Well-being Through Character-Building Times: Evidence-based Tactics that Work! (invited keynote) Kentucky Organization of Nurse Leaders, virtual, October 20, 2022.

Working Parent Burnout: Tips and Tricks to Enhance Health, Wellbeing and Energy (invited webinar). The University of Texas MD Anderson Cancer Center, August 11, 2022.

Key Tactics to Enhance Health, Well-being and Energy (invited presentation). Big 10 Development Conference, Columbus, OH, August 9, 2022.

Achieving Healthcare's Quadruple Aim with EBP, Research & Clinician Wellbeing: Key Tactics for Success (invited presentation). NYU Langone Hospitals Departments of Nursing Margaret L. McClure Visiting Nurse Scholar Program, New York City, NY, June 13, 2022.

R U OK 2DAY? Evidence-based Strategies to Enhance Optimal Health and Well-being (invited keynote), Saint Joseph's University Medical Center, Paterson, NJ, May 13, 2022.

Building Wellness Cultures and Systems to Improve Population Health Outcomes (invited presentation). The Institute of Living, Department of Nursing, Hartford HealthCare, Annie W. Goodrich Distinguished Lectureship, (virtual), May 12, 2022.

Battling Burnout and Enhancing Clinician Well-being: Evidence- based Strategies that Work! (invited presentation). University of Illinois Chicago Hospital and Health Sciences System Nurse Wellness Seminar Series, (virtual), May 11, 2022.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

R U OK 2DAY? Evidence-based Strategies to Boost Nurse/Clinician Resiliency and Well-being (invited presentation). Lehigh Valley Health Network, (virtual), May 9, 2022.

R U OK 2DAY? Evidence-based strategies to support optimal health and well-being in nursing informatics (invited keynote). Southern California American Nursing Informatics Association Annual Conference, (virtual), January 28, 2022.

Pharmacy Burnout: Evidence to Guide Action Tactics (invited keynote). National Association of Boards of Pharmacy (NABP)/American Association of Colleges of Pharmacy (AACP) District IV Meeting, (virtual), October 21, 2021

Building Wellness Cultures & Resilient Clinicians for Maximum ROI & VOI: Evidence-based Strategies that Work! (invited keynote). Akron Children's Hospital Annual Pediatric Nursing Conference, (virtual), October 7, 2021.

R U OK 2DAY? Evidence-based Strategies to Boost Resiliency and Well-being During the Ongoing COVID-19 Pandemic (invited keynote). Michigan Nurses Association CE Forum, (virtual), September 30, 2021.

Panel Discussion on Mental Health and Wellbeing of Nurses (invited webinar panelist). ANA-California (virtual), September 28, 2021.

Advancing Evidence-Based Practice & Clinician Well-being to Reach the Quadruple Aim in Healthcare: Evidence-based Strategies for Success! (invited keynote). Temple University Hospital Annual Research and EBP Conference (virtual), September 24, 2021.

Building Wellness Cultures to Enhance the Health and Well-Being of Nurses: Evidence Based Strategies that Work (invited keynote). Virginia Nurses Association Fall Conference (virtual), September 23, 2021.

Advancing Evidence-Based Practice & Clinician Well-being to Reach the Quadruple Aim in Healthcare: Evidence-based Strategies for Success! (invited keynote). Alaska Nurse Practitioner Association Annual Nurse Practitioner Conference, (virtual), September 17, 2021.

The "So What" Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice (invited presentation). Alaska Nurse Practitioner Association Annual Nurse Practitioner Conference, (virtual), September 17, 2021.

Improving Mental Health, Resiliency and Job Satisfaction in Nurses with the Evidence-based MINDBODYSTRONG™ Program (invited presentation). Arkansas Nurses Association Suicide in Nursing webinar series, September 16, 2021

Building Wellness Cultures & Resilient Clinicians for Maximum ROI & VOI: Evidence-based Strategies that Work! (invited keynote). Mayo Clinic Holistic Health and Wellbeing Conference (virtual), July 22, 2021.

Advancing Evidence-Based Practice & Clinician Well-being to Reach the Quadruple Aim in Healthcare: Evidence-based Strategies for Success! (invited keynote). West Virginia League for Nursing Professional Development Workshop, (virtual), May 18, 2021.



PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

COPE: An Evidence-Based Cognitive-Behavioral Skills Building Program to Decrease Depression/Anxiety and Improve Healthy Behaviors in Children and Adolescents (invited keynote). Maine Chapter of American Academy of Pediatrics Spring Conference, (virtual), May 1, 2021.

Advancing Evidence-based Practice and Clinician Well-being to Achieve Healthcare's Quadruple Aim: Strategies that Work! (invited keynote). Wisconsin Nurses Association 35<sup>th</sup> Annual APRN Pharmacology & Clinical Update, (virtual), April 15, 2021.

The "So What" Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice (invited breakout session). Wisconsin Nurses Association 35<sup>th</sup> Annual APRN Pharmacology & Clinical Update, (virtual), April 15, 2021.

Transformation Related to COVID 19: Impact on Mental Health and Social Isolation – Experience of Big 10 Nursing Programs (special session). Midwest Nursing Research Society 2021 Virtual Annual Research Conference, March 25 2021.

Narrowing the research-practice time gap to improve population health and well-being outcomes: Evidence-based translation strategies that work (invited keynote). IUPUI Center for Translating Research into Practice, Campus presentation (virtual), February 25, 2021.

Speeding the Translation of Research into Real-World Community Settings to Improve Health Outcomes: A Call to Action (invited presentation). IUPUI Center for Translating Research into Practice, Community Discussion (virtual), February 24, 2021.

Building Resiliency and Optimal Well-being in Clinicians: Evidence-based Strategies that Work (invited presentation). Indiana University Department of Medicine Grand Rounds (virtual), December 4, 2020.

Building Resiliency and Enhancing Optimal Health and Well-being in Dentists, Faculty, Staff and Students: Evidence-based Strategies that Work! (invited presentation). A.T. Still University Missouri School of Dentistry & Oral Health, (virtual), November 19, 2020.

Combatting Burnout, Depression, and Suicide in Nurses: Evidence-based Strategies to Enhance Personal Health and Well-being! (invited presentation). Sigma Theta Tau International Honor Society Omega Omicron Chapter, (virtual), November 17, 2020.

Building Resiliency and Optimal Well-being in Healthcare Providers: Evidence-based Strategies that Work! (invited presentation). Diabetes Healthcare Provider Summit, Ohio University, (virtual), October 3, 2020.

Celebrating Centenarians Healthy Lifestyle Behaviors and Factors that Lead to Longevity (invited webinar). Ohio State University Retirees Association, (virtual), September 23, 2020.

Igniting Interprofessional Education and Practice to Improve Population Health & Well-Being Outcomes: Key Strategies for Success (invited keynote). Midwest Interprofessional Practice Education, and Research Center Interprofessional Practice, Education and Research Conference, (virtual), September 17, 2020.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Advancing & Sustaining Evidence-Based Practice and Nurse/Clinician Well-being to Reach the Quadruple Aim in Healthcare: Evidence-based Strategies that Work! (invited keynote). 14th Annual WellSpan Health Collaborative EBP and Nursing Research Conference, (virtual), September 14, 2020.

Stress Busters: Evidence-based Tactics to Stay Calm and Healthy through the COVID-19 Storm (invited keynote). Atlanta Journal-Constitution AJC Celebrating Nurses Excellence, (virtual), August 27, 2020.

Positive Psychology Ways to Flourish During Character-Building Times! (invited webinar). The Ohio State University, August 12, 2020.

Clinician wellbeing: The state of mental health before and after COVID-19 (invited webinar). Health Policy Institute of Ohio, July 20, 2020.

COVID-19 Updates: Addressing Clinician Mental Health- Evidence Based Strategies that Work! (invited webinar). Virginia Nurses Association & Virginia Nurses Foundation, June 24, 2020.

COVID-19: From the Front Lines (invited panel). The Ohio State University Wexner Medical Center, Columbus, OH, April 29, 2020.

Key Strategies for Staying Calm and Allaying Anxiety in Yourself and Your Children During the COVID-19 Pandemic (invited webinar). The Ohio State University, March 19, 2020.

Evidence-based Interventions to Combat Nurse/Clinician Burnout and Improve Overall Well-being: A Necessity for Improving Healthcare Quality & Safety (invited presentation). Creighton University School of Nursing & CHI Health, Visiting Scholar Lecture, Omaha, NE, March 6, 2020.

Advancing Evidence-Based Practice & Clinician Well-being to Reach the Quadruple Aim in Healthcare: Evidence-based Strategies for Success! (invited presentation). Creighton University School of Nursing & CHI Health, Visiting Scholar Lecture, Omaha, NE, March 5, 2020.

Advancing and Sustaining EBP and Clinician Well-being: The Secret Sauce for Achieving the Quadruple Aim in Healthcare (invited presentation). 42nd Annual Association of California Nurse Leaders Program, Rancho Mirage, CA, February 11, 2020.

Igniting Evidence-based Practice & Clinician Well-being to Achieve the Quadruple Aim in Healthcare: Strategies that Work (invited presentation). Central Indiana Organization of Clinical Nurse Specialists Annual Conference, Greenwood, IN, November 7, 2019.

POP (Pet Owner and Pet) Care: Turning Sick Care into Well Care for Homebound Older Adults and Their Pets (invited presentation). Ohio Association of Area Agencies on Aging Annual Conference, Columbus OH, October 31, 2019.

Evidence-based Interventions to Prevent and Manage Depression, Anxiety and Unhealthy Behaviors in Children and Adolescents (invited presentation). Ohio Council of Behavioral Health & Family Services Providers' Annual Conference, Columbus, OH, October 17, 2019.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Evidence-based Practice plus Clinician Well-being to Reach the Quadruple Aim in Healthcare: Key Tactics for Success (invited lecture). The Dean Dolores Sands Memorial Lecture, The University of Texas at Austin School of Nursing, Austin, TX, October 15, 2019.

Building Wellness Cultures & Resilient Clinicians for Maximum ROI & VOI: Evidence-based Strategies that Work! (invited lecture). Syracuse University College of Nursing Whitney Lecture, Syracuse, NY, October 11, 2019.

Advancing and Sustaining EBP and Clinician Well-being: The Secret Sauce for Achieving the Quadruple Aim in Healthcare (invited keynote). First Annual Evidence-based Practice & Research Symposium, Lakeland Regional Health, Lakeland, FL, August 22, 2019.

Igniting Cultures of Evidence Based Practice & Well Being to Achieve the Quadruple Aim in Healthcare: Key Strategies for Success (invited keynote). 31st Annual Rocky Mountain Interprofessional Research and EBP Symposium, UC Health, Westminster, CO, April 16, 2019.

Sustaining Evidence-Based Practice & Clinician Well-Being to Achieve the Quadruple Aim in Healthcare: Strategies That Work! (invited keynote). 23<sup>rd</sup> Annual Research, Evidence-Based Practice and Performance Improvement in Health Care Conference, University of Southern Indiana College of Nursing and Health Professions and Omicron Psi Chapter of Sigma Theta Tau International Nursing Honor Society, Evansville, IN, April 10, 2019.

The PhD Pipeline in Nursing: Sustaining the Science in MNRS Schools (invited panelist). Midwest Nursing Research Society 43<sup>rd</sup> Annual Research Conference, Kansas City, MO, March 29, 2019.

Igniting Evidence-based Practice & Clinician Well-being to Reach the Quadruple Aim in Healthcare: Key Strategies that Work (invited presentation). Kramer School of Nursing & Oklahoma Nurses Association Summer Nurse Leadership Conference, Oklahoma City, OK, June 26, 2019.

Igniting and Sustaining EBP to Meet the Quadruple Aim in Healthcare (invited webinar). California State University, Fresno, Central California Center for Excellence in Nursing, March 14, 2019.

Nurses' Evidence-Based Competencies: Impacting Healthcare Quality, Safety, and Patient Outcomes (invited presentation). The Ruth M. Colket Dialogue and Discourse Series, Children's Hospital of Philadelphia and University of Pennsylvania School of Nursing, Philadelphia, PA, February 27 & 29, 2019.

Building and Sustaining an EBP Culture and Environment: A Key Strategy to Reach Healthcare's Quadruple Aim and Hot off the Press Findings from two National Studies on the EBP Competencies and Nurses' Well-being: Moving from Evidence to Action (invited presentations). 13th Annual Joint Service/Academia Conference, Kaiser Permanente Southern California, February 13, 2019.

Igniting & Sustaining EBP to Achieve the Quadruple Aim in Healthcare: Key Success Strategies (invited presentation). 44th Annual Indiana University Nursing Research Conference, Indianapolis, IN, December 7, 2018.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Igniting Cultures of Evidence-Based Practice & Well Being to Achieve the Quadruple Aim in Healthcare: Key Strategies for Success (invited presentation). Third Annual Illumination Seminar and Scholars Forum: Evidence, Innovation, and Partnership: A Day with Luminary Dr. Bernadette Melnyk, Kaiser Permanente Nurse Scholars Academy and University of San Francisco, School of Nursing and Health Professions, San Francisco, CA, November 29, 2018.

Prioritizing Self-Care: A Must for Optimal Well-being & High Quality Safe Care (invited presentation). Transforming Healthcare Through Evidence-based Practice 2<sup>nd</sup> Annual Evidence-Based Practice Summit, Memorial Sloan Kettering Cancer Center, New York City, NY, November 12, 2018.

Reaching the Quadruple Aim in Healthcare with Evidence-based Practice: Key Strategies for Success (invited presentation). The 24th Annual Nursing Research Evidence-Based Practice Conference, Englewood Health, Tenafly, NJ, November 9, 2018.

Advancing and Sustaining Cultures of EBP and Well-being to reach the Quadruple Aim in Healthcare: Key Strategies for Success (invited lecture). Lieutenant Colonel Isabelle Bagin Annual Lecture, Uniformed Services University of the Health Sciences, Bethesda, MD, November 5, 2018.

Prioritizing Self-Care and Well-being: Evidence-based Strategies that Work! (invited presentation). Big Ten Housing Officers Conference, Columbus, OH, October 23, 2018.

Creating a Culture of Evidence-based Practice and Well-being: The Secret Sauce for Reaching the Quadruple Aim in Healthcare (invited presentation). OAAAPN 28<sup>th</sup> Annual Statewide Conference, Columbus, OH, October 19, 2018.

Advancing and Sustaining Evidence-Based Practice and Clinician Well-being: Key Strategies to Reach the Quadruple Aim in Healthcare (invited presentation). 2018 Annual Conference Southwestern Pennsylvania Organization of Nurse Leaders, Farmington, PA, August 30, 2018.

Building Cultures of Well-being and Improving Population Health Outcomes in Organizations: Evidence-based Strategies that Work! (invited presentation). HealthSCOPE Benefits, Columbus, OH, August 14, 2018.

Building and Sustaining an EBP Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Quadruple Aim in Healthcare and Hot off the Press Findings from two National Studies on the EBP Competencies and Nurses' Well-being: Moving from Evidence to Action and Key Tips for Optimizing Personal Wellbeing and Sustaining Energy for Nurse Leaders: It Can be Done! (invited workshop). 2018 IONE Research Conference, Indiana Organization of Nurse Executives, Indianapolis, IN, August 8, 2018.

Building and Sustaining an EBP Culture and Environment: A Key Strategy to Reach the Quadruple Aim in Healthcare and Speeding the Translation of Research into Best Practice to Improve Healthcare Quality: The "So What" Outcomes and Hot off the Press Findings from a National Nurses' Health Study: Implications for Optimizing Self-Care and Wellbeing (invited workshop). Grambling State University, School of Nursing, Grambling, LA, June 12, 2018

Speeding the Translation of Research into Real World Healthcare Settings to Enhance Evidence-based Practice: Key Strategies for Success (invited presentation). Residents' Conference, University of Kentucky College of Medicine, Department of Radiology, Lexington, KY, June 5, 2018.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Achieving the Quadruple Aim in Healthcare through the Preparation of DNPs as Experts in EBP (invited keynote). 2nd Biennial DNP Faculty Workshop University of Kentucky College of Nursing. Lexington, KY, June 5, 2018.

Optimizing Self-Care and Igniting EBP Competency to Reach the Quadruple Aim in Healthcare: Hot off the Press Findings from Two National Studies (invited presentation). Spring 018 APRN/PA Pediatric Clinical Updates Conference, Akron Children's Hospital, Akron, OH, May 9, 2018.

