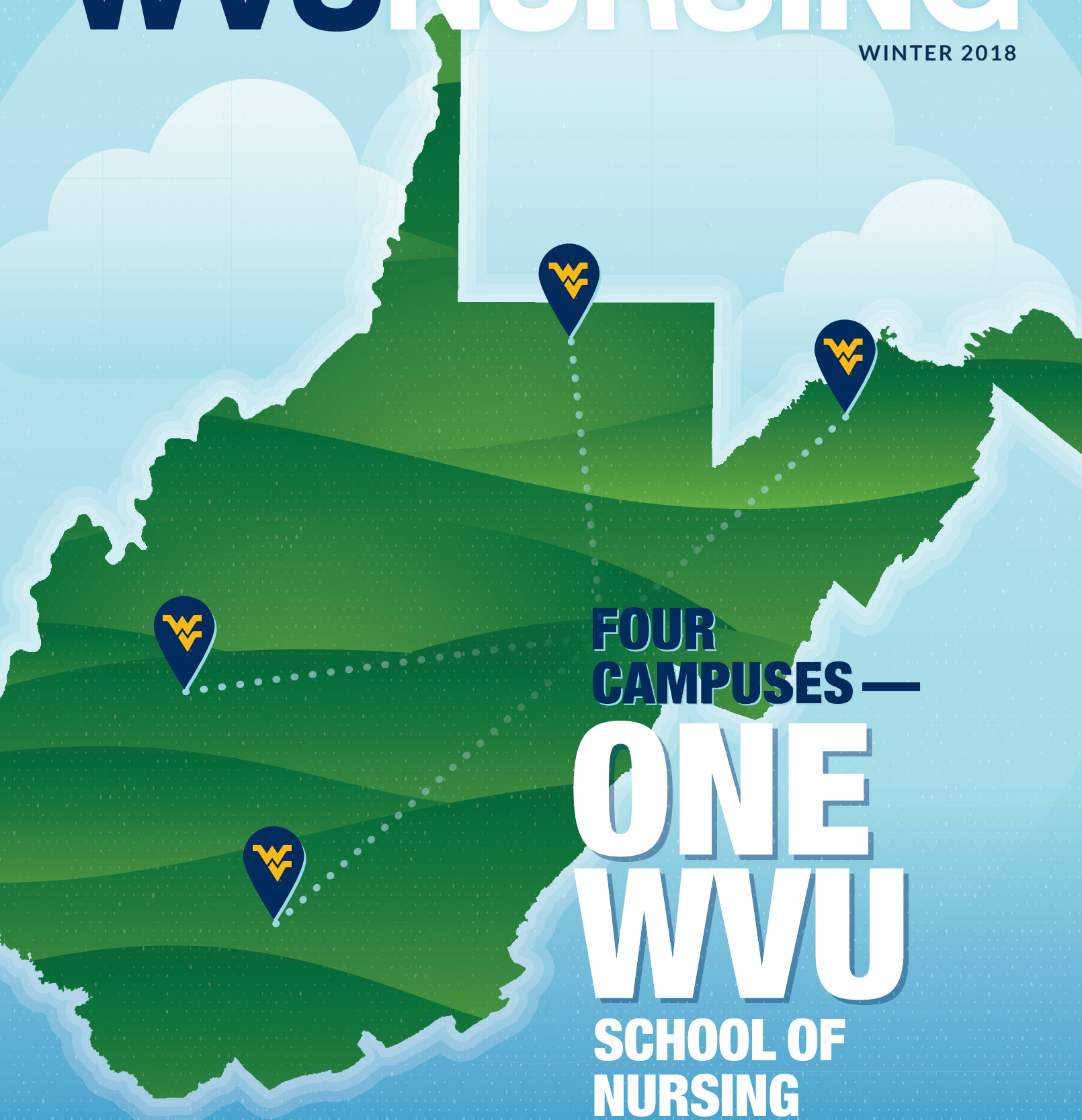


WVU NURSING

WINTER 2018



**FOUR
CAMPUSES —
ONE
WVU**
**SCHOOL OF
NURSING**

Dean's Message

“For us who nurse, our nursing is a thing, which, unless in it we are making progress every year, every month, every week – take my word for it – we are going back. The more experience we gain, the more progress we can make.” – Florence Nightingale

How true Florence Nightingale's words are today, even though she wrote them more than 140 years ago. She knew nursing would always be evolving and ever-changing.

That holds true at the WVU School of Nursing. This year we began offering our BSN program to WVU Potomac State students in Keyser. The community has welcomed our program with open arms, and we have a full cohort of students for our first semester of classes.

We are incredibly proud of our recent Beckley BSN graduates who passed the NCLEX-RN licensure exam on the first try. A 100% pass rate! Our Beckley team also hosted a junior nursing academy to introduce middle school students to nursing and get them excited about possible nursing careers.

Our Charleston campus wished our outgoing chair, Alvita Nathaniel, a happy retirement and welcomed Theresa Cowan as our new chair and Melanie Whelan as our RN-BSN program director. All of our campuses have outstanding faculty who truly care about our students and want to help them reach their full potential.

Change has also come in the form of renovations. At our Morgantown campus, we renovated the nursing school wing on the sixth floor of the Health Sciences Center. With fresh paint, new flooring, a new student and alumni services wing (a section we loaned to the surgery department for a number of years) and quotes from notable West Virginians adorning our walls, we have made the area warm, inviting and cohesive for students, faculty, staff and visitors.

We have also evolved as a university. Earlier this year I was appointed as



▲ Dean Hulseley helped celebrate our 2018 Morgantown graduating seniors during the annual Senior Send-Off event.

vice president of health promotion and wellness for WVU. This new role was made possible by the Bush Fund for Health Promotion and Wellness, which was started by Natalie and Wes Bush. Natalie is a WVU School of Nursing graduate ('88 BSN; '90 MSN). She is an independent hospital and healthcare professional and is an active supporter of WVU Nursing.

What does this new role mean? In addition to my role as dean for the School of Nursing, I am also leading the effort for WVU, along with WVU Health, to improve overall health and wellness on our campuses and in our communities.

It is our responsibility as an academic institution to help our students, staff and faculty not only excel in their educational and career pursuits but also engage and empower them to achieve mental and physical health. Putting a focus on their well-being will have a far-reaching, positive affect in improving individual lives, as well as our neighborhoods, communities and the state of West Virginia. Nurses are known for leading the charge in improving health in our communities, and I am excited for the School of Nursing to play a key role.

As part of this, WVU is working toward becoming the first certified Blue Zones University. Certified Blue Zones worksites implement evidence-based best practices to create a healthier environment and culture for employees. This environment inspires, encourages and promotes well-being, not only in the workplace but also in the places where we live and play. You can learn more at go.bluezonesproject.com/WVU.

With all the changes, initiatives and new opportunities, one constant remains: the unwavering support we receive from our alumni, friends and donors. We are grateful for you, your commitment and your friendship. We are fortunate to have you on this journey with us!

Let's Go!

TARA HULSEY, PhD, RN, CNE, FAAN
Vice President of Health Promotion and Wellness
West Virginia University
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WVU SCHOOL
OF NURSING

BSN

PROGRAM

▲ The official ribbon-cutting of the WVU School of Nursing at WVU Potomac State. The WVU System now offers a four-year BSN program on the Keyser campus.

NOW OFFERED
IN KEYSER

Since its start more than 55 years ago, the School of Nursing has grown not only in programs, but also on campuses throughout the state. To meet the needs of the people of West Virginia, we recently opened our newest campus in Keyser.

Students now have the option to enroll in our four-year Bachelor of Science in Nursing (BSN) degree at West Virginia University Potomac State College. The program received final approval from the West Virginia Board of Examiners for Registered Professional Nurses on June 29, 2018, and a ribbon-cutting was held in August 2018.

“We are thrilled to have our four-year BSN program in Keyser,” said Dean Hulseley. “This new program is a testament to the demand and need for four-year nursing programs in West Virginia.”

April Shapiro, PhD, RN, is the BSN chair for the Keyser campus and is joined by faculty and staff Linda Shroyer, MSN, FNP-BC, instructor; Lisa Gilbert, MSN, FNP-BC, adjunct instructor; and Rachel Raschella, BS, program assistant. The program has plans to phase in additional faculty over the next two years.

“Bringing the WVU School of Nursing’s accredited BSN program to Keyser has been so exciting,” said Dr. Shapiro. “We have a 23-student cohort who are receiving the same classroom and clinical instruction as our students on the Morgantown and Beckley campuses; we are One WVU. The students express how thankful they are for being able to work toward their BSN so close to home and how much they appreciate the convenience of attending all four years on one campus.”

Students accepted into the Keyser campus program follow the same

progression plan, student handbook, curriculum, policies and procedures as students on the other WVU School of Nursing campuses. The curriculum includes courses in humanities, social sciences, basic sciences and nursing science, which are taken in conjunction with clinical nursing courses.

Throughout all academic and clinical experiences, students and faculty focus on five core competencies: critical thinking, nursing intervention, professional role, caring and communication.

The program space is located in a 4,000 square-foot wing of the J. Edward Kelley Complex. Students have the benefit of learning in state-of-the-art skills and simulation labs, where they practice patient care and learn critical reasoning and action through a multitude of healthcare scenarios.

In both the skills and simulation labs, each bed unit is set up to mimic the inpatient environment, with functioning suction, oxygen, air, a patient monitor and a bedside computer. Each computer includes a barcode scanner to reinforce safety with patient identification and medication administration.

Each of the eight beds in the labs contains an adult manikin. The manikins represent diversity in gender and color, to promote students’ respect of cultural sensitivity and appreciation of a diverse patient population.



▲ The WVU SON Keyser campus has a state-of-the-art simulation lab to provide students real-world nursing scenarios. Six skills beds, each with a simulation manikin, patient monitor and functioning headwall, have been installed. Students will learn in two simulation rooms. High-def learning cameras and microphones will record students’ skills and simulation scenarios and help with briefing and debriefing, which help students become detail-oriented learners and critically aware nurses. The simulation lab was made possible in part from a grant from the Appalachian Regional Commission and a donation from Grant County Bank.



▲ ABOVE WVU School of Nursing at Potomac State student Madison Rotruck checking “Barry’s” radial pulse. Manikins in the simulation lab perform a variety of functions to augment nursing learning, including pulses and other vital signs; heart and lung sounds; heart rhythms; pupil changes; and bowel sounds. RIGHT Introducing the WVU School of Nursing at Potomac State BSN class of 2021!

“We have a 23-student cohort who are receiving the same classroom and clinical instruction as our students on the Morgantown and Beckley campuses; we are One WVU.”

—April Shapiro, BSN chair for Keyser campus



With the high-fidelity manikins, built-in audiovisual recording equipment at each bed and online software, students experience real-life learning in a simulated environment, with experiences designed to improve their confidence and healthcare decision-making ability to care for patients with complex needs. Maternal and infant models, including simulation babies, help students learn the adaptations of care across the lifespan.

In addition, Keyser students gain hands-on experience in many clinical facilities in the region, including nursing homes, hospitals and community agencies. In keeping with the University’s commitment to improving healthcare for all West Virginians, nursing students complete a rural clinical practice experience during their senior year. Students also complete 100 hours of community service.

To learn more, go to nursing.hsc.wvu.edu. ♡

Faith Community Nursing

The WVU School of Nursing Faith Community Nursing program is growing its outreach thanks to funds made available by generous School of Nursing supporters.

The WVU Faith Community Nursing program is the only one of its kind in the state. The program is offered online, making it possible for nurses in the rural parts of West Virginia to complete the training.

With funds from donations to the WVU School of Nursing, Angel Smothers and her practice partner, Stephanie Young, were able to purchase supplies for community-based projects within faith communities.