Optimizing the Health & Well-being of Nurses: Evidence-based Strategies for Success (invited presentation). 2018 Nurses' Week, University of Wisconsin-Madison School of Nursing, Madison, WI, May 7, 2018.

Achieving the Quadruple Aim in Healthcare: EBP, Research, and Clinician Well-being are Key! and The "So What" Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice (invited presentations). 2018 Nursing Research Conference, Thomas Jefferson University Hospital, Philadelphia, PA, May 2, 2018.

Speeding the Translation of Research into Best Practice to Achieve Healthcare's Quadruple Aim: Key Strategies for Success and Hot Off the Press Findings from the National Evidence-based Practice Competency Study: Implications for Igniting and Sustaining Evidence-based Practice (invited presentations). Azusa Pacific University School of Nursing Distinguished Lecture Series and the 14th Annual School of Nursing Research Symposium, Azusa, CA, April 18 & 19, 2018.

The State of Evidence-based Practice Competency in U.S. Nurses: Implications for Practice and Future Research (special session). Midwest Nursing Research Society 42<sup>nd</sup> Annual Research Conference, Cleveland, OH, April 14, 2018.

Advancing and Sustaining Evidence-based Practice: Key Tactics for Success and The "So What" Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice. Nursing Research Collaborative of the Lehigh Valley, Allentown, PA, April 6, 2018.

Achieving the Quadruple Aim in Healthcare with Empowered, Healthy and Evidence-based Nurse Practitioners (invited keynote). Michigan Council of Nurse Practitioners, Detroit, MI, March 16, 2018.

Building Cultures of Wellbeing and Improving Population Health Outcomes in Academic Institutions: Evidence-based Strategies that Work (invited presentation). University of Nebraska Omaha and University of Nebraska Medical Center Wellness Symposium, Omaha, NE, March 8, 2018.

Achieving the Quadruple Aim in Healthcare with EBP: Key Tactics for Success (invited plenary). 44<sup>th</sup> Annual National Conference of the Professional Nurse Educators Group (PNEG), Pittsburgh, Pennsylvania, November 11, 2017.

Achieving the Quadruple Aim with EBP: Best Practice Strategies (invited keynote). New Directions in Nursing Research and Evidence-based Practice, Atlanta VA Health Care System, Children's Healthcare of Atlanta, Emory Healthcare, Emory University School of Nursing and Grady Health System, Atlanta, Georgia, November 3, 2017.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Using the best evidence to promote the mental health of children and adolescents (invited presentation). Children's Hospital of Wisconsin, Brookfield, Wisconsin, November 1, 2017.

Implementing EBP at the bedside: Key strategies for success (invited presentation). Children's Hospital of Wisconsin, Brookfield, Wisconsin, November 1, 2017.

Advancing Evidence Based Practice (EBP): Key Tactics for Success (invited presentation). Greenwich Hospital and Fairfield University Research Conference, Greenwich, Connecticut, September 28, 2017.

Building and Sustaining a Culture and Environment of Wellbeing: Key Strategies for Leaders and Innovators (invited presentation). Healthy Campus Healthy Community, Georgian Court University, Lakewood, New Jersey, April 28, 2017.

Accelerating Evidence-based Practice, Innovation and Entrepreneurship in Nursing Education: A Case for Urgent Action and Promoting Health & Wellness in the Workplace: Key Evidence-based Strategies for Success (invited presentations). Nursing PhD Student April On Campus Days, Sinclair School of Nursing, University of Missouri, Columbia, Missouri, April 27, 2017.

Sustaining EBP to Reach the Quadruple Aim in Healthcare: Key Strategies for Success (invited presentation). Innovation and Research Day, Ohio State University Wexner Medical Center The James, Columbus, Ohio, April 25, 2017.

Evidence-based Tips for Improving Heart Health (invited presentation). The Ohio State University Alumni Association, Columbus, Ohio, April 18, 2017.

Building and Sustaining an EBP Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Quadruple Aim (invited workshop). Mary Black School of Nursing, University of South Carolina Upstate, Spartanburg, Tennessee, March 16, 2017.

Nurses as Evidence-based Practice Experts and Innovators of Care and Promotion and Implementation of a Culture of Evidence-based Practice, Nursing Innovation, & Wellness (invited presentations). Lubbock Christian University Department of Nursing, Lubbock, Texas, March 9, 2017.

Background and Overview of the Research Study (invited presentation). Cities & Communities with Heart Initiative, Nashville, Tennessee, February 27, 2017.

Building and Sustaining a Culture and Environment of Wellbeing: Key Strategies for Leaders and Innovators. University System of Georgia Well-being Kickoff Meeting, Macon, Georgia, February 15, 2017.

Using and Generating Evidence to Guide Best Practice and Reach the Quadruple Aim in Healthcare: Key Strategies for Success and Mentorship and Leadership to Enhance Evidence-based Practice: Crucial Tactics for Sustainability (invited keynote and invited presentation). 5th Annual Penn Medicine Nursing Research Conference, Catalyzing Research in Nursing Practice, Philadelphia, Pennsylvania. December 6, 2016.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Speed the Translation of Research into Practice and Dream Past the Possible to Improve Healthcare Quality and Patient Outcomes (invited workshop). 28<sup>th</sup> Annual Harold C. Johns Distinguished Nursing Lectureship, Henry Ford Health System, Detroit, Michigan. November 3, 2016.

Igniting and Sustaining Evidence-based Practice to Reach the Quadruple Aim in Healthcare: Key Strategies for Success (invited). 1st Annual Distinguished Nursing Lecture, Sinai Hospital, Baltimore, Maryland. October 18, 2016.

Igniting and Sustaining Evidence-based Practice to Reach the Quadruple Aim in Healthcare: Key Strategies for Success (invited keynote). 19th Annual Cincinnati Children's APRN Conference, Cincinnati Children's Hospital, Cincinnati, Ohio. October 14, 2016.

Advancing and Sustaining Evidence-based Practice I Clinical and Academic Settings to Improve Quality and Population Health Outcomes (invited keynote). Second Annual Innovations Conference, Niagara University School of Nursing, Niagara Falls, New York. October 7, 2016.

Urban Health (invited presentation). *Data Driven '16* Conference, Community Research Partners, Columbus, Ohio. September 30, 2016.

Igniting and Sustaining Evidence-based Practice to Reach the Quadruple Aim in Healthcare: Key Strategies for Success (invited keynote). OSF Healthcare System, Peoria, IL, July 7, 2016.

Reach the Quadruple Aim (invited presentation). Sentara Nursing Leadership Annual Conference, Virginia Beach, Virginia, May 19, 2016.

Igniting and Sustaining Research and Evidence-based Practice to meet the Quadruple Aim in Healthcare (invited keynote). Long Beach Memorial Miller Children's & Women's Hospital Long Beach 8<sup>th</sup> Annual Nursing Research Conference, Long Beach, California, May 12, 2016.

Boosting and Sustaining Evidence-based Practice in Healthcare: A Key Strategy to Reach the Quadruple Aim (invited keynote). BayCare Health System 2016 Nurses Week, Dunedin, Florida, April 29, 2016.

Key Strategies for Implementing and Sustaining EBP (invited presentation). 2016 Shields Lecture Nursing and Evidence: Perspectives and Dialogue, Indiana University South Bend School of Nursing, South Bend, Indiana, April 22, 2016.

Designing Intervention Studies (pre-conference workshop presentation). Midwest Nursing Research Society 2016 Annual Conference, Milwaukee, Wisconsin, March 17, 2016.+

Key Strategies for Building and Sustaining Evidence-based Practice: What Works! (invited presentation). Catherine Kneut Lecture Series, Boston Children's Hospital, Boston, Massachusetts, March 11, 2016.

Building and Sustaining an EBP Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Quadruple Aim and Hot off the Press Findings from a National Survey with Nurse Leaders: Moving from Evidence to Action and Key Tips for Optimizing Personal Wellness and

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Sustaining Energy for Nurse Leaders: It Can be Done! (invited presentations). Evidence-Based Leadership: Key Strategies for Building a Sustainable EBP Culture, Rochester Regional Health, Rochester, New York, January 29, 2016.

Creating a Vision for Evidence-based Practice (5-day immersion invited). Clinical and nursing professionals various U.S. Air Force Healthcare settings, worldwide. Wright-Patterson Air Force Base, Ohio, December, 15, 2015.

Key Strategies for Leaders in Building and Sustaining Evidence-based Practice (invited keynote). Florida Organization of Nurse Executives Pre-conference, Orlando, Florida, November 11, 2015.

Implementing Evidence-based Practice in Real World Practice Settings: Key Strategies for Conducting and Disseminating EBP Implementation Projects and Transcending Boundaries to Transform Healthcare through Intervention Research and Evidence-based Practice and The So What Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice (invited discussion; invited keynote; invited presentation). Lehigh Valley Health Network Nursing Research Day 2015, Allentown, Pennsylvania, October 29 & 30, 2015.

Sitting is the New Smoking: Evidence-Based Strategies that Build Cultures of Wellness and Promote Healthy Lifestyle Behaviors (invited keynote). Ohio Society for Public Health Education: 2015 Health Educators' Institute, Mt. Sterling, Ohio, October 22, 2015.

Building and Sustaining an Evidence-Based Practice Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Triple Aim in Healthcare – Parts 1 and 2 (invited presentations). Virginia Organization of Nurse Executives and Leaders Fall Conference 2015, Virginia Beach, Virginia, September 25, 2015.

Building and Sustaining an Evidence-Based Practice Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Triple Aim in Healthcare – Parts 1 and 2 and Healthy Nurses/Healthy Patients: Key Strategies for Building and Sustaining Optimal Health and Wellness Cultures & Environments (invited presentations). Stanford Healthcare, Stanford, California, June 24, 2015.

Promoting Best Outcomes through Inter-Professional Education and Evidence-based Practice (invited presentation). University of Louisville School of Nursing, Louisville, Kentucky, June 18, 2015.

Improving Healthcare Quality, Patient Outcomes and Cost Reductions with EBP and ARCC: Key Strategies for Reaching Healthcare's Triple Aim (invited keynote). Billings Clinic Interprofessional Evidence-based Practice and Research Symposium, Billings, Montana, May 5, 2015.

Igniting and Sustaining Research and Evidence-based Practice to Meet the Triple Aim in Healthcare: Key Strategies for Success (invited keynote). 14th Annual Research and Evidence-Based Practice Conference, UCLA Health, Los Angeles, California, April 22, 2015.

Making a Case for Evidence-Based Practice: Asking the "So What" Question; Understanding Critical Appraisal: Intervention/Treatment Studies as Exemplars; and Creating a Vision and Executing in Teams for Success (invited workshop presentations). 14th Annual Research and Evidence-Based Practice Conference, UCLA Health, Los Angeles, California, April 21, 2015.



PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Chief Nurse Executives' Evidence-based Practice Beliefs and Implementation: Implications for U.S. Healthcare Systems (presentation). Midwest Nursing Research Society 2015 Annual Conference, Indianapolis, Indiana, April 17, 2015.+

Designing Intervention Studies (pre-conference workshop presentation). Midwest Nursing Research Society 2015 Annual Conference, Indianapolis, Indiana, April 16, 2015.+

Transcending Boundaries to Transform Healthcare through Intervention Research and EBP and The So What Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice and Healthy Nurse/Healthy Patient: Key Strategies for Optimal Health and Wellness (invited presentations). Providence St. Vincent Medical Center Annual Harriett Osborn Jeckell Foundation Conference, Portland, Oregon, March 5 & 6, 2015.

Improving Quality of Care, Patient Outcomes and Costs with Evidence-based Practice and the ARCC Model and Speeding the Translation of Research into Real World Healthcare Settings to Enhance Best Practices: The "So What" Outcome Factors (invited presentations). Eastern Area Health Education Center with East Carolina University College of Nursing, Vidant Health System and Sigma Theta Tau, Beta Nu Chapter, 24th Annual Collaborative Nursing Research Day, Greenville, North Carolina, February 13, 2015.

Healthy Nurse/Healthy Patient: Key Strategies for Optimal Health and Wellness (invited presentation). Beta Nu Chapter of Sigma Theta Tau International, Greenville, North Carolina, February 12, 2015.

Building Evidence-based Programs to Improve "So what" Outcomes in Children, Teens and Families through Intervention Research: Key Strategies for Success (invited webinar). Montana State University College of Nursing, February 2, 2015.

Transcending Boundaries to Transform Healthcare through Intervention Research and EBP and The "So What" Outcome Factor in Research and EBP Projects: A Necessity to Speed the Translation of Research into Practice (invited presentations). Legacy Health Introducing Nursing Leadership Series, Leaders and Legends, Portland, Oregon, January 16, 2015.

Improving Healthcare Quality, Patient Outcomes and Return on Investment with Evidence-based Practice and the ARCC Model (invited keynote). Mount Sinai Health System Cardiology Nurse Practitioner Symposium, New York City, New York, November 21, 2014.

Key Strategies for Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and ARCC (invited keynote). The 5th Annual NewYork-Presbyterian Hospital Nursing Research & Evidence Based Practice Symposium, New York City, New York, November 12, 2014.

Improving Healthcare Quality, Reliability and Costs with Evidence-based Practice: Key Strategies for Success (invited keynote). 9th Annual Nursing Research Conference, Newark, Delaware, November 7, 2014.

Improving Quality of Healthcare and Patient Outcomes through Evidence-based Practice and ARCC: Key Strategies for Success (invited keynote). Northeast Pennsylvania Nursing Educators Consortium and the East Stroudsburg University of Pennsylvania Nursing Department, East Stroudsburg, Pennsylvania, October 31, 2014.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Building and Sustaining an Evidence-Based Practice Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Triple Aim in Healthcare (invited workshop). Siemens Healthcare, Siemens Medical Solutions, USA, Malvern, Pennsylvania, October 30, 2014.

Key Strategies for Implementing and Sustaining Evidence-based Practice (invited keynote). Memorial Sloan-Kettering Cancer Center, New York City, New York, October 13, 2014.

Igniting Evidence-based Practice in Nursing and Healthcare: Key Strategies for Success (invited keynote). Nursing Department at College of DuPage, Glen Ellyn, Illinois, October 3, 2014.

Transforming Healthcare and Improving Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). Houston Methodist in collaboration with Houston Methodist Research Institute, Houston, Texas, September 26, 2014.

1st Annual Interprofessional Evidence-Based Practice Conference Catch the EBP Fever! Building a Foundation for Clinical Decision-Making (invited workshop). Trinity Mother Frances Hospitals and Clinics in conjunction with The University of Texas at Tyler, Tyler, Texas, September 25, 2014.

Transforming Healthcare and Improving Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). Atlantic Health System, Morristown, New Jersey, September 15, 2014.

8<sup>th</sup> Annual Evidence-Based Practice and Research Conference (invited workshop). VISN 5 Washington DC VA Medical Center, Linthicum Heights, Maryland, June 26, 2014.

EBP Champion & Mentor Workshop (invited workshop). Children's Hospital Los Angeles, Los Angeles, California, June 11-13, 2014.

Speeding the Translation of Research Findings into Best Practices: The "So What" Outcome Factors that Matter in Real World Healthcare Settings (invited keynote). Excelsa Health Interprofessional Education Series, Westmoreland Hospital, Greensburg, Pennsylvania, May 23, 2014.

Improving Healthcare Quality, Reliability and Costs with Evidence-based Practice: Key Strategies for Success (invited keynote). 2014 Clinical Research Forum, UPMC St. Margaret, Pittsburgh, Pennsylvania, May 23, 2014.

Improving Healthcare Quality, Reliability and Costs with Evidence-based Practice: Key Strategies for Success (invited keynote). Hallmark Health System 6th Annual Christine Cameron Symposium on Evidence-Based Practice and Quality Care Using Research Evidence: Educated Caregivers Improving Care, Woburn, Massachusetts, May 9, 2014.

Transcending Boundaries to Transform Healthcare through Intervention Research and EBP (invited keynote). Emory University Hospital Midtown, Atlanta, Georgia, May 8, 2014.

Healthy Nurse/Healthy Patient Key Strategies for Optimal Health and Wellness (invited keynote). Doctoral Student Organization Presents The Nursing Research Consortium, George Mason University College of Nursing, Fairfax, Virginia, April 25, 2014.

Improving Healthcare Quality, Safety, Patient Outcomes and Costs with Evidence-based Practice and Speeding the Translation of Research into Real World Healthcare Settings to Enhance Best

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Practices: The “So What” Outcome Factors (invited presentations). The Oregon Nursing Research & Quality Consortium Conference, Salem, Oregon, April 14, 2014.