Purchases included fitness trackers for adults, faith-based exercise devotional books and A1C tests for a faith-based community walking program. “This will also be an interprofessional activity, as we are partnering with Jim Thomas, an exercise physiologist from the WVU Human Performance Lab, and we will lead the walking program together,” said Smothers. “Nursing and exercise physiology students will also be active with this group, therefore expanding clinical immersion opportunities.”

Fitness trackers for children were also bought. “The group is partnering with another faith community where one of our undergraduate nursing students is completing her community clinical hours/capstone project,” explained Smothers. “We will provide the children with a fitness tracker and evaluate their use and any change in exercise habits.”

With the strain on caregivers increasing, the Faith Community Nursing program also purchased manuals for caregiver education and will be involved with a support group within a faith community in the rural coal camps of southern West Virginia. “The nurse who will lead this group completed the faith community nursing course with us last year and has started work on developing

a health ministry program within her church,” said Smothers. Also purchased were manuals for a new faith-based gardening group in the northern panhandle.

For the fourth consecutive year, there will be a local faith-based health fair open to all faith communities in Morgantown. “We use this fair to provide a service to the community, but also for students across the Health Sciences Center,” explained Smothers.

She added, “Last year we had students from nursing, therapy, exercise physiology,

medicine and psychology participate with their faculty. With West Virginia leading the nation in the number of diabetic patients, this year we can continue to offer new screenings, including A1C, to look for elevated blood sugar levels. WVU undergraduate nursing students are not only going to work at the fair, but they are also actively involved in the planning, so they will be prepared to develop nursing-led initiatives like this in the future.” ❖

► Fitness trackers provided by the WVU School of Nursing Faith Community Nursing program are being used regularly by faith-based community walking program participants to help them become more active.





WVU SCHOOL
OF NURSING AT
WVU TECH SHOWS
EIGHTH-GRADERS

A DAY IN THE LIFE

As the ambulance pulled into the entrance at Beckley Appalachian Regional Hospital (ARH), sirens blaring, lights flashing, one could cut the sense of urgency with a knife. A young woman crashed her bicycle and was in bad shape. Deep cuts on her head. A badly swollen and possibly broken leg.

Emergency responders jumped out of the vehicle and opened the rear doors. Inside was a stretcher bearing a young woman in a neck brace. Her leg was purple and she was crying out in terrible pain. The EMTs gently lowered the stretcher from the ambulance, assuring her that she'd be all right, and then wheeled her into the hospital to the only group of people who could save her: a bunch of eighth-graders in scrubs.

That was the scene this summer as the first cohort of the Southern West Virginia Junior Nursing Academy learned about life in the ER.

The academy offered 18 eighth graders a three-day, intensive nursing training experience. The students learned everything from how to scrub for surgery and the chain of infection to how various medical fields operate.

The academy was made possible by a partnership consisting of the WVU School of Nursing at WVU Tech, Bluefield State College, Raleigh General Hospital, Appalachian Regional Hospital and the Air Evac Lifeteam. The program was presented with financial assistance as a grant from the West Virginia Center for Nursing.

Students worked with nurse-instructors to see how babies were delivered, visited an operating room at Raleigh General Hospital and learned all about the process of setting up a safe and sterile environment for surgical procedures. In addition, they learned about the ER intake process.

Once the group had experienced the triage process and stabilized the patient, they gained another remarkable experience.

Melissa Ramsey is a critical care nurse educator at Beckley ARH. She teaches critical care classes and “boot camps” for new nurses coming out of school.

“We’re teaching them what trauma is all about and all the care that goes into getting people in the door, assessing the situation and flying them out, if that’s necessary” she said.

For the bicycle crash “patient,” they found air transport was necessary. Hospital staff called for an air evacuation. Two responders from the Beckley Air Evac Lifeteam entered the building, moved the patient to a new stretcher and wheeled her out to the landing pad where a helicopter – the “Mountain Mama” – was waiting.

Students watched as the team loaded the patient into the helicopter and took off. The chopper flew out of sight, made a circle and came back in for a landing.

For academy student Lydia Crook, it was the best part of the experience. The Mullens, native wants to be a doctor in the military one day, so the experience hit home.

“It was just so cool to see this,” she said. “I’ve always wanted to be in the medical field in some way. I wanted to see if I would like the part that deals with people. If I would like nursing.”

NEVER TOO YOUNG TO SAVE A LIFE

Dr. Crystal Sheaves is the chair of the WVU School of Nursing at WVU Tech. She said that the academy’s soon-to-be high schooler audience is one of the best times to engage young people.

“A lot of them don’t yet know what is out there. It’s a good age to get them thinking about dual credit courses in high-school, and also a good way to give them a taste of a profession that they perhaps had limited knowledge of before,” she said.



“At this age, they are very eager and hungry for any and all learning. I could just see them soaking up what we were teaching them during the camp,” she said.

Sheaves said the age group is also a great time to make students realize the power they have to help people now. In fact, every student left the academy certified in CPR.

“They were really excited they got to do that and felt it was really valuable to them to be certified now for things like babysitting or working as a lifeguard,” she said.

Dallas Meadows is from Charlton Heights. Healthcare is in his blood. Both of his parents and multiple extended family members have worked in the field.

He said that he can already use what he learned.

“I’ve learned how to take vital signs and blood pressure. I learned how to use a stethoscope,” he said, holding up the device that was given to him by the camp.

“And I’m certified in CPR now. That’s very helpful. It makes me feel very useful in an emergency,” he said.

Another academy student, Hannah Bailey, is from Wyoming County. She grew up around the nursing field, too. She said she was surprised by what she’s capable of. She was also surprised by her favorite experience.

“Definitely the OB clinical. Just the fact that we actually got to witness a birth and how that all works. It was my favorite experience because I learned so much,” she said.

Her mom Jeri is a licensed nurse with 25 years of experience. She was pleased to see that students were learning skills appropriate to the field and was glad for the range of experiences her daughter was exposed to.

“I think this is a wonderful program. She got to experience the OB, and I think it scared her away from boys altogether,” she laughed.

“But she got to see exactly what nurses do. She would see me running back and forth when she came to visit the hospital but she honestly had no idea what I really do from day to day. Now she sees why mom’s exhausted all the time. She sees what I really do,” she said.

All told, the young junior nurse said she had a great experience.

“It was wonderful. I think everyone here is friends now and everybody just clicked,” she said.

“I learned that, no matter what, nurses are pretty much a backbone for a doctor. They take vital signs. They do blood pressure and get all the information that the doctor needs.” ❧



BECKLEY CAMPUS

Perfect Pass Rate at WVU Tech

We’re celebrating our 2018 West Virginia University School of Nursing at WVU Tech BSN graduates: they achieved a 100 percent pass rate on the state licensing exam.

“To have an entire BSN graduating class pass the NCLEX-RN exam at first try is an outstanding accomplishment,” Dean Hulsey said. “The 100 percent pass rate is a testament to our faculty and the exceptional preparation, training and education they provide to our BSN students. We are incredibly proud of our students and their hard work.”

The National Council Licensure Examination (NCLEX) is a nationwide examination for the licensing of nurses in the United States and Canada. Nursing school graduates take the NCLEX exam to receive their nursing license, which gives an individual the permission to practice nursing, granted by the state where they meet the requirements.

“We are very excited by the results and are confident in the abilities of these 15 new nurses,” Crystal Sheaves, PhD, RN, APRN, FNP-BC, chair of the WVU School of Nursing in Beckley, said. “We continue to refine our curriculum to help prepare our BSN students and now have a goal of reaching a 100 percent pass rate for each graduating class.” ❧

NCLEX examinations are developed and owned by the National Council of State Boards of Nursing, Inc.



▲ During the 2018 Junior Nursing Academy in Beckley, middle school students had the opportunity to watch a childbirth simulation and hold the “newborn.”

(Left) Laure Marino, DNP, FNP-BC, GNP-BC, WVU School of Nursing faculty, Business Coach Doug Spaulding, and Future of Nursing WV Action Coalition Executive Director Aila Accad, MSN, RN, during one of the on-site sessions of the Nurse Entrepreneur classes.



CHARLESTON CAMPUS

Charleston faculty member *leading statewide project*

WVU School of Nursing faculty are at the forefront of making positive changes for nurses in the state of West Virginia. One statewide initiative is the Nurse Entrepreneur project through the Future of Nursing West Virginia Action Coalition. This initiative is led by our own Charleston clinical faculty, Laure Marino, DNP, FNP-BC, GNP-BC.

The project focuses on nurse entrepreneurship, offering a combination of in-person seminars and webinars to teach skills and build a community for nurses to learn about becoming entrepreneurs.

“This project is based on the belief that nurses could have a large economic impact in the state and in their communities if they were more knowledgeable about business opportunities,” said Marino.

She added, “Our team developed a course to inspire and build skills for nurses to launch successful health-related businesses.” Participants will network with other nurse-entrepreneurs and receive business coaching.

“This project is based on the belief that nurses could have a large economic impact in the state and in their communities if they were more knowledgeable about business opportunities.” —Laure Marino

The project is made possible through a \$25,000 award from the Campaign for Action Innovation Award and a \$25,000 Economic Development grant from the Greater Kanawha Valley Foundation.

Also part of the project is Toni DiChiaccio, DNP, FNP-BC, CEN, assistant dean for family and community engagement and clinical assistant professor, and president of the West Virginia Nurses Association.

The first cohort began this fall with 15 future nurse-entrepreneurs.

To learn more about the Future of Nursing West Virginia, please go to futureofnursingwv.org. ♡

Student Organizations: POUND – A New School of Nursing Organization

The WVU School of Nursing has a new student organization with the goal of helping to recruit more males into the nursing profession.

Promoting Outreach, Unification and Nursing Diversity, or POUND, was new for fall 2018 and is actively working to build awareness.

“The initial focus of this new student organization is to reach more men in nursing,” said Brad Phillips, MSN, RN, a School lecturer and advisor for the group. “Males comprise one of the largest minorities in the nursing profession. When I think back to my nursing education, I struggled with finding a sense of identity as a male in nursing. A stigma always seemed to hover over me, and I remembered being extremely self-conscious with how others viewed me. Creating this organization empowers students to make a stand to break these stigmas and promote diversity within their profession.”

POUND is organizing volunteer opportunities for students as well as campuswide events, including a dodgeball tournament and Halloween costume party.

“POUND will bring different perspective and different experiences, which are necessary in the nursing environment,” said Seth Burk, senior nursing student and president of POUND. “A broadened perspective from a diverse population increases

success in critical thinking situations and will create better overall patient outcomes.”

POUND is a student-centered organization established to strengthen the relationships and remove the barriers amongst the diverse groups in the nursing profession. Their goals are to use mentorship to increase recruitment and foster collaboration between both future and existing professional nurses, and build awareness of the presence of disparities in the nursing profession in hopes to build a more unified front.