Improving Healthcare Quality & Patient Outcomes with Evidence-based Practice and ARCC (invited presentation). Jean Vallance Lecture in Nursing Innovation, Pennsylvania State University College of Nursing, State College, Pennsylvania, April 5, 2014.

Differences in BMI, Self-Concept and Perceived Difficulty in Leading a Healthy Lifestyle between Hispanic and Non-Hispanic Teens (symposium presentation). Midwest Nursing Research Society 38th Annual Research Conference, St. Louis, Missouri, March 27, 2014.+

Designing Intervention Studies (pre-conference workshop). Midwest Nursing Research Society 38<sup>th</sup> Annual Research Conference, St. Louis, Missouri, March 27, 2014.+

Transcending Boundaries to Transform Healthcare through Intervention Research and Evidence-based Practice (invited keynote). Illinois Medical Oncology Society Annual Membership Conference, Chicago, Illinois, March 21, 2014.

Improving Child and Adolescent Health Outcomes with Evidence-based Practice: Key Strategies for Success (invited keynote). 41<sup>st</sup> Annual Ohio Association of School Nurses State Conference, Dublin, Ohio, February 21, 2014.

Fostering Innovation and Evidence-based Practice in Healthcare Systems: Essential Elements for Meeting the Triple Aim (invited speaker). ONE-CT Annual Meeting, Hartford, Connecticut, January 16, 2014.

Improving Healthcare Quality, Patient Outcomes and Costs with Evidence-based Practice and the ARCC Model (invited speaker). MidState Medical Center Nursing Grand Rounds, Hartford, Connecticut, January 16, 2014.

Ensuring Patient Safety and High Quality, Cost-Effective Care through Evidence-based Practice (invited seminar). Dr. Marie S. Gustin Nursing Excellence Conference, New Britain, Connecticut, November 22, 2013.

Assessment and Evidence-based Management of Children and Adolescents with Depression and Anxiety Disorders and Improving Quality of Care and Mental Health Outcomes with Evidence-based Practice (invited plenary). 37<sup>th</sup> Annual New York State Office of Mental Health Chief Nursing Officers Organization Educational Conference, Callicoon, New York, November 6, 2013.

Using Evidence-based Practice to Improve Quality and Outcomes (invited seminar). Fourth Annual Sparrow Nursing Research Symposium, Bath, Michigan, November 1, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and ARCC (invited keynote). Berks Regional Nursing Research Alliance 4<sup>th</sup> Annual Nursing Research and Evidence-based Best Practice Symposium, Reading, Pennsylvania, October 30, 2013.

Achieving Magnet Excellence: Implementing EBP – Real World Success Stories (invited speaker). An EBP Education Program for Nurses, Reading Hospital, West Reading, Pennsylvania, October 29, 2013.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). 25<sup>th</sup> Annual Greater Pittsburgh Nursing Research Conference, Pittsburgh, Pennsylvania, October 25, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based practice and the ARCC Model (invited speaker). Points of Caring: Aultman Honors Program for Outstanding Nursing and Clinical Support, Aultman Hospital, North Canton, Ohio, October 14, 2013.

Improving Quality of Care, Patient Outcomes and Costs with Evidence-based Practice and the ARCC Model (invited keynote). 20<sup>th</sup> Annual Pediatric Nursing Conference – Kids’ 2013: Best Practices Today and Beyond, Akron, Ohio, October 10, 2013.

Speeding the Translation of Research into Practice: The “So What” Outcome Factor in Research & Evidence-based Practice and PhD/DNP Similarities and Differences (invited speaker). Duquesne University School of Nursing, Pittsburgh, Pennsylvania, August 23, 2013.

Speeding the Translation of Research into Real World Healthcare Settings to Enhance Best Practices: The “So What” Outcome Factors (invited keynote). TEACH Workshop. New York Academy of Medicine, New York, New York, August 7, 2013.

Commencement Speaker (invited speaker). Crouse Hospital College of Nursing, Syracuse, New York, May 22, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model and The “So What” Factor in a Time of Healthcare Reform: Conducting Research and EBP Projects that Impact Healthcare Quality, Costs and Patient Outcomes (invited keynote). Building on a Century of Excellence – Shaping our Future with Evidence Based Practice, Crouse Hospital College of Nursing, Syracuse, New York, May 22, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and ARCC and The “So What” Outcome Factors: Key Ingredients for Research and EBP Projects (invited keynotes). Cabell Huntington Hospital and Marshall University School of Nursing First Annual Evidence-based Nursing Conference, Huntington, West Virginia, May 3, 2013.

PhD and DNP Similarities and Differences (invited speaker). Quinnipiac College, Hamden, Connecticut, April 29, 2013.

Using Transdisciplinary Evidence-based Practice to Improve Healthcare Quality and Patient Outcomes (invited speaker). Rho Pi Chapter of Sigma Theta Tau International, Shenandoah University, Winchester, Virginia, April 26, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited speaker). Saint Louis University School of Nursing Inaugural The Valentine Endowed Lecture Series, St. Louis, Missouri, April 1, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model and The “So What” Factor in a Time of Healthcare Reform: Conducting Research & EBP Projects that Impact Healthcare Quality, Cost and Patient Outcomes (invited keynote). Baptist Center for Education & Organizational Development, Baptist Centennial Nursing Research Symposium, Memphis, Tennessee, November 9, 2012.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Healthy Work Environment (invited keynote). The Ohio Organization of Nurse Executives Fall Conference, Dublin, Ohio, November 7-9, 2012.

Evidence-based Practice Workshop (invited speaker). Massachusetts/Rhode Island League of Nursing Annual Meeting, Sutton, Massachusetts, October 26, 2012.

Assessment and EB Management of depression and Anxiety Disorders in PPC: COPE for Teens (invited speaker). Pediatric Potpourri, Primary & Acute Care, Ohio Chapter National Association of Pediatric Nurse Practitioners, Columbus, Ohio, October 19-20, 2012.

Creating and Sustaining Excellence in Nursing Care through Evidence-based Practice: Making it Happen in Real World Settings and The “So What” Factor in a Time of Healthcare Reform: Conducting Research & EBP Projects that Impact Healthcare Quality, Cost and Patient Outcomes (invited speaker). The Anne Blincoe Conboy Lecture Series, Spalding University, Louisville, Kentucky, October 18, 2012.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice & the ARCC Model (invited speaker). School of Nursing Annual Distinguished Lectureship, Saint Peter’s University, Jersey City, New Jersey, October 1, 2012.

The “So What” Factor in a Time of Healthcare Reform: Conducting Research and EBP Projects that Impact Healthcare Quality, Cost and Patient Outcomes and Igniting and Sustaining Evidence-based Practice in Healthcare and Academic Settings (invited keynote). Cone Health 7<sup>th</sup> Annual Nursing Research and Evidence-Based Practice Symposium. Greensboro, North Carolina, September 14, 2012.

Distinguishing the Roles of the PhD and DNP Graduate (invited presentation). Deans of Nursing Big Ten Conference Institutions/Commission on Institutional Cooperation (CIC) Invitational Conference entitled “*Promoting Quality and Excellence in DNP Education.*”, Chicago, Illinois, August 23-24, 2012.

Improving Quality of Care and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). SUNY Downstate Medical Center Department of Nursing Services & College of Nursing, Nursing Research and Evidence-Based Practice Conference, Brooklyn, New York, May 22, 2012.

Lighting the Way to Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited keynote). Cleveland Clinic 8<sup>th</sup> Annual Nursing Research Conference, Cleveland, Ohio, May 8, 2012.

The “So What” Factor in a Time of Healthcare Reform: Conducting Research & EBP Projects that Impact Healthcare Quality, Cost and Patient Outcomes (invited keynote). University of Toledo 6<sup>th</sup> Annual School of Nursing Research Day, Toledo, Ohio, April 23, 2012.

Mental Health Correlates of Healthy Lifestyle Beliefs and Behaviors in Culturally Diverse Adolescents. Midwest Nursing Research Society (MNRS), 36<sup>th</sup> Annual Research Conference, Dearborn, Michigan, April 12-15, 2012.+

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Implementing and Sustaining Evidence-based Practice in Healthcare and Academic Settings (round table). Western Institute of Nursing (WIN), 44<sup>th</sup> Annual Nursing Research Conference, Las Vegas, Nevada, April 15, 2011.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model and Building Knowledge, Reducing Hospital Costs and Improving Outcomes for Premature Infants and Parents with COPE (invited keynote). West Virginia University School of Nursing 50th Anniversary Research Workshop, Morgantown, West Virginia, October 22, 2010.

Igniting and Sustaining EBP across Healthcare and Academic Settings (invited Visiting Scholar). University of South Florida, Tampa, Florida, September 2-3, 2010.

Advancing & Sustaining Evidence-based Practice in Clinical and Academic Settings (invited keynote). University of Missouri Nursing Conference on EBP, Columbia, Missouri, April 21-22, 2010.

EBP Culture, EBP Implementation, & Intent to Leave in Nurses and Health. Western Institute of Nursing Conference: 2010 Communicating Nursing Research Conference, Glendale, Arizona, April 14-17, 2010.+

Key Strategies for Implementing and Sustaining EBP in Healthcare Systems and Making a Case to Accelerate EBP in Healthcare Systems Across the United States (invited web seminar). Siemens CNO Encounter, Malvern, Pennsylvania, February 9, 2010.

Igniting and Sustaining Evidence-based Practice in Healthcare Settings (invited keynote). Nurses Week 2010 at Saint Peters University Hospital, New Brunswick, New Jersey, May 5-6, 2010.

Evidence-based Practice & Translational Science: Key Strategies for Improving Quality of Care and Patient Outcomes (invited keynote). University of Minnesota Annual Nursing Research Day, Minneapolis, Minnesota, April 23, 2010.

Advancing & Sustaining Evidence-based Practice in Clinical and Academic Settings (invited keynote). University of Missouri Nursing Conference on Evidence-based Practice, Columbia, Missouri, April 21-22, 2010.

EBP Culture, EBP Implementation, & Intent to Leave in Nurses and Health Professionals (symposium). Western Institute of Nursing Annual Communicating Nursing Research Conference, Glendale, Arizona, April 16, 2010. +

Creating a Culture of Innovation in Nursing Education (invited keynote). National Institute for Nursing Education & Scholarship at the University of Northern Colorado, Greeley, Colorado, April 9, 2010.

Igniting & Sustaining Evidence-based Practice Across the U.S. & Globe (invited keynote). Global Health Providing Quality Care by Implementing Evidence Based Nursing: Loma Linda University School of Nursing, Loma Linda, California, April 8, 2010.

Transformation of Healthcare through Evidence-based Practice and Interprofessional Collaboration (invited distinguished lecturer). University of Akron College of Nursing, Akron, Ohio, March 23, 2010.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Sustaining Evidence-Based Practice in Clinical and Academic Settings (roundtable). Western Institute of Nursing (WIN) 42<sup>nd</sup> Annual Communicating Nursing Research Conference, Salt Lake City, Utah, April 24, 2009.

Understanding and Promoting Healthy Lifestyles in Adolescents (symposium). Western Institute of Nursing (WIN) 42<sup>nd</sup> Annual Communicating Nursing Research Conference, Salt Lake City, Utah, April 23, 2009.+

Evidence-Based Practice Workshop (invited seminar). Keuka College, Canandaigua VA Medical Center, Canandaigua, New York, May 28, 2009.

Evidence-Based Practice Workshop (invited seminar). Siemens CNO Encounter, Bonita Springs, Florida, May 3, 2009.

Igniting and Sustaining Evidence-Based Practice in Healthcare Settings (invited keynote). Mayo Clinic, Rochester, Minnesota, July 24, 2008.

Improving Outcomes in Premature Infants, Critically Ill Children & Parents with COPE (invited speaker). Mayo Clinic, Rochester, Minnesota, July 24, 2008.

Evidence-Based Practice Workshop (invited seminar). Queens Hospital Center, Jamaica, New York, July 1, 2008.

The Latest on Evidence-Based Practice in the United States and Throughout the Globe (invited speaker). Drexel University, Philadelphia, Pennsylvania, June 25, 2008.

Igniting and Sustaining Evidence-Based Practice in Healthcare Settings (invited speaker). Drexel University, Philadelphia, Pennsylvania, June 25, 2008.

Mental Health Screening in Children and Adolescents – Making it Happen in the Office Setting (invited speaker). University of Missouri, Columbia, Missouri, June 20, 2008.

Assessment of Mood and Anxiety Disorders in Children and Teens (invited speaker). University of Missouri, Columbia, Missouri, June 20, 2008.

Evidence-Based Practice Workshop (invited seminar). Nebraska Methodist College, Omaha, Nebraska, May 16, 2008.

Evidence-Based Practice Workshop (invited seminar). Blue Cross Blue Shield of Florida, Jacksonville, Florida, April 23, 2008.

Igniting and Sustaining Evidence-Based Practice in Healthcare Settings (invited speaker). Stanford Hospitals and Clinics Dinner, Palo Alto, California, April 8, 2008.

Evidence-Based Practice Workshop (invited seminar). Winter Park Memorial Hospital, Winter Park, Florida, April 3-4, 2008.

Evidence-Based Practice: Bridging the Research-Practice Gap (invited keynote). University of Michigan, Ann Arbor, Michigan, March 13, 2008.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Evidence-Based Practice Workshop (invited). University of North Florida, Jacksonville, Florida, February 21-22, 2008.

Supporting Positive Parenting: The COPE-NICU Program (invited speaker). 2008 March of Dimes Conference, Costa Mesa, California, January 24, 2008.

Igniting Evidence-Based Practice in Clinical Settings (invited keynote). 2008 March of Dimes Conference, Costa Mesa, California, January 24, 2008.

Transforming Healthcare: Igniting and Sustaining Evidence-Based Practice in Clinical Settings (invited keynote). Albany Medical Center, Albany, New York, October 23, 2007.

Evidence-Based Practice Workshop (invited). St. Mary's Hospital, Richmond, Virginia, January 17-18, 2008.

Evidence-Based Practice Workshop (invited). Bronson Healthcare Group, Kalamazoo, Michigan, December 6, 2007.

Integrating Mental and Physical Health in Pediatric Clinical Settings: KySS & COPE (invited speaker). Albany Medical Center, Albany, New York, October 23, 2007.

Evidence-Based Practice in Primary Care (invited speaker). 13<sup>th</sup> Annual Clinical Issues in Pediatrics Conference, Las Vegas, Nevada, October 19, 2007.

Evidence-Based Practice Workshop (invited). University of Central Florida, Orlando, Florida, October 16, 2007.

The Role of Leaders in Building and Sustaining an Evidence-Based Culture (invited speaker). Children's Hospital of Wisconsin, Milwaukee, Wisconsin, September 26, 2007.

Evidence-Based Practice for Advanced Practice Nurses (invited speaker). Children's Hospital of Wisconsin, Milwaukee, Wisconsin, September 26, 2007.

Igniting and Sustaining Evidence-Based Practice in Healthcare Settings (invited keynote). Well Star Help System, Marietta, Georgia, September 21, 2007.

Evidence-Based Practice Workshop (invited seminar). California State University – Long Beach, Long Beach, California, August 28-29, 2007.

Evidence-Based Practice Workshop (invited) Anchorage, Alaska, August 22-25, 2007.

Bridging the Research-Practice Gap: Moving Evidence to Action with Evidence-Based Practice (invited speaker). American Association of Diabetes Educators, St. Louis, Missouri, August 3, 2007.

Evidence-Based Practice Workshop (invited). Indiana University, Indianapolis, Indiana, May 16, 2007.

Evidence-Based Practice Workshop (invited seminar). Meridian Ann May Center for Nursing, Neptune, New Jersey, May 4, 2007.



PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Empowering Patients and Nurses as Partners in Evidence-Based Practice Care (invited visiting scholar). University of California - Los Angeles, Los Angeles, California, April 26, 2007.

Dream Big: Make Evidence-Based Practice a Reality (invited visiting scholar) University of Oklahoma, Oklahoma City, Oklahoma, March 9, 2007.

Igniting the Fire of Evidence-Based Practice in Clinical Staff (invited visiting scholar) University of Oklahoma, Oklahoma City, Oklahoma, March 9, 2007.

The Impact of Evidence-Based Practice on Clinical Outcomes (invited visiting scholar) University of Oklahoma, Oklahoma City, Oklahoma, March 9, 2007.