One of the initial focuses is to break the stigma attached to one of the largest minorities, male nurses. In addition to a high school outreach program, they will provide outreach to male nursing students in all nursing programs. The group will use alumni, professional nurses at WVU Medicine, and School of Nursing faculty to be positive role models and mentors to male students. The goal is to provide a sense of identity as male students transition into their role as graduate nurses. And the organization will not be limited to only men. It is open to anybody who would like to join and support the mission. ❖

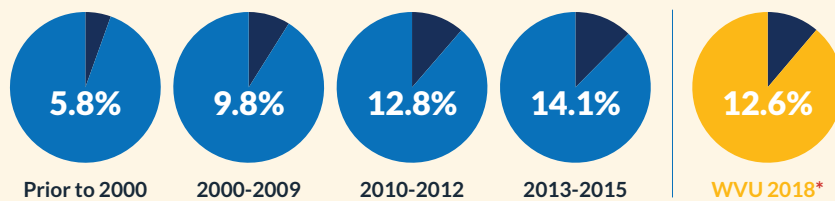
“I struggled with finding a sense of identity as a male in nursing. A stigma always seemed to hover over me, and I remembered being extremely self-conscious with how others viewed me.”
—Brad Phillips, POUND advisor

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National Trend of Male Nurses

Source: National Council of State Boards of Nursing, (2018).
“National Nursing Workforce Study.” ncsbn.org/workforce.htm



*Currently below the national average 100 male + 696 female = 796 total students
West Virginia University School of Nursing Statistics (as of September 2018, across all campuses and programs)

Alpha Rho receives second Chapter Key award

The WVU Alpha Rho Chapter of Sigma Theta Tau International was recognized with its second Chapter Key award at the STTI 44th Biennial convention.

This prestigious award is bestowed upon chapters that demonstrate a commitment to advancing world health and celebrating excellence in nursing scholarship, leadership and service.

The Alpha Rho Chapter was formed after the WVU School of Nursing received accreditation in 1964, following graduation of the first class.

The chapter was formally designated as the 39th national chapter on May 27, 1966. Starting with 32 members, the chapter now has a membership of nearly 300 active students and nurse-leaders

who are actively engaged in improving health outcomes locally and globally.

Sigma Theta Tau membership is by invitation to baccalaureate and graduate nursing students who demonstrate excellence in scholarship and to nurse-leaders exhibiting exceptional achievements in nursing. ❖



◀ **AT LEFT** The WVU School of Nursing Student Nurses' Association was well represented at the recent West Virginia Student Nurses Association conference. WVU SNA board members (left) Sydney Wiley and Matthew Lowther, both juniors, attended the annual conference in Huntington, WV. **BELOW** SNA provided a great presence for the WVU School of Nursing at the West Virginia State fair.



The Student Nurses' Association: New Outreach and Traditional Support

BY LUKE VELICKOFF, SNA PRESIDENT

West Virginia University's Student Nurses' Association (SNA) provides members with the resources and tools needed to be successful throughout their college careers.

The SNA is established upon four key principles: scholarship, community outreach, development of peer relationships and professional establishment.

Community outreach is an essential component of our School's curriculum. SNA strives to uphold this ideal by offering multiple service opportunities every month. Our most recent outreach project was a trip to the state fair in Lewisburg, W.Va. We spoke to attendees about healthy eating choices and fun ways to get active. We played games, offered giveaways and demonstrated how we use specialized equipment, such as stethoscopes and handheld dopplers.

SNA also does a lot of work within Morgantown. Each year members help WVU Medicine during the annual women's heart health screenings; we spend the day at the Heart and Vascular Institute providing free cardiovascular examinations. Events like this give us the opportunity to showcase our wonderful school and profession to the community.

As a nationally recognized organization, we have the opportunity to step beyond the borders of our state to change and refine nursing practice throughout the country. Each year a group of SNA board members work with their mentors and professional nurses to identify an issue they'd like to see addressed in nursing practice, to which we present a possible solution.

Last year, our resolution team went to Nashville, Tenn., to present the resolution: "In support of increasing awareness of potential healthcare professional burnout related to the opioid epidemic." This resolution was adopted by the National Student Nurses' Association house of delegates and was sent for possible use in organizations such as the American Nurses Association and the U.S. Department of Health and Human Services.

SNA continuously strives to develop new programs. There are multiple branches of SNA debuting this year, the largest and most exciting of which is our Freshman Outreach program. In the past, freshman involvement in SNA was small, because most of underclassmen are not on the medical campus and have schedules that do not permit them to come to many SNA functions.

The freshman year of college, especially one that involves one of the most challenging BSN programs in the state, is a time of great change and stress. This is a pivotal milestone, and is when the need for mentorship is at its highest.

With four upper classmen and 30 freshman representatives, the Freshman Outreach program will bring SNA meetings and events to the other Morgantown areas of campus to cater to our youngest cohort. We hope that this involvement will help incoming students acclimate to collegiate life and get involved.

Another new addition is interest group sessions. Every semester students will choose a nursing specialty that interests them, such as obstetrics, critical care or oncology. Students will be matched with a faculty member who specializes in that area and meet to work on projects, perform research and participate in interprofessional simulation experiences at the STEPS Center with other health sciences majors.

We hope that these experiences will help students to not only strengthen their communication and nursing skills, but to also find their specific calling within the nursing profession.

We are so excited to see what this new year has in store! We provide an outlet for students to make a change, both locally and nationally. We strive to promote excellence in our members and work to make the future of nursing better and brighter. ♡



WVU Provost Joyce McConnell (left) and Associate Provost for Academic Personnel Dr. C.B. Wilson (right), present Drs. Neil and Susan Newfield with the WVU Faculty Award for Outstanding Global Contributions.

Susan Newfield receives Faculty Award for *Outstanding Global Contributions*

Susan Newfield, PhD, RN, PMHCNS-BC and Nursing Chair of Family and Community Health, received the first-ever Faculty Award for Outstanding Global Contributions.

Awarded by the WVU Office of Global Affairs, the honor recognizes faculty who have made significant contributions to WVU's global efforts — whether through long-term commitment to working with international students, numerous years of leading education abroad or a one-time major-impact engagement. Nominees must also engage in exemplary and significant work in international and global engagement (on- or off-campus) in any combination of the land-grant missions of teaching, research or service.

Dr. Newfield received the award along with her husband, Neil Newfield, PhD, of the WVU School of Social Work. Since 2005, the Newfields have led the Vietnam and Community Health Initiative. They have been joined by more than 100 undergraduate and graduate WVU students on trips to Vietnam. The goals are to help build the capacity of social work and community health in the country while fostering the international exchange of ideas between Vietnamese and U.S. academics and service providers; to increase opportunities for WVU students and faculty by participating in the global learning experience of Vietnam; and providing consultation support for international non-governmental organizations such as the Pacific Links Foundation, with staff training and consultation on caring for their clients.



11 SCHOOL FACULTY AWARDED 40 OVER 40 NIGHTINGALE AWARDS

The Future of Nursing West Virginia Action Coalition presented its inaugural 40 over 40 Nightingale Awards in September. The awards recognize 40 nurses who dedicated more than 40 years of exemplary nursing service in practice, education, leadership and mentoring.

Eleven of the WVU School of Nursing's past and present faculty were celebrated, including:

Evelyn Klocke, EdD, MSN, RN, CNS
Alvita Nathaniel, PhD, APRN, FNP-BC, FAANP
Nancy Atkins, APRN, MSN, WHNP-BC
Teresa Ritchie, DNP, FNP-BC
E. Jane Martin, PhD, RN, FAAN
Pamela Deiriggi, PhD, PPCNP-BC
Peggy Burkhardt, PhD, RN, AHN-BC
Barbara Nunley, PhD, RN
Marilyn Smith, PhD, PMHNP-BC
Susan Newfield, PhD, RN, PMHCNS-BC
Theresa Cowan, DHEd, ACNS, BC, RN

Gala Chair Karen Wilkinson, BSN, RN, ACM said, "We are proud to recognize the dedication and accomplishments of these exceptional nurses as they continue to improve the culture of health in West Virginia and mentor the next generation of nursing leaders."

Congratulations to the
WVU School of Nursing's past and
present faculty who are this year's

*"Let us never consider ourselves
finished nurses ... we must be
learning all of our lives."
—Florence Nightingale*

40 OVER 40 NIGHTINGALE AWARD WINNERS.

- /// Evelyn Klocke, EdD, MSN, RN, CNS
- /// Alvita Nathaniel, PhD, APRN, FNP-BC, FAANP
- /// Nancy Atkins, APRN, MSN, WHNP-BC
- /// Teresa Ritchie, DNP, FNP-BC
- /// E. Jane Martin, PhD, RN, FAAN
- /// Pamela Deiriggi, PhD, PPCNP-BC
- /// Peggy Burkhardt, PhD, RN, AHN-BC
- /// Barbara Nunley, PhD, RN
- /// Marilyn Smith, PhD, PMHNP-BC
- /// Susan Newfield, PhD, RN, PMHCNS-BC
- /// Theresa Cowan, DHEd, ACNS, BC, RN

Your years of service, teaching and dedication benefit not only our students, but all West Virginians. **Thank you.**



Kendra Barker receives 2018 State Award for Nurse Practitioner Excellence

Faculty member **Kendra Barker**, FNP-BC, APRN was honored with a 2018 State Award for Nurse Practitioner Excellence by the American Association of Nurse Practitioners.

The State Award for Nurse Practitioner Excellence, founded in 1991, recognizes a nurse practitioner who demonstrates excellence in practice.

Kendra, of Reedsville, W.Va., has been a nurse for more than 20 years, and a family nurse practitioner since 2006. She is a clinical assistant professor in the WVU School of Nursing and provides community healthcare services through the Monongalia County Health Department Diabetes Clinic and Milan Puskar Health Right. Her clinical focus is diabetes, and she is certified as a diabetes educator and in advanced diabetes management. She also serves her home community in Preston County through volunteer service on the Preston County Board of Health and per diem employment as an advanced practice nurse at Preston Urgent Care Family Practice, LLC.

▲ Kendra Barker, DNP, APRN, FNP-BC, BC-ADM, CDE, clinical professor, received a State Award for Excellence from the American Association of Nurse Practitioners, which recognizes a nurse practitioner in each state who demonstrates excellence in clinical practice.

Pictured with Barker (center), are (left) Toni DiChiacchio, DNP, APRN, FNP-BC, CEN, FAANP, assistant dean, faculty practice, community engagement and health policy, WVU School of Nursing, and the West Virginia state rep., American Association of Nurse Practitioners; and (right) Joyce Marth Knestrick, PhD, C-FNP, APRN, FAANP, president, American Association of Nurse Practitioners.



HAPPY 80TH, DR. SMITH!

Morgantown faculty and staff helped **Mary Jane Smith**, PHD, RN, FAAN, and SON director of special projects, celebrate her 80th birthday this year!

APPOINTMENTS

Roger Carpenter, PhD, RN, NE-BC, CNE, was named a WVU Honors College Faculty Fellow.

The Faculty Fellows program encourages curricular innovation, giving faculty the opportunity to design new Honors College courses that also fit within the General Education Foundations course framework.

In addition, Dr. Carpenter was recently named to a new role within the SON — the Director of Continuing Education. Dr. Carpenter is the ANCC providership chair for WVNA and will lead WVNA's Approver Unit for organizations in the state that want to be CE providers.

Melanie Whelan PhD, APRN, FNP-BC, of the WVU School of Nursing Charleston campus, was named director of the RN-BSN program.

Toni DiChiacchio, DNP, APRN, FNP-BC, assistant dean for family and community engagement, was recently reappointed to the Monongalia County Board of Health. Her term continues until June 2023.

Dr. DiChiacchio was also re-elected as the West Virginia Representative to the American Association of Nurse Practitioners for a two-year term. The State Representative serves as the key state contact person for the regional director, board of directors, committees and executive staff. State representatives are accountable to the AANP Board of Directors. The state representative actively serves to represent the interests of AANP, its members and the community at large.

Dr. DiChiacchio was also appointed to West Virginia's Medicaid's Pharmacy and Therapeutics Committee.



▲ **CLOCKWISE FROM TOP LEFT** Colleagues and friends of Alvia joined in on her retirement party. Jenny Liu recently retired from the School and was the grant resources associate in the Office of Research and Scholarly Activities. Pamela Deiriggi (right, pictured with Dean Hulsey) retired after 40 years of an illustrious nursing career. Gina Maiocco, PhD, RN, CNS-BC, started the “Vet to Vet” volunteer program at WVU Medicine’s J.W. Ruby Memorial Hospital.