Igniting the Evidence-Based Practice Fire in Students (invited visiting scholar) University of Oklahoma, Oklahoma City, Oklahoma, March 8, 2007.

Leadership Strategies to Support Evidence-Based Practice in the Clinical Setting (invited visiting scholar) University of Oklahoma, Oklahoma City, Oklahoma, March 8, 2007.

Evidence-Based Practice Workshop (invited seminar). The Indian Health Service Division of Nursing Services, San Diego, California, March 2, 2007.

Evidence-Based Practice Workshop (invited seminar). Illinois State University, Bloomington, Illinois, February 27-28, 2007.

Igniting Evidence-Based Practice in Clinical Settings (invited keynote). University of Washington, Seattle, Washington, January 30, 2007.

Evidence-Based Practice Workshop (invited seminar). Idaho State University, Pocatello, Idaho, January 25-26, 2007.

Sparking a Change to Evidence-Based Practice in Pediatric Clinical Settings (invited keynote). Detroit Children's Hospital, November 17, 2006.

Strategies to Overcome Barriers in Implementing Evidence-Based Practice (invited speaker). Detroit Children's Hospital, November 17, 2006.

Bridging the Research Gap: EBP in the 21<sup>st</sup> Century (invited keynote). University of Michigan-Flint, Flint, Michigan, November 16, 2006.

Creating a Vision and Motivating a Change to Evidence-Based Practice (invited speaker). University of Michigan-Flint, Flint, Michigan, November 16, 2006.

Transforming Healthcare from the Inside Out: Knowledge to Advance Evidence-Based Practice in a Clinical Setting (invited keynote). University of Washington, Seattle, Washington, October 6, 2006.

Creating a Vision and Motivating a Change to Evidence-Based Practice (invited speaker). University of Washington, Seattle, Washington, October 6, 2006.

Evidence-Based Practice Workshop (invited seminar). Holland Community Hospital, Holland, Michigan, September 29, 2006.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Evidence-Based Practice Workshop (invited). California State University, Long Beach, California, August 22-23, 2006.

Building a Solid Program of Research that Impacts Practice (invited). Jean Kelley Lectureship, University of Alabama at Birmingham, Birmingham, Alabama, June 29-30, 2006.

Igniting Evidence-Based Practice in Clinical and Educational Settings (invited keynote). Jean Kelley Lectureship, University of Alabama at Birmingham, Birmingham, Alabama, June 29, 2006.

Evidence-Based Practice Workshop (invited). Georgia Southern University, Statesboro, Georgia, June 8-9, 2006.

Evidence-Based Practice Workshop (invited). American Holistic Nurses Association Conference, St. Paul, Minnesota, June 7, 2006.

Igniting Evidence-Based Practice to Improve Outcomes for Children and Their Families (invited workshop seminar). St. Jude's Research Children's Hospital, Memphis, TN, May 2, 2006.

Excellence in Patient Care: A Collaborative Perspective (invited keynote). University of Northern Colorado, Denver, Colorado, April 28, 2006.

Creating a Vision and Motivating a Change to Evidence-Based Practice (invited speaker). University of Northern Colorado, Denver, Colorado, April 28, 2006.

Key Strategies for Promoting the Mental and Physical Health of Arizona's Children and Teens (invited keynote). Arizona Public Health Association, Ahwatukee, Arizona, April 18, 2006.

Strategies to Accelerate Evidence-Based Practice in Educational and Clinical Settings (invited speaker). Roundtable at Western Institute of Nursing 2006 Conference, Albuquerque, New Mexico, April 7, 2006.

Transforming Healthcare from the Inside Out: Knowledge to Advance Evidence-Based Practice in Clinical and Educational Settings (invited keynote). Western Institute of Nursing 2006 Conference, Albuquerque, New Mexico, April 6, 2006.

Evidence-Based Practice Workshop (invited seminar). Ann May Center for Nursing, Red Bank, New Jersey, March 30, 2006.

Igniting Evidence-Based Practice in Clinical and Academic Settings (invited speaker). University of Virginia, School of Nursing, Charlottesville, Virginia, February 21, 2006.

Integrating Evidence-Based Practice into Educational Curricula (invited faculty lecture). University of Virginia, School of Nursing, Charlottesville, Virginia, February 21, 2006.

Evidence-Based Practice Workshop (invited seminar). Cincinnati Children's Hospital, Cincinnati, Ohio, February 3, 2006.

Evidence-Based Practice Workshop (invited seminar). University of Colorado at Denver Health Sciences Center, Denver, Colorado, January 30, 2006.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Patient Preferences & Clinician Expertise as Key Ingredients to Evidence-Based Practice (invited speaker). Texas Children's Hospital, Houston, Texas, January 11, 2006.

Evidence-Based Practice Workshop (invited seminar). Meridian Health, Red Bank, New Jersey, December 13, 2005.

Mental Health Correlates of Healthy Attitudes, Choices and Behaviors in Overweight Teens (invited speaker). Sigma Theta Tau International 38<sup>th</sup> Biennial Convention, Indianapolis, Indiana, November 14-15, 2005.

Evidence-Based Practice Workshop (invited seminar). Children's Hospital Boston, Boston, Massachusetts, November 3-4, 2005.

Creating a Vision and Motivating a Change to Evidence-Based Practice in Clinical Settings (invited speaker). The Children's Healthcare of Atlanta Nursing Conference, Atlanta, Georgia, September 30, 2005.

Making a Case for Evidence-Based Practice (invited keynote). The Children's Healthcare of Atlanta Nursing Conference, Atlanta, Georgia, September 30, 2005.

Making a Case for Evidence-Based Practice (invited speaker). Banner Estrella Medical Center, Phoenix, Arizona, September 28, 2005.

Making a Case for Evidence-Based Practice (invited Cleveland Visiting Scholar). Washington State University, College of Nursing, Spokane, Washington, September 23, 2005.

Improving Outcomes of Hospitalized, Critically-Ill Children, Premature Infants, and Parents with COPE: A Program of Research (invited Cleveland Visiting Scholar). Washington State University, College of Nursing, Spokane, Washington, September 22, 2005.

Igniting Evidence-Based Practice in Clinical Settings (invited Cleveland Visiting Scholar). Washington State University, College of Nursing, Spokane, Washington, September 22, 2005.

Evidence-Based Practice Workshop (invited seminar). Barnes Jewish College of Nursing, September 8, 2005.

Evidence-Based Practice Workshop (invited seminar). California State University Long Beach, Long Beach, California, August 25, 2005.

Evidence-Based Practice Workshop (invited seminar). University of Nebraska Medical Center, Omaha, Nebraska, August 18, 2005.

KySS Strategic Planning Workshop (invited seminar). Sponsored by the National Association of Pediatric Nurse Practitioners, Mt. Laurel, New Jersey, June 29, 2005.

Evidence-Based Practice Workshop (invited seminar). Ursuline College, Pepper Pike, Ohio, June 7, 2005.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Making a Case for Igniting Evidence-Based Practice in Clinical Settings (invited keynote presentation). Nursing Research Conference, Texas Children's Hospital, Houston, Texas, June 2, 2005.

Evidence-Based Practice Workshop (invited seminar). The University of Texas at Tyler, Tyler, Texas, May 18, 2005.

Creating a Vision and Motivating a Change to Evidence-Based Practice in Clinical Settings (invited speaker). St. Louis Children's Hospital 2<sup>nd</sup> Annual Research Day, St. Louis, Missouri, May 6, 2005.

Making a Case for Evidence-Based Practice (invited keynote presentation). St. Louis Children's Hospital 2<sup>nd</sup> Annual Research Day, St. Louis, Missouri, May 6, 2005.

Making a Case for Evidence-Based Practice (invited speaker). University of Colorado at Denver Health Sciences Center, 8<sup>th</sup> Annual Lola M. Fehr Lectureship, Denver, Colorado, April 28, 2005.

Making a Case for Evidence-Based Practice (invited keynote presentation). Rainbow Babies & Children's Hospital, Women & Children's Health Care Conference, Cleveland, Ohio, April 21, 2005.

A Primer on Evidence-Based Practice (invited keynote presentation). Purdue School of Nursing, 7<sup>th</sup> Annual Helen R. Johnson Leadership Conference, West Lafayette, Indiana, April 15, 2005.

The Impact of the KySS Campaign (invited speaker). Purdue School of Nursing, 7<sup>th</sup> Annual Helen R. Johnson Leadership Conference, West Lafayette, Indiana, April 15, 2005.

Explanatory Effects of the COPE Program on Critically Ill Children/Mothers (invited presentation). Western Institute of Nursing, 38<sup>th</sup> Annual Communication Nursing Research Conference / 19<sup>th</sup> Annual Western Institute of Nursing Assembly, San Francisco, California April 8, 2005 +

Making a Case for Evidence-Based Practice (invited keynote presentation). Annual Research Day, Brigham Young University, Provo, Utah, March 7, 2005.

Effective Strategies for Disseminating Your Projects to the Media (invited presentation). Maternal-Child Health Leadership Academy, San Antonio, Texas, February 24, 2005.

Making a Case for Evidence-Based Practice (invited keynote presentation). Annual Research Conference, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, February 8, 2005.

COPE: Efficacy of an Educational-Behavioral Intervention to Improve Outcomes in Critically Ill/Hospitalized Young Children, LBW Premature Infants and Parents; and Making a Case for Implementing and Teaching EBP (invited presentations). Rutgers University School of Nursing, December 13, 2004.

Evidence-Based Practice Workshop (invited seminar). Lehigh Valley Hospital, Allentown, Pennsylvania, December 9, 2004.

Evidence-Based Practice Workshop (invited seminar). Baptist Health of South Florida, December 6, 2004.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

A Primer on Teaching Evidence-Based Practice in Baccalaureate Nursing Programs (invited speaker). Baccalaureate Education Conference, Sunny Isles Beach, Florida, November 13, 2004.

Evidence-Based Practice Workshop (invited seminar). Bellin College of Nursing, Green Bay Wisconsin, October 15, 2004.

Mental Health Screening, Early Intervention, and Health Promotion in Children and Teens (invited presentation). 20<sup>th</sup> Annual Pediatric Nursing Conference, Orlando, Florida, September 11, 2004.

Evidence-Based Practice: A Primer (invited presentation). 20<sup>th</sup> Annual Pediatric Nursing Conference, Orlando, Florida, September 10, 2004.

Evidence-Based Practice (invited speaker). Master's Education Conference, Master's Faculty Leaders: Making a Difference, American Association of Colleges of Nursing, February 28, 2004.

Improving the Mental Health and Developmental Outcomes of Critically Ill Children and Premature Infants: The COPE Program (invited speaker). Medical Grand Rounds. SUNY Health Science Center, February 4, 2004.

Making a Case for Evidence-Based Practice (invited keynote presentation). Preceptor Recognition Conference. Sponsored by Yale University School of Nursing, October 25, 2003.

Building a Case for Evidence-Based Practice (invited keynote presentation) and Creating a Vision and Motivating a Change to Best Practice (invited endnote presentation). Nursing Research. Evidence for Changing Practice in the New Millennium. Second Biennial Research Conference. Sponsored by Sigma Theta Tau International Alpha Rho Chapter at West Virginia University School of Nursing, October 17, 2003.

Building a Case for Evidence-Based Practice (invited keynote presentation) and Creating a Vision and Motivating a Change to Best Practice. Celebrating Excellence through Nursing Research Conference. Sponsored by Monmouth Medical Center, Long Branch, New Jersey, October 9, 2003.

Creating an Evidence-Based Practice Environment for Nursing (invited workshop). The 13<sup>th</sup> Annual Nursing Education Institute. Sponsored by Excelsior College School of Nursing, Excelsior College Honor Society, the Foundation of the New York State Nurses Association, and NYSNA District #9, Albany, New York, May 29, 2003.

Effectiveness of the COPE Program in Improving Coping/Mental Health Outcomes in Critically Ill Young Children and their Mothers. 15<sup>th</sup> Annual Scientific Sessions of the Eastern Nursing Research Society Scientific Sessions, New Haven, Connecticut, March 28, 2003.+

Mental Health Worries, Communication, and Needs of Children/Teens and Parents in the Year of the U.S. Terrorist Attack: Findings from the National KySS Survey. 15<sup>th</sup> Annual Scientific Sessions of the Eastern Nursing Research Society Scientific Sessions, New Haven, Connecticut, March 28, 2003.+

Integrating Research and Practice throughout a University Medical Center and Progressive Health Care Community: The Rochester ARCC Model (invited pre-conference workshop). 15<sup>th</sup> Annual Scientific Sessions of the Eastern Nursing Research Society Scientific Sessions, New Haven, Connecticut, March 27, 2003.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Making a Case for Evidence-Based Practice and Motivating a Change to Evidence-Based Practice (invited keynote speaker), Meridian Health System, New Jersey, March 7, 2003.

A Compelling Case for Evidence-Based Practice (invited keynote speaker). Sigma Theta Tau International, Gamma Nu Research Day, Seton Hall University, March 6, 2003.

Building a Case for Evidence-Based Practice. Second Annual Advanced Practice Clinical Update. Sponsored by Stony Brook University School of Nursing, June 22, 2004 (invited keynote).

Building a Case for Evidence-Based Practice. Annual Research Day. Sponsored by the University of Arkansas College of Nursing, April 16, 2004 (invited keynote).

Evidence-Based Practice Workshop (invited speaker). The 2003 Nursing Summit. University of South Carolina, Columbia, South Carolina, January 9, 2003.

Evidence-Based Practice is Alive and Well in Rochester, New York (invited Visiting Scholar). Pace University, School of Nursing, October 15, 2002.

Building a Case for Evidence-Based Practice (invited Distinguished Lecturer). The 15<sup>th</sup> Biannual Scholar's Day Program. Sponsored by the Decker School of Nursing, Binghamton University and Zeta Iota Chapter, Sigma Theta Tau International, Greene, New York, May 10, 2002.

Building a Successful Career (invited Induction Speaker). The Annual Sigma Theta Tau Omicron Chapter Induction, Syracuse, New York, April 28, 2002.

Building a Case for Evidence-Based Practice (invited Keynote Speaker). The 15<sup>th</sup> Annual Nursing Research Conference. Sponsored by Gamma Kappa, SUNY at Buffalo, Gamma Theta, Niagara University, Pi Zeta, Daemen College, Zeta Nu, D'Youville College, Chapters of Sigma Theta Tau International, Williamsville, New York, April 16, 2002.

Methodological Challenges in Conducting Longitudinal Intervention Studies (symposium). The 14<sup>th</sup> Annual Scientific Session of the Eastern Nursing Research Society. State College, Pennsylvania, March 23, 2002.+

NICU Correlates of Later Depression in Mothers of Premature Infants. The 14<sup>th</sup> Annual Scientific Session of the Eastern Nursing Research Society. State College, Pennsylvania, March 23, 2002.+

Improving Outcomes of Young Critically Ill Children, LBW Premature Infants, and Parents (invited). Distinguished Nurse Researcher Award Reception. Sponsored by the Foundation of the New York State Nurses Association. October 1, 2001.

NICU Correlates of Later Cognitive Development in LBW Premature Infants (paper presentation). The 12<sup>th</sup> Annual Scientific Sessions of the Eastern Nursing Research Society, Atlantic City, New Jersey, April 2, 2001.+

The Effect of Food Intake on Atopic Disease in High-Risk Infants and Young Children (invited paper presentation). The Second Annual Evidence-Based Practice Conference. Sponsored by the University of Rochester Center for Research and Evidence-Based Practice, Rochester, New York, December 1, 2001.

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Commencement Speaker (invited speaker). University at Buffalo School of Nursing, State University of New York at Buffalo, May 13, 2000.

Chronic Pain Syndromes in Children and Adolescents (invited presentation). Western School Nurses Association Annual Conference, Buffalo, New York, April 8, 2000.

Improving Cognitive Development of LBW Premature Infants: The Benefit of Early NICU Intervention with Mothers (paper presentation). The 12<sup>th</sup> annual scientific sessions of the Eastern Nursing Research Society, Newport, Rhode Island, April 1, 2000.+

Improving Outcomes of Hospitalized Children and their Mothers: A Program of Research (invited keynote presentation). Sigma Theta Tau Nursing Research Day. Sponsored by Iota Delta, Omicron, and Omicron Alpha Chapters of Sigma Theta Tau International, Syracuse, New York, April 28, 1999.