BON VOYAGE!
This past year, the School of Nursing wished four of our colleagues well as they embarked on their retirement. Best wishes to our friends as they move on to this exciting phase:

Alvia Nathaniel, PhD, APRN-BC, FNP, FAANP, professor and chair of the WVU Charleston campus

Pamela Deiriggi, PhD, PPCNP-BC, associate professor emerita

Gina Maiocco, PhD, RN, CNS-BC, clinical associate professor

Jie (Jenny) Liu, grant resources associate, Office of Research and Scholarly Activities

Tara Hulsey, dean of the West Virginia University School of Nursing and vice president of health promotion and wellness for WVU, was unanimously re-elected to serve as the president of the West Virginia Board of Examiners for Registered Professional Nurses.

Jennifer Mallow PhD, FNP-BC, was invited by the American Nurses Foundation, to be a reviewer in Round 1 of the grant review process. Mallow’s appointment as a reviewer will be for three years beginning May 1, 2018, and ending on December 31, 2020. Each reviewer will be assigned three to five proposals by the Chair of the Nursing Research Review Committee.

Teresa Ritchie DNP, FNP-BC, APRN, of the WVU School of Nursing Charleston campus, was re-elected as Secretary of the West Virginia Board of Examiners for Registered Professional Nurses.

The seven-member board provides oversight of more than 39,000 registered nurses, advance practice registered nurses and dialysis technicians. The group is responsible for establishing professional standards and guidance for nursing practice; licensing; reviewing and approving nursing education programs related to initial licensure; investigating complaints; and supporting a monitoring and recovery program for registered nurses.



MEET Tanya Rogers

Earlier this year, Dr. Mary Jane Smith stepped down as chair of the Adult Health Department and took on a new role of director of special projects working with Dean Hulsey.

As a result, **Tanya Rogers, EdD, MSN, RN**, was named the new chair.

Dr. Rogers received her BSN from Fairmont State University and her MSN and doctorate in education from WVU. She joined the WVU School of Nursing from Fairmont State, where she was associate dean and director of their BSN program.

Since joining WVU in June, how has the transition been?

“As a Fairmont native and a WVU alumna, I have always been a Mountaineer fan, so there was no transition needed with that one! From the first day on campus as faculty, though, I have received the warmest Mountaineer welcome. I am so impressed by the professionalism and dedication of the School’s administrators, faculty, and staff. I feel like I’m part of the team and the family. I couldn’t have asked for more. I am finding that this is a great place to learn, grow and make a difference!”

What are some of the items you hope to accomplish as chair of the Adult Health Department?

“I want to build on the strong foundation that has already been established and inspire/empower faculty to forge new and innovative paths. The School’s strategic goals are a great guide for pursuit of excellence in academics, scholarship, wellness, service and culture. I will use those concepts to preserve a working environment where every faculty member can excel in diverse pursuits and know they are valued. I want to focus on recruiting and retaining high-quality faculty to serve our students and community.”

School of Nursing **Philanthropy**



In good hands

Public Health Week, April 5-11, aims to encourage citizens in West Virginia to take advantage of state health services such as inoculations and blood pressure checks. On Wednesday, 9-week-old Danny

Higdem voiced his objections to his mom, Michele, of Lost Creek, after he received his scheduled several immunizations from nurse Jo Ann Nicholas, R.N. (right).

AP Photo



▲ **TOP** Gary Nicholas spent time with the Jo Ann and Gary Nicholas Scholarship recipient, Micayla DeWitt, and Dean Hulsey at the annual Scholarship Celebration Luncheon.

The kindness and support his wife showed continues through **a scholarship for nursing students**

Jo Ann was very social. Outgoing. Loved to entertain. "She never met a stranger," said Gary Nicholas of his late wife, Jo Ann Nicholas. "She was a good listener, a good friend and a good confidante."

Gary (WVU B&E 1968) wanted a way to remember his wife of 46 years, and mother to their son, Jason, after she passed away from cancer in May 2016. He looked to his alma mater WVU and the WVU School of Nursing for ways in which to honor Jo Ann.

Jo Ann's nursing experience included labor and delivery, pediatrics and outpatient surgery, and for the last 10 years of her career, she worked at the Harrison-Clarksburg Health Department, primarily within clinics. While she was a nursing graduate of West Virginia University at Parkersburg and

Fairmont State, donating to the WVU School of Nursing was the right fit. "There's a nursing shortage, and we wanted to help," said Gary.

Gary started the Jo Ann and Gary Nicholas Scholarship to support undergraduate nursing students who graduated from a West Virginia high school. In addition, he generously started the Gary and Jo Ann Nicholas Scholarship for the WVU College of Business and Economics. It, too, is for a West Virginia high school graduate.

To learn more about how you can celebrate a loved one or honor a friend, please contact the WVU School of Nursing's Director of Development, Kit Walizer, at 304-293-1597 or kit.walizer@hsc.wvu.edu.



The School of Nursing is grateful for the generous donors who support scholarships, faculty research and other programs/activities. It is because of our alumni and friends that we are able to train and educate the very best nurses who change the lives of patients every day.

DID YOU KNOW ...

- /// You can donate stock, retirement assets, real estate and other investments?**
- /// You can make a planned gift or include the School of Nursing in your will?**
- /// You can name the School as a beneficiary on an insurance policy?**
- /// You can support an existing fund, such as an established endowment or scholarship fund?**
- /// You or your spouse's company might offer a matching gift option that will allow you to double your contribution?**
- /// You can have a direct effect on scholarships, programming and other activities by making a cash gift?**

Giving is easy. In addition to the giving opportunities noted above, there are many ways to give, and no gift is too big or too small to make a significant difference in the lives of our students, faculty and greater community. For more information on making a gift to the WVU School of Nursing, please contact Kit Walizer, director of development, at 304-293-1597 or email kit.walizer@hsc.wvu.edu.