Building a Case for Evidence-Based Practice (invited presentation). Sigma Theta Tau Nursing Research Day. Sponsored by Iota Delta, Omicron, and Omicron Alpha Chapters of Sigma Theta Tau International, Syracuse, New York, April 28, 1999.

Correlates of Post-Traumatic Stress Symptoms in Mothers Following Their Child's Critical Care Hospitalization (symposia paper). The 11<sup>th</sup> annual scientific sessions of the Eastern Nursing Research Society, New York, New York, April 9, 1999.+

Measuring Functional Coping in Mothers of Hospitalized Young Children: Validity and Reliability of the Index of Parent Support (paper presentation). The 11<sup>th</sup> annual scientific sessions of the Eastern Nursing Research Society, New York, New York, April 9, 1999.+

Recurrent Pain Syndromes in Children and Adolescents (invited presentation). Pediatric Primary Care Conference. Sponsored by the Upstate New York and Western New York Chapters of NAPNAP, Buffalo, New York, March 20, 1999.

Improving Outcomes of Low-Birth-Weight Infants and Mothers (invited presentation). Townsend Teaching Day. Sponsored by the University of Rochester School of Medicine and Dentistry, Rochester, New York, May 18, 1999.

Chronic Pain Syndrome in Children and Adolescents (invited presentation). Staff education workshop. Hillside Children's Center, Rochester, New York, December 3, 1998.

Chronic Pain Syndrome in Children and Adolescents (invited presentation). Pediatric Pain Management. An Integrative Approach Combining Traditional and Complementary Modalities. Sponsored by the Southern New Jersey Perinatal Cooperative and West Jersey Health System, Voorhees, New Jersey, October 5, 1998.

Interventions to Improve Health Outcomes in Children and Families (symposia paper). The 10<sup>th</sup> annual scientific sessions of the Eastern Nursing Research Society, Rochester, New York, April 23-25, 1998.+

Young Children's Negative Behavioral Changes Following Hospitalization: The Mediating: The Mediating Functions of Maternal Coping (paper presentation). The 9th annual scientific sessions of the Eastern Nursing Research Society. Philadelphia, Pennsylvania, April 15, 1997.+

PROFESSIONAL PRESENTATIONS: REGIONAL (+refereed) (continued)

Coping with Critically Ill Children: A Pilot Test of the COPE Intervention Program with Mothers and Young Children (paper presentation). The Eighth Annual Eastern Nursing Research Society Conference, Pittsburgh, Pennsylvania, April 5, 1996.+

Coping with Marital Separation: Effects of a Preventive Intervention Program on Mothers and Young Children (paper presentation). Seventh Annual Eastern Nursing Research Society Scientific Conference, April 24, 1995.+

Expanded Challenging Roles: The Pediatric Nurse Practitioner and The Pediatric Clinical Nurse Specialist (invited presentation). The New York State Annual Student Nurses Convention, Albany, New York, February 24, 1990.

Keynote Speaker. Clinical Nursing: Changes, Challenges, Choices (invited presentation). Clinical Nursing Update 1989, Tompkins Cortland Community College, Dryden, New York, March 29, 1989.

Pediatric Respiratory Problems. Clinical Nursing Conference: Update 87. Continuing Education Program sponsored by Tompkins Cortland Community College, Ithaca, New York, June 9, 1987.

The Effects of Selected Information on Mothers' State Anxiety Levels During Their Children's Hospitalization (poster presentation). New York State Nurses Association Convention. Lake Placid, New York, October 31 and November 1, 1986.+

Pediatric Assessment and Management of the Critically Ill Child. Invited seminar sponsored by the Community Medical Center of Scranton, Scranton, Pennsylvania, April 9, 1986.

Major Coping Behaviors of a Hospitalized Three-Year-Old Boy (paper presentation). Annual Scholar's Day Program, State University of New York at Binghamton and Sigma Theta Tau, Zeta Iota Chapter, April 12, 1985.+

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed)

2022 Health and Wellness Dashboard for The Ohio State University. Buckeye Wellness Innovator Luncheon, Columbus, OH, May 22, 2023.

Battling Burnout and Enhancing Nurse/Clinician Well-being Through Character-Building Times: Evidence-based Tactics that Work! (invited keynote) University of Maryland Medical System Kick-off to Nurses' Week, Baltimore, MD, May 8, 2023

Optimizing Wellness with Self-Care and Staying Connected to Your Purpose & Passions: Evidence-Based Strategies that Work! Thrive Wellness Presentation (webinar) Columbus, OH, April 6, 2023

Wellness and Resilience in Nursing Education and Professional Development. (invited presentation). The Ohio State University DNE 8115 Cohort, Columbus OH, February 28, 2023.

Lessons Learned from Centenarians: Evidence-Based Tactics that Lead to High Quality Longevity (webinar) Buckeye Wellness Hopes and Dreams Series, Columbus OH, February 22, 2023.



PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Preventing Burnout, Optimizing Energy and Enhancing Well-being in Everyday Life: Evidence-based Strategies that Work! (invited presentation) The Ohio State University Office of Academic Affairs Faculty Leadership Session for Faculty of Color, Columbus OH, February 9, 2023.

Preventing Burnout, Optimizing Energy and Enhancing Well-being in Everyday Life: Evidence-based Strategies that Work! (invited presentation) The Ohio State University Office of Academic Affairs Faculty Leadership Session for Faculty Women+, Columbus OH, February 7, 2023.

Bern Melnyk's Story with the Secret Sauce for Success (invited presentation) Innovation & Entrepreneurship Fellowship Retreat, Columbus OH, February 6, 2023.

Lessons Learned from Centenarians: Evidence-Based Tactics that Lead to High Quality Longevity (invited presentation) The Ohio State University Retirees Association, Columbus OH, January 26, 2023.

Optimizing Wellness with Self-Care and Staying Connected to Your Purpose & Passions: Evidence-Based Strategies that Work! Thrive Wellness Presentation (webinar) Columbus, OH, January 10, 2023.

Preventing Burnout, Optimizing Energy and Enhancing Joy in Everyday Life: Evidence-based Strategies that Work! The Ohio State University Neuroscience Graduate Student Workshop, Columbus, OH, November 2, 2022

Ensuring Evidence-based Practice Competency & Well-being in your Students: The Secret Sauce for Ensuring Healthcare Quality and Safety Fuld EBP Immersion, Columbus, OH, November 2, 2022.

Big 10 Wellness Survey Findings with Faculty, Staff & Students The Ohio State University Health Science Deans Council, Columbus, OH, November 1, 2022.

Building a Culture of Wellness and Promoting the Mental Health and Well-being of Our Buckeye Family The Ohio State University Foundation Board, Columbus, OH, October 25, 2022

Building a Culture of Wellness and Promoting the Mental Health and Well-being of Our Buckeye Family The Ohio State University Alumni Council, Columbus, OH, October 20, 2022

Preventing Burnout, Optimizing Energy and Enhancing Joy in Everyday Life: Evidence-based Strategies that Work! The Ohio State University Department of Family Medicine's APP Wellness Retreat, Marmon Valley Farm, Zanesville, OH, October 14, 2022.

Preventing Burnout, Optimizing Energy and Enhancing Joy in Everyday Life: Evidence-based Strategies that Work! The Ohio State University College of Medicine's Department of Ophthalmology Grand Rounds, Columbus, OH, October 13, 2022.

Key Tips for Publishing and Disseminating Evidence (webinar) Fuld Cohort Connect, Columbus OH October 11, 2022.

Preventing Burnout, Optimizing Energy and Enhancing Joy in Everyday Life: Evidence-based Strategies that Work! The Ohio State University College of Medicine's Women in Medicine Science Annual Retreat, Franklinton, OH, October 6, 2022.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Optimizing Wellness with Self-Care and Staying Connected to Your Purpose & Passions: Evidence-Based Strategies that Work! Thrive Wellness Presentation (webinar) Columbus, OH October 4, 2022.

Addressing Health Worker Burnout: The US Surgeon General's Advisory on Building a Thriving Health Workforce (webinar). The Ohio State University Wexner Medical Center, Columbus, OH, June 28, 2022.

RU OK Today? Key Strategies to Enhance Health, Well-being and Energy (invited presentation). Ohio Association of County Boards Spring Conference, Columbus, OH, May 19, 2022.

Building Resiliency in Children to Prevent and Deal with Anxiety and Depression: A Primer for Teachers (invited presentation). Evening Street Elementary School, August 16, 2021.

Canine Comfort: Buckeye Paws Curative Role. (invited panelist). Columbus Metropolitan Club Forum, July 28, 2021.

Acknowledge. LIFT. Rise Together. (invited panelist). Healthcare Businesswomen's Association (HBA) and Columbus Business First annual symposium (virtual), July 15, 2021,

Optimizing Health, Well-being, and Joy: Brief Key Strategies for Buckeye Nurses (invited presentation). The Ohio State University Office of the Chief Wellness Officer (virtual), May 10, 2021.

Enhancing Evidence-Based Practice & Clinician Well-being to Reach the Quadruple Aim in Healthcare: Evidence-based Strategies That Work (invited presentation). Knox Community Hospital, (virtual), May 10, 2021.

Preserve Your Heart & Brain Health: Evidence-Based Strategies that Work! (invited webinar). The Ohio State University Office of the Chief Wellness Officer (virtual), February 25, 2021.

Lessons learned from Centenarians: Healthy Lifestyle Behaviors and Factors that Lead to Longevity (invited presentation). First Community Village, February 17, 2021.

Leading in Times of Stress: Warnings Signs & Proven Strategies (invited panelist). The Ohio State University College of Education and Human Ecology Second Annual Superintendent's Forum (virtual), February 1, 2021.

Stress Busters: The Benefits of Cognitive-Behavioral Skills and Gratitude to Reduce Stress and Anxiety (invited presentation). Association of Staff and Faculty Women (virtual), December 3, 2020.

Enhancing Your Health and Well-being During the COVID-19 Pandemic: Evidence-based Strategies that Work! (invited presentation). Kiwanis and Rotary Clubs of Mansfield (virtual), November 24, 2020.

Staying Calm and Well through the COVID-19 Storm: Evidence-based Tactics to Build Resiliency & Wellbeing (invited presentation). Columbus Women's Commission Columbus Commitment Adopter Network webinar, (virtual), November 16, 2020.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Enhancing your health and well-being during the COVID-19 pandemic: Evidence-based strategies that work. (invited presentation). CAS webinar, October 8, 2020.

Preventing, Recognizing & Dealing with Anxiety & Depression in Children & Teens: A Primer for Parents (webinar). The Ohio State University, Columbus, OH, September 23, 2020.

Boosting Immunity & Sustaining Energy with Healthy Lifestyle Behaviors: Tips & Tricks! (webinar). The Ohio State University, Columbus, OH, September 2, 2020.

Advancing and Sustaining EBP and Clinician Well-being: The Secret Sauce for Achieving the Quadruple Aim in Healthcare (invited webinar). Ohio Organization of Nurse Leaders, Columbus, OH, August 28, 2020.

Positive Psychology: Flourishing during “Character-Building” Times (webinar). The Ohio State University, Columbus, OH, August 12, 2020.

Gratitude and Positivity: A Dynamic Duo in the Midst of the COVID-19 Storm (webinar). The Ohio State University, Columbus, OH, May 27, 2020.

Stress Buster: Using Cognitive-Behavioral Skills to Allay Anxiety & Depression (webinar). The Ohio State University, Columbus, OH, April 8, 2020.

Key Strategies for Staying Calm and Allaying Anxiety in Yourself and Your Children During the COVID-19 Pandemic (invited presentation). The Ohio State University College of Medicine, Department of Plastic Surgery, Columbus, OH, April 3, 2020.

Is Your Healthcare Provider Giving You Evidence-based Care?: What Every Consumer Should Know! (invited presentation). The Ohio State University Alumni Association Buckeye Smart Luncheon, Columbus, OH, December 10, 2019.

Achieving the Quadruple Aim in Healthcare with EBP and Clinician Well-being: Key Strategies for Success (invited keynote). Nationwide Children’s Hospital Neonatal/Perinatal 2019 Conference, Lewis Center, OH, May 15, 2019.

Sustaining Evidence-based Practice & Clinician Well-being to Achieve the Quadruple Aim in Healthcare: Strategies that Work! (invited presentation). University of Southern Indiana 22nd Annual Research Conference, Evansville, IN, April 10, 2019.

Making a Case for Great Self-Care (invited presentation). The Ohio State University College of Medicine, Columbus, OH, April 2, 2019.

Optimizing Personal and Organizational Well-Being to Decrease Professional Burnout: An Evidence-based Primer for Pharmacists! (invited keynote). Ohio Pharmacists Association Annual Conference & Trade Show, Columbus, OH, April 13, 2019.

Igniting Evidence-based Practice & Clinician Well-being to Achieve the Quadruple Aim in Healthcare: Strategies that Work! (invited presentation). Nationwide Children’s Hospital Psychiatry Fellowship, Columbus, OH, March 13, 2019.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Improving Mental Health, Healthy Lifestyle Behaviors, and Academic Performance in Adolescents: Research to Support the Efficacy of a CBT-based Intervention (invited presentation). Grand Rounds to the Department of Psychiatry and Behavioral Health, The Ohio State University College of Medicine, March 6, 2019.

Implementing MINDSTRONG: A Manualized Cognitive-Behavioral Skills Building Program to Decrease Depression/Anxiety and Build Resilience in First-Year Students. 2019 Focusing on the First Year Conference, The Ohio State University, Columbus, Ohio, January 22, 2019.

Dream the Dream and Capture the Vision for Entrepreneurship (invited presentation). REACH for Commercialization™ Workshop, The Ohio State University, Columbus, OH, January 25, 2019.

Screening, Identification and Evidence-based Management of Depression and Anxiety in Children and Teens (invited presentation). 31<sup>st</sup> NAMI (National Alliance on Mental Illness) Franklin County Annual Meeting, Columbus, OH, October 11, 2018.

A Cognitive Behavioral Skills Building Program to Improve Mental, Physical and Academic Outcomes in Children and Teens: Moving from Evidence to Real-World Action (invited presentation). Central Ohio Pediatric Society, Columbus, OH, September 19, 2018.

Lessons learned from Centenarians : Healthy Lifestyle Behaviors and Factors that Lead to Longevity (invited presentation). The Ohio State University Alumni Association, Columbus, OH, August 1, 2018.

Building Cultures of Health and Wellness in Communities: Evidence-based Strategies for Success (invited presentation). The Ohio State University 2018 Buckeye Summit Creating Healthy Communities, Columbus, OH, April 13, 2018.

Optimizing Health & Well-being in Nurses: Evidence-based Strategies for Success (invited presentation). Sigma Theta Tau International Central Ohio Consortium Spring Scholarship Evening, Westerville, OH, April 3, 2018.

Evidence-based Tips for Optimizing Women's Health & Wellbeing (invited presentation). OSU Women's Club, Columbus, Ohio, February 5, 2018.

Evidence-based Tips for Optimizing Women's Health & Wellbeing (invited presentation). 1<sup>st</sup> Central Columbus Women's Wellness Conference, Upper Arlington, Ohio, September 30, 2017.

Evidence-based Tips for Improving Heart Health (invited presentation). The Ohio State University Administrative Professionals Conference, Columbus, Ohio, June 14, 2017.

Healthy Nurse, Healthy Patient, Balance Your Life for a Healthier You (invited presentation). Summa Healthcare, Akron, Ohio, May 1, 2017.

Strengthen Your Mental Health: Realize Your Full Potential and Better Cope with Life's Challenges. Cleveland State University, Cleveland, Ohio, March 2, 2017.

Building EBP and Wellness Cultures: A Necessity for Healthcare Quality & Safety (invited presentation). Ohio Organization of Nurse Executives, Semi-Annual Fall Conference, Columbus, Ohio. November 9, 2016.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Depression and Anxiety in Children & Teens: What Every Parent Should Know, (invited presentation). National Alliance on Mental Illness (NAMI) Delaware & Morrow Counties, Lewis Center, Ohio. October 11, 2016.

COPE Healthy Lifestyles: A program focusing on improving mental health, lifestyle behaviors and academic performance for minority adolescents (invited presentation). Group on Health Equity, The Ohio State University, Columbus, Ohio. August 30, 2016.

Coping with Stress, Anxiety and Depressive Symptoms: Evidence-based Strategies that Work! The Ohio State University Colleges of Medicine and Nursing Spring Symposium, Addressing Burnout and Wellness in Health Sciences Professionals, Columbus, Ohio, June 1, 2016.

Promoting the Health and Wellbeing of OSU's Health Sciences Students through a New Wellness Onboarding Program. The Ohio State University Colleges of Medicine and Nursing Spring Symposium, Addressing Burnout and Wellness in Health Sciences Professionals, Columbus, Ohio, June 1, 2016.

Optimizing Emotional Wellness: Key Strategies for Success. The Ohio State University Enrollment Services Professional Development Day, Columbus, Ohio, May 20, 2016.

Boosting Evidence-based Practice in Healthcare and Wellness for Nurses: Key Strategies to Healthy Nurses/Healthy Patients: Key Strategies for Enhancing Self-Care (invited presentation). Nationwide Children's Hospital National Nurses' Week, Columbus, Ohio, May 10, 2016.

Dream the Dream and Capture the Vision for Entrepreneurship and Translating Research-based Interventions into Real World Settings: From Research to Entrepreneurship and Optimizing Personal Wellness and Energy for Entrepreneurial Success (invited presentations). Entrepreneur and

Innovation Workshop for Nurses and Healthcare Professionals: How to Launch Practices and Businesses that Succeed, The Ohio State University College of Nursing, Columbus, Ohio, October 12, 2015.

Building and Sustaining an Evidence-Based Practice Culture and Environment: A Key Strategy for Nurse Leaders to Reach the Triple Aim in Healthcare (invited keynote). Sigma Theta Tau International Central Ohio Consortium 2015 Founders' Day Celebration, Columbus, Ohio, October 12, 2015.

Building Healthy Communities: Strategies that Work (invited keynote). 2015 Healthy Worthington Roundtable, Worthington, Ohio, May 15, 2015.

Healthy Nurse/Healthy Patient: Key Strategies for Optimal Health and Wellness (invited speaker). Ohio Nurses Foundation Awards Luncheon, Columbus, Ohio, May 1, 2015.

Active Living to Promote Physical and Mental Health: From Evidence to Action (invited keynote). The Health Policy Institute of Ohio, Roadmaps to Health: Active living for the body and brain, Kettering, Ohio, April 23, 2014.

Million Hearts – Preventing 1 Million Heart Attacks and Strokes in 5 Years (invited speaker). The Ohio State University Retirement Association, Columbus, Ohio, April 12, 2014.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Making EBP a Reality in Academic Programs (invited seminar). Capital University School of Nursing, Columbus, Ohio, January 24, 2014.

Preventing, Identifying, and Managing Stress, Anxiety, and Depression (invited speaker). Mental Health Awareness Week, The Ohio State University, Columbus, Ohio, October 7, 2013.

Facilitating Health Promotion and prevention for Optimal Wellness Outcomes in Patients, Families and Employees: Key Strategies for Success (invited speaker). The Ohio Council of Behavioral Health & Family Services Providers Annual Conference, Columbus, Ohio, October 4, 2013.

Key Strategies for Achieving Optimal Health & Wellness (invited speaker). Ohio State University Retirees' Association – Embracing Retirement: Back to the Future, Columbus, Ohio, September 19, 2013.

Ohio State's Quest: Building the Healthiest University in the World through a Comprehensive & Integrative Framework (invited keynote). 8<sup>th</sup> Annual Ohio Employee Health & Wellness Conference, Columbus, Ohio, August 28, 2013.

Achieving Optimal Health & Wellness in Women (invited speaker). 9<sup>th</sup> Annual Ballam Women's Symposium, The Ohio State University, Columbus, Ohio, May 8, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (Keynote presentation). Greater Dayton Area Nursing Research Consortium Conference: "Where is the Patient in Evidence-Based Practice?" Dayton, Ohio, April 5, 2013.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited presentation). The Ohio State University Wexner Medical Center 2012 Nursing Conference: Current Concepts in Clinical Nursing Practice, Columbus, Ohio, October 16-17, 2012.

Improving Healthcare Quality and Patient Outcomes with Evidence-based Practice and the ARCC Model (invited presentation). 2<sup>nd</sup> Annual Advanced Practice Nursing Conference, The Ohio State University Wexner Medical Center, Columbus, Ohio, October 8, 2012.

Promoting P4 Health through Team-based Inter-Professional Education, Practice & Wellness Initiatives (invited presentation). Johanna and Ralph DeStefano Personalized Health Care Conference - Advancing P4 Medicine Through Innovations in Science, The Ohio State University Wexner Medical Center, Columbus, Ohio, October 3, 2012.

Commencement Speaker (invited presentation). Graduate Programs, Otterbein University, Columbus, Ohio, May 19, 2012.

The "So What?" Factor in a Time of Healthcare Reform: Conducting Research and Evidence-based Practice Projects that Impact Healthcare Quality, Cost and Patient Outcomes (invited speaker). Research Councils of The Ohio State University Wexner Medical Center, the James Cancer Hospital and Solove Research Institute, and Ohio State's College of Nursing. March 27, 2012.

A Vision for Health and Wellness at The Ohio State University (invited presentation). Stress, Trauma and Resilience Symposia. The Ohio State University Medical Center, Columbus, Ohio. October 31, 2011.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Evidence-Based Practice Conference (invited seminar). Arizona State University and the Center for the Advancement of Evidence-Based Practice at Arizona State University College of Nursing & Health Innovation, Phoenix, Arizona, June 9-11, 2010.

Evidence-Based Practice: Reaching Our Full Potential Beyond the Basics (invited speaker). 2009 Nurse Leaders in Native Care Conference, Phoenix, Arizona, June 16, 2009.

Mental Health Screening and Early Intervention in Children and Teens: Making It Happen (invited keynote). Arizona School Health Council, Phoenix, Arizona, November 21, 2008.

Igniting Evidence-Based Practice in Healthcare Education (invited keynote). Health Care Education Association Conference, Phoenix, Arizona, September 17, 2008.

Igniting Evidence-Based Practice in Healthcare Settings (invited). Buckeye Jail. Phoenix, Arizona, June 17, 2008.

Improving Healthcare Quality and the Nursing Shortage with Evidence-Based Practice (invited keynote). Sun Health, Sun City, Arizona, April 1, 2008.

Importance of CROs to the Drug Development and Healthcare Industries (invited speaker). MDS Pharma Services – Blue Ribbon Panel, Tempe, Arizona, January 25, 2008.

Igniting a Spirit of Inquiry: Advancing Evidence-Based Practice in Clinical Practice Settings (workshop). Maricopa County Medical Center, Phoenix, Arizona, July 23, 2007.

Arizona State University College of Nursing & Healthcare Innovation: New Initiatives with Community Impact (invited speaker). Phoenix AM Program, Phoenix, Arizona, May 8, 2007.

Transforming Healthcare from the Inside Out (invited speaker). President's Community Enrichment Program - W&G Night, Paradise Valley, Arizona, January 26, 2006.

Caring for the Mental Health Needs of Children and Teens: NAPNAP's KySS Campaign and the ASU College of Nursing (invited keynote). Arizona State University Memorial Union, Tempe, Arizona, November 5, 2005.

Behavioral Health (invited panel speaker). Symposium – Calling Communities to Action: Promoting Solutions for Arizona's Children in Care, East Valley Institute of Technology, Mesa, Arizona, October 19, 2005.

Improving Outcomes of Young Hospitalized/Critically Ill Children, LBW Premature Infants, and Parents (invited speaker). Phoenix Children's Hospital Development Council, Phoenix, Arizona, October 6, 2005.

Promoting the Mental Health of Children and Teens Nationally and in Our Community: NAPNAP's KySS Campaign and the ASU College of Nursing (invited speaker). American Psychiatric Nurses Association, Arizona Chapter, Fall Meeting/Conference, Phoenix, Arizona, September 17, 2005.

Igniting Evidence-Based Practice in Clinical Settings (invited speaker). Nurse's Research Council, St. Joseph's Hospital and Medical Center, Phoenix, Arizona, June 22, 2005.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Making a Case for Evidence-Based Practice (invited speaker). Nurses' Week Celebration Luncheon on Evidence-Based Practice, Phoenix Children's Hospital, Phoenix, Arizona, May 10, 2005.

Big Dreams, Beliefs and Persistence: Key Elements for Success (invited keynote). Sigma Theta Tau International Beta Upsilon Chapter Induction Ceremony, Phoenix, Arizona, May 10, 2005.

Evidence-Based Health Research: Opportunities and Future Directions (invited speaker). Arizona State University Southwest Interdisciplinary Research Center (SIRC) Annual Research Conference, Tempe, Arizona, April 29, 2005.

Igniting Evidence-Based Practice in Pediatric and Neonatal Settings (invited keynote presentation). Arizona State University Neonatal/Pediatric Symposium, Mesa, Arizona, April 29, 2005.

Promoting the Mental Health of Children and Teens Nationally and in Our Community (NAPNAP KySS Campaign & ASU College of Nursing) The Extended Education and ASU at the downtown Phoenix campus, Downtown and Gown, April 25, 2005.

Arizona State University College of Nursing: A New Era and Strategic Plan (invited speaker). ASU 3<sup>rd</sup> Annual Women & Philanthropy Program, Rancho Santa Fe, California, April 16, 2005.

Making a Case for Evidence-Based Practice (invited speaker). 3<sup>rd</sup> Annual John C. Lincoln Nursing Leadership Day, John C. Lincoln Hospital – North Mountain, Phoenix, Arizona, February 10, 2005.

Mental Health Screening in Children and Teens: A Primer. Upstate New York Chapter of the National Association of Pediatric Nurse Practitioners, Fall Dinner Meeting, September 21, 2004.

Building a Case for Evidence-Based Practice (invited speaker). Clinical Grand Rounds, Highland Hospital, February 19, 2004.

Short and Long-Term Effects of the COPE Program on Critically Ill Young Children and Mothers (invited speaker). Family Research Roundtable. February 3, 2004.

Building a Case for Evidence-Based Practice (invited speaker). Society of Urologic Nurses and Associates, Upstate New York Chapter, Rochester, New York, September 27, 2003.

Addressing the Mental Health of Our Children and Adolescents (invited presentation). Alumni Lunch-N-Lecture. Sponsored by the University of Rochester School of Nursing, May 1, 2003.

Evidence-Based Practice. (invited speaker). National Nurses Week Presentation. Rochester General Hospital, May 6, 2002.

The KySS Campaign: Results of the National Survey and Current Progress. (invited Keynote Speaker). Pediatric Nursing Care Conference. Sponsored by Pediatric Nursing at Strong Children's Hospital, April 26, 2002.

Building a Case for Evidence-Based Practice (invited speaker). Winter Business Meeting of the Genesee Valley Nurses Association. January 23, 2002.



PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Improving Outcomes of Young Critically Ill Children, LBW Premature Infants, and Parents (invited presentation). Family Research Roundtable. Sponsored by the Winn Family Center and the Department of Family Medicine. University of Rochester Medical Center, October 4, 2001.

Psychosocial Morbidities in Children and Youth (invited speaker). Annual Spring Dinner of the Upstate New York Chapter of the National Association of Pediatric Nurse Practitioner, Rochester, New York, May 16, 2001.

The KySS (Keep your children/yourself Safe and Secure) Campaign (invited presentation). Crisis Team Members Annual Update. Sponsored by the Community Nursing Center, University of Rochester School of Nursing, May 17, 2001.

Making a Case for Evidence-Based Practice (invited speaker). Highland Hospital's Nurses Week Luncheon. Rochester, New York, May, 2001.

Strategies for Achieving Career Success (invited speaker). 2001 Induction Ceremony, Rho Gamma Chapter of Sigma Theta Tau International, Elmira College, Elmira, New York, April 27, 2001.

Putting Your Best Foot Forward on Federal Grants. Research forum. Sponsored by the Center for Research and Evidence-Based Practice, University of Rochester School of Nursing, April, 2001.

Publishing (invited panel speaker). Research forum. Sponsored by the Center for Research and Evidence-Based Practice, University of Rochester School of Nursing, February, 2001.

Commencement Speaker (invited presentation). University of Rochester School of Nursing, Rochester, New York, May 14, 2000.

Unraveling the Mystery of Recurrent Pain in School-Age Children and Adolescents (invited keynote presentation). Pediatric Nursing Care, Progressive Approaches in Pediatric Care. Sponsored by the University of Rochester Medical Center, Children's Hospital at Strong Pediatric Nursing, April 28, 2000.

The Puff Predicament: The Use of Inhalers vs. Nebulizers in Pediatric Patients. Evidence-based practice rounds. Sponsored by the Center for Research and Evidence-Based Practice and Strong Nursing Practice, Strong Memorial Hospital, April 18, 2000.

Improving Outcomes of Low-Birth-Weight Premature Infants and Mothers (poster presentation). The Third Annual Research and Leadership Conference. Sponsored by the Genesee Valley Nurses Association and Rochester Area Chapters of Sigma Theta Tau International, April 13, 2000.+

Strategies for Successful Grant Writing: Beginners to Experts. Sponsored by the Center for Research and Evidence-Based Practice. University of Rochester School of Nursing, April 11, 2000.

Improving Cognitive Development of LBW Premature Infants with the COPE Program: A Pilot Study of the Benefit of Early NICU Intervention with Mothers (invited presentation). The Center for Developmental Disabilities, Strong Children's Hospital, Rochester, New York, March 8, 2000.

Improving Outcomes of Hospitalized Children and Their Mothers: A Program of Research (invited presentation). State University of New York at Buffalo School of Nursing, November 12, 1998.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Improving Outcomes of Premature Neonates and Mothers: A Randomized Clinical Trial (invited presentation). Neonatology Department, University of Rochester School of Medicine, Rochester, New York, December 2, 1998.

Three and Six Month Effects of the COPE Program on Preterm Infants and Their Mothers (invited presentation). Seminar series: Center for Research on Mental Retardation and Developmental Disabilities, University of Rochester School of Medicine and Dentistry, Rochester, New York, October 27, 1998.

Evidence-Based Practice and Health Care Resources on the Internet (invited presentation). Sigma Theta Tau International Epsilon Xi Chapter Fall Business Dinner, October 22, 1998.

A Case for Evidence-Based Practice (invited presentation). University of Rochester School of Nursing Preceptor Workshop, May 21, 1998.

Coping with Marital Separation: Strategies to Improve Parent and Child Outcomes (invited presentation). Pediatric Grand Rounds. The Children's Hospital at Buffalo, New York, June 14, 1996.

Coping with Marital Separation (invited workshop). Sponsored by the Women Health Professionals Endowment Fund Program. Children's Hospital at Buffalo, New York, June 14, 1996.

The Role of Clinical Preceptors. Continuing Education Program for Graduate Clinical Preceptors, University of Rochester School of Nursing, June 6, 1996.

Coping with Critically Ill Children (research exchange). Sponsored by the Center for Nursing Science and Scholarly Practice, University of Rochester School of Nursing, March 25, 1996.

Research Design and Methods (seminar presentation). Sponsored by the University of Rochester School of Nursing and Sigma Theta Tau Epsilon Xi Chapter, Monroe Community Hospital, February 6, 1996.

Coping with Marital Separation: Smoothing the Transition for Parents and Young Children (invited keynote presentation). Pediatric Nursing Care: Complexities and Challenges Across the Pediatric Lifespan. Sponsored by Pediatric Nursing, Strong Children's Medical Center, University of Rochester, Henrietta, New York, April 28, 1995.

Pediatric Health Assessment (invited seminar presentation). Sponsored by the Finger Lakes Area Hospital Corporation, Geneva, New York, November 29, 1995.

Pediatric Health Assessment: Enhancing Clinical Assessment Skills (invited seminar presentation). Sponsored by the Finger Lakes Area Hospital Corporation, Geneva, New York, November 16, 1994.

Enhancing Parents' and Young Children's Outcomes Following Marital Separation (invited presentation). "Menarche to Menopause", Association of Women's Health, Obstetric, and Neonatal Nurses, District II Annual Conference, Rochester, New York, November 7, 1994.

Coping with Unplanned Childhood Hospitalization: The Mediating Functions of Parental beliefs (paper presentation). Bridging: A Research Day, sponsored by the University of Rochester School of Nursing, Rochester, New York, May 20, 1994.+

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Coping with Unplanned Childhood Hospitalization: Effects of Informational Interventions on Mothers and Children (invited paper presentation). Sigma Theta Tau, Epsilon Xi Chapter Induction Ceremony, Rochester, New York, March 20, 1994.

Pediatric Health Assessment: Enhancing Clinical Assessment Skills (invited seminar presentation). Sponsored by the Finger Lakes Area Hospital Corporation, Geneva, New York, November 3, 1993.

Acute Bacterial Meningitis in Infancy and Childhood (invited presentation). Staff retreat, Strong Children's Critical Care Center, Strong Memorial Hospital, March 10 and March 18, 1993.

Faculty Speaker (invited presentation). University of Rochester School of Nursing Commencement Ceremonies, Rochester, New York, May 24, 1992.

Guest Speaker (invited presentation). Pinning Ceremony. Nurse Education Program, Elmira College, Elmira, New York, June 1, 1991.

Guest Speaker (invited presentation). Nursing Recognition Ceremony. State University of New York, College at Brockport, May 18, 1991.

Parental Coping With Unplanned Childhood Hospitalization (invited presentation). Pediatric Teaching Day. Sponsored by Strong Memorial Hospital, Rochester, New York, November 19, 1990.

Guest Speaker (invited presentation). Pinning Ceremony, Division of Nursing, Keuka College, Keuka Park, New York, May 27, 1989.

Faculty Speaker (invited presentation). Academic Convocation, Keuka College, Keuka Park, New York, August 29, 1988.

Congenital Heart Defects: Types, Treatment and Follow-Up; Muscular Dystrophy. Genetics Update 1987 (invited presentation). The Special Children's Center of Ithaca and Tompkins Cortland Community College, Ithaca, New York, November 18, 1987.

Pediatric Assessment (invited lecture and workshop presentation). The Tompkins County Emergency Medical Squad's Annual Teaching Day: Pediatric Emergencies, Ithaca, New York, October 17, 1987.

The Effects of Selected Information on Mothers' Anxiety Levels During Their Children's Hospitalization (paper presentation). Sigma Theta Tau Nursing Research Day: Syracuse, University, Syracuse, New York, October 6, 1987.+

Nursing: Our Growing Commitment (invited guest speaker). Nursing Matriculation Ceremonies. Keuka College, Keuka Park, New York, October 26, 1986.

Pediatric Fluid and Electrolyte Balance (inservice program). Pediatric Unit, Robert Packer Hospital, Sayre, Pennsylvania, Spring 1985.

Acute Bacterial Meningitis in Infancy and Childhood (inservice program). Pediatric Unit, Robert Packer Hospital, Sayre, Pennsylvania, Spring 1985.

PROFESSIONAL PRESENTATIONS: LOCAL (+refereed) (continued)

Physical Assessment and History Taking Across the Life Span. Planned and presented a two-day assessment course in conjunction with two other faculty members. July 11-12, 1985.

Test Construction Skills. Faculty development program, Robert Packer Hospital School of Nursing, Sayre, Pennsylvania, Fall 1985.

Pediatric Physical Assessment (invited workshop). Sponsored by Tyler Memorial Hospital, Shadowbrook Resort, Tunkhannock, Pennsylvania, September 27, 1985.

The Effects of Selected Information on Mothers' State Anxiety Levels During Their Children's Hospitalization (invited paper presentation). The New York State Nurses Association District #3 Meeting, Bath, New York, September 24, 1985.

CONSULTATIONS

Temple University. Consultation on Chief Wellness Officer/Wellness, (virtual), June 22, 2022.

Drexel University. Consultation to discuss Chief Wellness Officer role and strategic planning process, (virtual), April 14, 2022

Howard University Student Health Center. Consultation on 9 Dimensions of Wellness, (virtual), February 1, 2022.

Indiana University. Consultation with Chief Health Officer, (virtual), January 5, 2022.

University of California, Irvine. Consultation on Chief Wellness Officer, (virtual), December 21, 2021.

Medical University of South Carolina. Consultation on Wellness, (virtual), November 30, 2021.

Vanderbilt University, School of Nursing, (virtual), November 10, 2021.

Arizona State University, College of Nursing. Consultation on Chief Wellness Officer/Wellness, (virtual), November 10, 2021.

Lehigh Valley Hospital. Consultation on wellness in nursing, (virtual), September 2, 2021.

University of California San Francisco. Health Research/EBP Consultation, (virtual), July 29, 2021.

Ascension St. Vincent Hospital Indianapolis. Implementing and starting a Chief Wellness Officer role at the hospital, (virtual), October 16, 2019.

Johnson & Johnson Strategic Customer Group. Healthy Workforce Virtual Training Meeting. Columbus, OH, July 15, 2019.

University of Florida Gainesville College of Nursing. Consultation on renewal of current dean. Gainesville, FL, May 31 & June 1, 2018.

CONSULTATIONS (continued)

Consultation with Captain Lisa Osborne from Uniformed Services University on an EBP project for the Navy TriService Nursing Research Program. Washington, D.C. August, 2015 to August, 2016.

Consultation with Dr. Nina Flanagan from Binghamton University, Decker School of Nursing on grant submission with adaptation of COPE for older adult population. Binghamton, New York. July, 2015.

University of Maryland School of Nursing. Consultation/invited speaker regarding integration of EBP in academic curricula. Baltimore, Maryland. January 8, 2013.

Washington Hospital Healthcare System, Fremont, California. Consultation regarding system-wide implementation and sustainability of evidence-based practice. September, 2008-2012.

Atlanta Children's Hospital. Consultation regarding adaptation of COPE for parents of children undergoing rehabilitation. June, 2010-2012.

Children's Hospital of Philadelphia. Consultation regarding adaptation of COPE for parents of cardiac surgical infants. February, 2010-2012.

Viterbo University School of Nursing. Consultation regarding integration of EBP into academic curricula. La Crosse, Wisconsin, September, 2009.

Consultation with Dr. Kathleen Gaffney from George Mason University regarding integration of the COPE program into a smoking cessation program for new mothers with infants, 2008-2009.

Providence Medical Center, Anchorage, Alaska. Consultation regarding system-wide implementation of evidence-based practice using the ARCC model, August 2007-2008.

University of North Florida School of Nursing. Consultation regarding integration of evidence-based practice in academic curricula, 2008.

Bon Secours Hospital, Virginia. Consultation regarding system-wide implementation and sustainability of evidence-based practice, February, 2008.

The National Institutes of Health Clinical Center, Consultation regarding system-wide implementation of evidence-based practice using the ARCC model, June, 2006-2007.

Barnes-Jewish Hospital, Consultation regarding adaptation of the COPE program for children with cardiac disease requiring surgery, 2006 – 2008.

Boston Children's Hospital, Consultation regarding adaptation of the COPE program for children with epilepsy, 2007-2009.

Shriners' Burn Hospital in Boston, Consultation regarding adaptation of the COPE program for young children with burns, 2007-2010.

St. Louis Children's Hospital, Neonatal Intensive Care Unit, Consultation regarding integration of COPE into a pilot study for parents of extremely low birth weight premature infants, March, 2005 – 2007.

CONSULTATIONS (continued)

University of Texas at Tyler, Consultation with faculty regarding integrating evidence-based practice into curricula and doctoral program curricula, May 19, 2005.

Cincinnati Children's Hospital, Consultation regarding integration of evidence-based practice throughout the system and implementation of the COPE program, April-June, 2005.

Rutgers University School of Nursing, Consultation with faculty regarding research and evidence-based practice, December 13, 2004.

Emma Children's Hospital, The Netherlands, Consultation with Tirtsa Ehrlich, Research Psychologist, regarding translation and use of the COPE PICU program into Dutch, July, 2003-2005.

Centre for Nursing Research, SMBD Jewish General Hospital & McGill University School of Nursing, Montreal, Canada, Consultation with Dr. Nancy Feeley regarding replication and use of the COPE program with parents of LBW premature infants, April, 2003-2006.

A "KySS for the Grandkids" Program. Medical of Georgia, Consultation regarding adapting the KySS program for grandparents. January, 2003-2005.

Beijing Medical Center, China, Neonatal Intensive Care Unit, Consultation regarding translation and replication of the COPE NICU study, 2002-2005.

Pace University, School of Nursing, Visiting Scholar, October 15 and 16, 2002.

ABC News, Health, Wellness and Developmental Expert, 2001-2011.

External Advisory Board. T32 Pre-doctoral NRSA Training Application. University of Pittsburgh School of Nursing, May, 2002.

Sydney Children's Hospital, University of New South Wales. Consultation regarding replication of the COPE program with hospitalized children and parents in Sydney, August, 2001-2004.

Eklund, Ragnhild. Consultation regarding replication of the COPE program with hospitalized children and parents in Sweden. May, 2001-May, 2002.

Wilson Commencement Park, Rochester, New York. Invited consultation for the development and outcomes evaluation of a health and wellness curriculum for children in the Park's Early Learning Center, 8/00-1/01.

University of Northern Kentucky School of Nursing. Invited consultation for a federal training grant to develop, implement, and evaluate a pediatric nurse practitioner program, 1998-1999.

McConnochie, K.M. Home Nursing to Avoid Pediatric Hospitalization. R01 Grant, funded by NIH/NINR, Scientific Advisory Board, University of Rochester School of Medicine and Dentistry, 1997-2000.

Sahler, O.J. Problem-Solving Skills Training in Childhood Cancer. Program Project Nursing Consultant, R01 Grant submitted to NIH on 1/30/98, University of Rochester School of Medicine and Dentistry, 1997-1998.

### CONSULTATIONS (continued)

University of Nebraska School of Nursing, Omaha, Nebraska. Invited consultation for the purpose of providing guidance on program evaluation for the pediatric nurse practitioner and women's health nurse practitioner programs, 1997.

Committee on Psychosocial Aspects of Child and Family Health, American Academy of Pediatrics, New York Chapter. Provided consultation on the development of a divorce program for newly separated couples and their children, 1993-1994.

### PROFESSIONAL ORGANIZATIONS

National Academy of Medicine/Institute of Medicine  
American Organization of Nurse Executives  
American Academy of Nursing  
American Association of Nurse Practitioners  
Sigma Theta Tau International  
American Nurses Association  
Ohio Nurses Association  
West Virginia University Alumni Association  
University of Pittsburgh School of Nursing Alumni Association  
National Association of Pediatric Nurse Practitioners (NAPNAP)  
Association of Faculties of Pediatric Nurse Practitioners (AFPNP)  
National Organization of Nurse Practitioner Faculties (NONPF)  
National Academies of Practice  
Women of Impact for Healthcare

### COMMUNITY EDUCATION AND SERVICE

Building the Business Case for Employer Engagement in HTN Prevention & Control (March 2023 – June 2023). The National Forum for Heart Disease & Stroke Prevention.

Wellness on Wheels Tours (2014 – present). Leads interprofessional students from Ohio State's health sciences colleges to conduct community education and screenings across the state of Ohio.

Columbus Metropolitan Club & OhioHealth. Our Healthy Community Sitting is the New Smoking: Part 1 (invited panelist). June 17, 2015.

WOSU 89.7 Radio. Monthly Wellness Wednesday guest for *All Sides with Ann Fisher* to discuss important health topics, 2012-present.

KFNX 1100 Radio. Host for Hot Health Topics (weekly 1-hour radio show that brings the best and latest evidence to the public on a variety of important health and wellness issues), January 2011-May, 2011.

EmpowHER. Medical Advisory Board, July, 2009-present.

Governor's Task Force on Primary Care in Arizona, September, 2008- March, 2009.

The Wellness Community Center Honorary Board, Phoenix, Arizona, 2008-2011.

## COMMUNITY EDUCATION AND SERVICE (continued)

Adolescent Community Health Advisory Group. For the President's New Freedom Initiative: State Implementation Grant for Integrated Community Systems for Children and Youth with Special Care Needs. Phoenix, Arizona, 2005-2008.

United Healthcare Advisory Board Member. Supporting health care consumers throughout the State of Arizona. Phoenix, Arizona, 2008- 2009.

Governor's Health Care Strategy Session. To engage Arizona leadership in a dialogue to assess health care policy alternatives with the ultimate goal of designating policy proposals that meet the needs of Arizonans today and in the future. Phoenix, Arizona, August 20, 2007.

Honorary Board for the Wellness Community Central Arizona. Provide free professional programs of support, education, and hope for people with cancer and their loved ones. 2007-2011.

Governor's Task Force on the Nursing Shortage. January, 2005-February, 2006

Children's Liturgy of the Word Teacher. St. Anne's Church, Rochester, New York, June, 1990-2000.

Infant Care and Development (invited presentation). International wives group, University of Rochester, February 28, 1998.

Parent Education Day: Organized the planning and implementation of a Parent Education Fair, The Mall at Greece Ridge Center, December 6, 1994. Sponsored by the Care of Children and Families Graduate Program, University of Rochester School of Nursing.

Asthma Teaching Group: for parents of children with asthma. January 27 and February 3, 1987, Ithaca, New York.

Parent Classes. Organized, planned and presented parenting classes on health topics and common concerns in the first year of life. Sponsored by the Guthrie Medical Center, Sayre, Pennsylvania, January 26 and March 6, 1986.

Childhood Safety and Accident Prevention. Presented information regarding this topic to the Business and Professional Women of Sayre, Pennsylvania, May 6, 1985.

## FACULTY COMMITTEES AND SERVICE

May 2021-present	Co-chair, Commission on Mental Health, The Ohio State University
April 2020-present	Vice Chair, Safe Campus & Scientific Advisory Panel
February 2020- November 2020	Chair, Bucks for Charity, The Ohio State University
October, 2019- November 2020	Chair, Ohio State's National Biennial Clinician Well-being Summit (to be held October 21-23, 2020): A collaboration among all seven health sciences colleges, the college of social work and the Ohio State Wexner Medical Center.



FACULTY COMMITTEES AND SERVICE (continued)

December, 2019- September 2020	Member, Search Committee for Dean of the College of Medicine, The Ohio State University
April, 2019-present	Member, Solicitation Review Committee
March, 2019- October 2019	Member, Search Committee for VP of Student Affairs, The Ohio State University
February, 2019- December 2019	Co-chair, Bucks for Charity, The Ohio State University
April, 2018- Present	Member, Opioid Concept Development Group, The Ohio State University.
April, 2018-Present	Member, Mental Health Task Force, The Ohio State University.
February 2017- December 2020	Member, Move to PROSPER Housing Demonstration Project Advisory Committee, The Ohio State University
November 2016-present	Board Member, Early Head Start Partnership Program, The Ohio State University
September 2016-present	Member, ADVANCE Advisory Board, The Ohio State University.
December, 2015- June, 2016	Co-Chair, College of Medicine 8 <sup>th</sup> Annual Spring Symposium, The Ohio State University
September, 2015-present	Member, Internal Advisory Board, Center of Excellence in Regulatory Tobacco Science (CERTS), The Ohio State University
April, 2015-present	Member, P30 Internal Advisory Board, The Ohio State University Wexner Medical Center
January, 2015-June, 2017	Co-Chair, Campus Campaign, The Ohio State University
October, 2014-present	Member, Internal Advisory Board, Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery, The Ohio State University
July 1, 2013- December 2020	Advisory Board: The Ohio State University LiFE (Learning in Fitness and Education) Sports, College of Social Work
January, 2012-present	Chair, One University Health & Wellness Council, The Ohio State University
January, 2012- August, 2013	Co-lead: Phase 1 Health and Wellness Discovery Theme, The Ohio State University
September, 2011-present	Founder and Chair, Inter-Professional Education and Practice Collaborative, The Ohio State University
September, 2011-present	Institute for Population Research/Population and Health Oversight Committee member, The Ohio State University, College of Arts and Sciences

FACULTY COMMITTEES AND SERVICE (continued)

December, 2014	Reviewer for University tenured faculty candidate, The Ohio State University.
August, 2012-present	Member, OSUCCC Internal Advisory Board, The Ohio State University
August, 2012-2014	LEND (Leadership Education in Neurodevelopmental Disabilities) External Advisory Board member, The Ohio State University, Nisonger Center.
September, 2011-2012	Strategic Planning Chair, The Ohio State University College of Nursing
August, 2008-2011	Leadership Team for ASU-Mayo Partnership
September, 2009- June, 2010	Strategic Planning Chair, ASU College of Nursing & Health Innovation
September, 2005-2011	Advisory Board for the Clinical Translational Science Research Project in Arizona
January, 2005-2011	University Council, Arizona State University
January, 2005-2011	Medical Working Group, Arizona State University
February-August, 2006	Search committee, President of the ASU Foundation
January, 2005-Aug, 2005	Chair, Long-range Strategic Planning, Arizona State University College of Nursing
April- July, 2004	Faculty Advisory Committee, Presidential Search, University of Rochester
January, 2004-Dec 2004	Chair, Faculty Search Committee, University of Rochester School of Nursing
January, 2004-Dec 2004	GCRC Committee, University of Rochester Medical Center
2002-2004	Director, Dual PNP/Psychiatric Mental Health Nurse Practitioner Program University of Rochester School of Nursing
October, 2001	Chair, PhD Final Oral Examination. Lisa L. Lindsay, Department of Clinical Psychology, University of Rochester.
April, 2001	Chair, PhD Final Oral Examination, "Critical Analysis of DSM-IV Criteria for Children with Attention Deficit Hyperactivity Disorder," by Kathryn Douthit, Warner School of Education and Human Development, University of Rochester.
August, 2000	Chair, PhD Final Oral Examination, "Variations in Findings Regarding Resilience Based on Symptom or Competence Criteria" by Julia Yun Soo Kim, Department of Clinical Psychology, University of Rochester, August 10, 2000.
1999-2004	Co-Chair, Research Council
1999-2004	Interim Research Funding Committee, University of Rochester Medical Center
1999	Chair, Research Strategic Planning Task Force

FACULTY COMMITTEES AND SERVICE (continued)

1998-2001	Faculty Senate
1998-2004	Advisor, Graduate Student Organization
1998-2000	Doctoral Subcommittee
1995-2004	Director, Pediatric Nurse Practitioner/Care of Children and Families Graduate and Post-masters Programs and Dual PNP/Psychiatric Mental Health Nurse Practitioner Programs
1994-1998	Chair, Research Committee, School of Nursing.
1994-1998	Faculty Coordinating Committee (vice-chair: 1994-1996), School of Nursing.
1994-1998	Leadership Council, School of Nursing.
1995-1998	Graduate Health Assessment Task Force, School of Nursing
1992-1997	Human Subjects Review Committee, School of Nursing.
Nov. 15, 1995	Chair, Ph.D. Final Oral Examination "Pathways to Aggression in Highly Stressed 2nd-3rd Grade Urban Children" by Sara Sutton, Department of Clinical and Social Sciences in Psychology, The University of Rochester.
1995-1996	Faculty Workload Task Force.

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL

2021-2022	Invited Expert Panel Member, National Academy of Sciences, Engineering, and Medicine's Board on Children, Youth, and Families Expert Panel that created digital micro-learning modules to help children and teens cope with stress. Funded by the CDC.
October 2022	Member of Program Evaluation Subcommittee for HRSA Grant, Developing a Resilient Health Care Work Force: A UCF Model for Academic Health Science Centers
May 2022	Invited participant, AcademyHealth Clinician Burnout Stakeholder Convening: Developing a Research Agenda on Clinician Burnout in the Veterans Health Administration
January 2022	Lead Reviewer for University of North Carolina Chapel Hill School of Nursing PhD Program
April 2021-present	R3 Resilient Nurses Initiative in Maryland National Advisory Board
March 2021	External Reviewer for Faculty Promotion
March 2021-present	Healthy Nurse Healthy Nation Advisory Committee

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL  
(continued)

October 2020-present	Member, Whole Health Education – Techwerks Advisory Panel
September 2020	Outside reader for Melanie Baker’s thesis, “The Application of Evidence Based Practice in the Acute Care Hospital Setting: A Grounded Theory Study of the Perspective of Nurses in Western Australia,” submitted in fulfillment of the requirements for the degree of Doctor of Philosophy, Edith Cowan University, Joondalup, Western Australia.
April, 2020-present	Chair, Nurse Suicide Prevention Work Group. American Nurses Association Enterprise
November, 2019-present	Editorial Board Member, American Nurse Journal
November, 2019-present	Co-chair, Strength through Resiliency Work Group, American Nurses Association Enterprise
July, 2019-present	President, National Consortium for Building Healthy Academic Communities
September 2018	Co-Chair, inaugural National Summit on Promoting Well-being & Resilience in Healthcare Providers
August 2018-July 2019	Member of Search Committee for National Institutes of Health (NIH) recruitment for Director, National Institute of Nursing Research
September 2017	Confidential Report Reviewer for the National Academies of Sciences, Engineering and Medicine’s Health and Medicine Division
July 2017-January 2019	Member of Selection Committee for 2017 & 2018 Gustav O. Lienhard Award for National Academy of Medicine
May 2017	Review of the Proceedings of the Workshop “Training the Future Healthcare Workforce to Improve Behavioral Health Outcomes for Children, Youth and Families”, National Academy of Medicine.
April 2017	Co-chair, the 3 <sup>rd</sup> National Summit on Building Healthy Academic Communities, University of Florida, Gainesville, Florida
January, 2017-Present	Invited member, National Academy of Medicine Action Collaborative on Clinician Well-being and Resilience.
November, 2016-present	Member, Editorial Advisory Board, <i>American Nurse Today</i> .
October, 2016-present	Editorial board member, <i>Journal of Doctoral Nursing Practice</i> .
January-February, 2016	Theme reviewer for 2016 Annual Research Meeting for AcademyHealth.

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL  
(continued)

December 2015	Confidential Report Reviewer for the National Academies of Sciences, Engineering and Medicine's Board on Behavioral, Cognitive, and Sensory Sciences.
August, 2015-present	Member, advisory board, Values Coach, Inc.
June, 2015-present	Member, Coalition of Urban Serving Universities/Association of Public and Land-grant Universities Biomedical Research Workforce Action Group
April, 2015	Co-chair, the 2 <sup>nd</sup> National Summit on Building Healthy Academic Communities, University of California at Irvine
July, 2013-present	Editor, <i>Worldviews on Evidence-based Nursing</i>
April, 2013-June 2017	Founder and President, the Building Healthy Academic Communities National Consortium comprised of institutions of higher learning across the United States
January, 2013-present	Founder and Chair, the National Interprofessional Education and Practice Consortium to Advance Million Hearts
January, 2013-present	Co-Chair, Million Hearts Sub-Committee, American Academy of Nursing
July, 2010-present	Editorial Board, <i>Childhood Obesity</i>
August, 2009 - present	Honorary Editorial Board, <i>Journal of Healthcare Leadership</i>
January, 2014	Participant, National Institute of Nursing Research Innovative Questions Initiative
October, 2013	External reviewer for Faculty Promotion, University of Iowa
September, 2013	External reviewer for Faculty Promotion, Mayo Clinic College of Medicine
September, 2013	External reviewer for Faculty Promotion, University of Alabama.
September, 2012-April, 2013	Founder and Chair, The First National Summit on Building Healthy Academic Communities focused on improving population health in institutions of higher learning throughout the United States. Over 300 leaders from 93 universities and colleges attended.
August, 2012	External reviewer for Faculty Promotion, University of Basel.
September 9, 2010	NAPNAP's Mental Health Next Generation Steering Advisory Group (invited). Philadelphia, Pennsylvania, September 9, 2010.
January, 2010-March, 2010	Chair, Evidence-based Practice Competency Task Force, The American Nurses Association
June, 2009	Reviewer, NIH Stimulus Grants

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL  
(continued)

March, 2009	Invited Interactive Dialogue Meeting Attendee, NINR Advancing Nursing Science through Comparative Effectiveness Research
June, 2007-2011	Invited Standing Member, NIH/NINR Nursing Science Children and Families/Nursing Science and Related Clinical Studies Grant Review Study Section
November, 2008	Co-Chair, The Second Latin American Summit for the Advancement of Evidence-based Practice, Quito, Ecuador.
March, 2008	Invited reviewer, NIH Pioneer Awards.
March, 2008	External reviewer for tenured faculty candidate, University of Michigan School of Nursing
February, 2008	Invited reviewer, NIH Loan Repayment Program.
2007-2010	State grass roots liaison, American Association of College of Nursing
June, 2007-2009	Invited member, Institute of Healthcare Professions Sector of the Institute of Medicine's Working Group on Evidence-Based Medicine
May, 2007	Co-Chair, First Latin American Summit for the Advancement of Evidence-based Practice, Columbia
2007-present	Manuscript review panel, <i>Journal of Pediatric Psychology</i> .
Feb, 2007	Co-Chair, 9 <sup>th</sup> Annual National/International Evidence-Based Practice Conference, Translating Evidence into Practice with Vulnerable Populations, Phoenix, Arizona, February 13 to 15.
Feb, 2007-2010	Founder & Chair, National Consortium for the Advancement of Pediatric & Adolescent Evidence-based Practice (NCPAEP)
Feb, 2007	Co-Chair, 8 <sup>th</sup> Annual National/International Evidence-Based Practice Conference, Translating Evidence into Practice with Vulnerable Populations, Phoenix, Arizona, February 22 & 23.
Nov, 2006-March, 2007	Chair, NAPNAP Position Statement on Mental Health.
Nov, 2006-2007	Co-Chair, American Academy of Nursing's 34 <sup>th</sup> Annual Conference.
September, 2006	External reviewer for Faculty Promotion, University of Florida.
September, 2006	External reviewer for Faculty Promotion, Yale University
June, 2006	Reviewer, NIH/NINR, Children and Families Study Section
June, 2006-2008	Mental Health Task Force, American Academy of Pediatrics

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL  
(continued)

Feb, 2006	Reviewer, NIH/NINR Children and Families Study Section
Feb, 2005	Reviewer, NIH/NINR Children and Families Study Section
Nov, 2005-2007	Elected Executive Board Member, American Academy of Nursing
September, 2005	External reviewer for professor & associate professor with Tenure Candidates, University of California at San Francisco, Yale University, and the University of Illinois at Chicago.
April, 2005-2010	Co-Founder and Chair, Arizona Consortium for Evidence-Based Practice; First elected president, 2008-2010.
April, 2005	International Research Dissemination Award Judge, Sigma Theta Tau International, 2005.
June, 2004	Chair, First National/International Evidence-Based Practice Leadership Summit and the 5 <sup>th</sup> Annual Evidence-Based Practice Conference: Translating Research into Best Practice with Vulnerable Populations, Sponsored by the Center for Research & Evidence-Based Practice, University of Rochester School of Nursing, June 4 & 5 <sup>th</sup> , 2004.
May, 2004-2006	Faculty, Nurses Investing in Maternal-Child Health Leadership Academy, Sponsored by Sigma Theta Tau International and Johnson & Johnson Pediatric Institute.
April, 2004	Chair, The First National KySS Institute on Mental Health Screening, Intervention and Health Promotion for Pediatric and Adolescent Primary Care and School Health Providers, Sponsored by NAPNAP, the American Academy of Pediatrics, University of Rochester School of Nursing, The LEAH Program, University of Rochester, and HRSA/Maternal and Child Health Bureau.
April, 2004	External reviewer for a Tenured Faculty Candidate from the Yale University School of Nursing
July 24, 2003	Reviewer, Special Emphasis Study Section, National Institutes of Health/National Institute of Nursing Research.
September, 2001	External Reviewer for a Professor Candidate at the University of Illinois at Chicago School of Nursing.
March 28 & March 29, 2003	Chair, National Invitational KySS Summit on child and adolescent mental health that convened expert representatives from 20 national interdisciplinary professional organizations to conduct strategic planning to improve pediatric mental health services (funded by HRSA/Maternal and Child Health Bureau).

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL  
(continued)

March 10 & March 11, 2003	Grant Reviewer, Special Emphasis Study Section on Research to Improve Care for Dying Children and Their Families, National Institutes of Health/National Institute of Nursing Research.
January, 2003	External Reviewer for a Professor Candidate, Hunter-Bellevue School of Nursing, New York
September, 2002	External Reviewer for a Tenured Faculty Candidate from the University of Illinois at Chicago School of Nursing
September, 2002	External Reviewer for a Tenured Faculty Candidate from the University of Pittsburgh School of Nursing
September, 2002	External Reviewer for a Tenured Faculty Candidate from New York University Division of Nursing
September, 2002	External Reviewer for Reappointment of a Faculty Member at Yale University School of Nursing
October 24, 2001	American Academy of Nursing's Child Family Expert Panel Invitational Conference, Washington, DC [invited participant].
October, 2001- October, 2003	Invited member, America in Grief (expert committee on bereavement, violence, and bioterrorism), Sigma Theta Tau International.
2000-2010	Founder and Chair, KySS Campaign (Keep your Children/Yourself Safe and Secure): A national effort to decrease mental health/psychosocial morbidities in children and adolescents. Sponsored by the National Association of Pediatric Nurse Practitioners with endorsements/support from 22 national nursing and interdisciplinary organizations.
June, 2000	Outside reader for Thomas A. Whelan's thesis, "Parent Adjustment & The Psychological Preparation of Families for A Child's Hospitalization for Surgery," submitted in fulfillment of the requirements for the degree of Doctor of Philosophy, School of Public Health, La Trobe University, Bundoora, Victoria, Australia.
2004-2006	Immediate Past President, the Association of Faculties of Pediatric Nurse Practitioners.
2002-2004	President, the Association of Faculties of Pediatric Nurse Practitioners.
1999-2002	President-elect, the Association of Faculties of Pediatric Nurse Practitioners.
1999-2001	Chair, Public Relations, the National Association of Pediatric Nurse Practitioners.
1999-2001	Editor, NAPNAP Update, <i>Journal of Pediatric Health Care</i> .
1998-2010	Editor, Evidence-Based Practice column, <i>Pediatric Nursing Journal</i> .



PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: NATIONAL/INTERNATIONAL  
(continued)

1998-present	Editorial Board, <i>Pediatric Nursing Journal</i> .
1998-2004	<i>Research in Nursing and Health</i> , manuscript review panel.
1997-2004	Collateral Grant Reviewer, Sigma Theta Tau International.
1997-present	<i>Advance for Nurse Practitioners</i> , Editorial Advisory Board.
1995-1998; 2001-2003	<i>Nursing Research</i> , manuscript review panel.
1988-present	<i>Pediatric Nursing Journal</i> , manuscript review panel.

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: REGIONAL/LOCAL

October 2022-present	Program Evaluation Committee for the University Central Florida Resilience Project
August 2016- August 2018	President, Ohio Council of Deans and Directors of Baccalaureate and Higher Degree Nursing Programs
2014	Co-chair. Inaugural state-wide Ohio Building Healthy Academic Communities Summit.
2008-2009	Founding President, Arizona Consortium for the Advancement of Evidence-based Practice
2005-2008	Co-founder, Arizona Consortium for the Advancement of Evidence-based Practice
2004	Finger Lakes/Monroe County Task Force on Improving Mental Health Services for Children
2001-2004	Rochester Steering Committee, The American Academy of Pediatrics' Child Health Institute
2000-2002	Nominating Committee, Eastern Nursing Research Society
1999-2002	Chair, Public Relations, The Upstate New York Chapter of the National Association of Pediatric Nurse Practitioners.
1998-2000	President, Sigma Theta Tau International, Epsilon Xi Chapter, University of Rochester School of Nursing, Rochester, New York.
1997-1999	Founding President, Upstate New York Chapter of the National Association of Pediatric Nurse Associates and Practitioners.
1997-1998	President-Elect, Sigma Theta Tau International, Epsilon Xi Chapter, Rochester, New York.

PROFESSIONAL ORGANIZATION COMMITTEES AND SERVICE: REGIONAL/LOCAL (continued)

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| 1997-1998    | Chair, By-laws Committee, Sigma Theta Tau International, Epsilon Xi Chapter, Rochester, New York.           |
| 1997         | Grant Review Committee, 1997 Ruth Perkins Kuehn Research Award, University of Pittsburgh School of Nursing. |
| 1996-1998    | Co-Chair, 10th Annual Scientific Sessions of the Eastern Nursing Research Society, Rochester, NY, 1998.     |
| 1996         | External Reviewer for Tenured Faculty Candidate, Northeastern University, Boston, Massachusetts             |
| 1994-1996    | Graduate Counselor, Sigma Theta Tau, Epsilon Xi Chapter, Rochester, New York.                               |
| 1995-1996    | Faculty Mentor for Faculty Scholar from Thailand.   |
| 1994-1996    | Chair, Eligibility Committee, Sigma Theta Tau, Epsilon Xi Chapter, Rochester, New York.                     |
| 1994-1996    | Board of Directors, Sigma Theta Tau, Epsilon Xi Chapter, Rochester, New York.                               |
| 1993-1995    | Executive Board Member, The Association for the Care of Children's Health, Rochester Affiliate.             |
| 1992-October | Stress and Coping: Process and Outcomes (Jean Johnson 1993 Symposia) Planning Committee.                    |

Updated November 30, 2023