Research made possible by School donors

Did you know the WVU School of Nursing offers research investment funds to the School's faculty? These funds are made possible, in part, thanks to generous School of Nursing donors.

The research funds are used for vital, interdisciplinary research that impacts nursing education, patient care, health policy and leadership. Current faculty research that is made possible by these funds includes:

- Developing a program of research aimed at implementing, evaluating and documenting patient-sensitive, nurse-led interventions, including family education for children and adolescents with cancer who are experiencing co-occurring symptoms.
- Assessing baseline physical activity assessment and recommendations to establish state of healthcare provider clinical documentation and population physical activity to improve clinical care delivery with physical activity for chronic disease risk reduction in a rural clinic.
- Identifying and describe relationships among gender, sociodemographics, depression, anxiety, fear, loneliness and perceived social support in parents of critically ill children, and evaluating the feasibility of the proposed project on recruitment, eligibility criteria and responses on selected measures.
- Evaluating the feasibility, acceptability and initial impact of the use of the Seva Stress Release acupressure protocol to reduce stress and improve well-being among patients enrolled in an acute care facility for treatment of addiction.
- Identifying health challenges of parenting an adolescent with recurrent headaches and approaches used by parents to help the adolescent resolve recurrent headaches.

Your donation could make an impact on future research projects! Please give Kit Walizer, the School of Nursing's director of development, a call today to find out how you can help at 304-293-1597 or kit.walizer@hsc.wvu.edu.

Scholars and donors celebrated at annual scholarship luncheon



▲ Jody Miller (left), Sarah Shia, recipient of the Heather Miller Memorial Scholarship, and Dean Hulsey at this year's scholarship celebration luncheon.

The annual School of Nursing Scholarship Celebration luncheon, which recognizes scholarship recipients and the outstanding generosity of donors, recognized scholars for the 2018-2019 academic year.

Scholars are chosen based on criteria outlined within their respective scholarship agreements. More than \$100,000 in scholarships were awarded this year.

"We have some of the most generous, loyal and passionate supporters I have ever met," said Dean Hulsey. "We are extremely fortunate to have wonderful alumni and donors who go above and beyond every day to make us a stronger program."

While the luncheon focused on the recognition of scholarship recipients and their commitment to academic success, the event was also an opportunity for donors to learn more about their scholars on a personal and academic basis and understand the immense impact of their philanthropic efforts.

"The Heather Miller Scholarship is an absolute blessing and honor for me," said Sarah Shia, senior nursing student. "I have paid my own way for college, including rent, books and food, and the Miller family made it possible for me to afford nursing school. The scholarship helps take the stress off finances and allows me to focus on nursing school."

2018-2019 SCHOLARSHIP RECIPIENTS

GRADUATE SCHOLARSHIP AWARDS

Natalie and Wes Bush
Graduate Nursing Scholarship
Joshua Coker

Charles L. Cotton Memorial Scholarship
Jessica Ray

Hazel Ann Johnson
Graduate Nursing Scholarship
Louisa Padilla

Nola Matthew Nursing Scholarship
Chelsi Greco

Anna Mary Miller Memorial Scholarship
Amy Adams

Ostrow Graduate Student Scholarship
Holly Tonelli

Margaret Fae Perry Nursing Scholarship
Mariah Ketter

Cynthia Wegley & David Barnette
Nursing Scholarship
Kaitlin Earle

UNDERGRADUATE SCHOLARSHIP AWARDS

Anido Family Scholarship
Cory Sanchez

Mary H. Arbuckle Scholarship
Ciara Stewart

Shirley Bell Memorial Scholarship
Jacobi Cottrill

Phyllis Christine Gango Cody
Nursing Scholarship
Olivia Yates

Ashley Capo

Edna Nestor Condry Nursing Scholarship
Logan Miller

Fast Track BS/BA-BSN Annual Scholarship
Morgan Hornsby

Imogene Peer Foster Nursing Scholarship
Hannah Parrish

Frank L. Frankenburger Scholarship
Anthony Prasetio

Helene Fuld Health Trust
Makaila Brown

Michaila Huffman

Craig Devore

Marti Lou Glover Nursing Scholarship
Tori Veach

Suzanne Weller Gross Book Scholarship
Madison Wheeler

Amy Pratt Hartman Scholarship
Kaitlin Belcher

Hazel Johnson Undergraduate
Nursing Scholarship
Allyson Barry

Ian Avis

Brett Samuel Jones Memorial Scholarship
DeAudra Daniels

Jenny Jones Memorial Nursing Scholarship
Marissa Nolder



▲ Nursing students, donors and faculty take part in the WVU School of Nursing scholarship luncheon September 7, 2018.

“We are extremely fortunate to have wonderful alumni and donors who go above and beyond every day to make us a stronger program.” —Dean Tara Hulseley

Dean Hulseley establishes scholarship for *fast-track* nursing students

As the Vice President of Health Promotion and Wellness and Dean of the WVU School of Nursing, Dean Hulseley understands the importance of nursing and the need for qualified nurses in West Virginia. She is taking her passion for nursing and education one step further by providing \$25,000 for WVU nursing scholarships.

The Dr. Tara M. Hulseley BSN Fast-track Student Scholarship (\$25,000) will provide financial support to students who have obtained a BS or BA and wish to become a registered nurse with a bachelor’s degree in nursing. This is the first scholarship of its kind at the WVU School of Nursing.



“It is important that we build the nursing workforce in West Virginia,” said Dean Hulseley. “The state has many health challenges, and we can make the most difference and biggest impact through nursing. Our accelerated program allows students to achieve a nursing degree in 18 months, placing them into the workforce sooner.”

“West Virginia feels like home to me,” adds Dean Hulseley. “Any way I can help the university and state improve health outcomes, as well as encourage students to stay and work in our beautiful state, is a privilege and way to say thank you.”

The gift was made through the WVU Foundation.

Thelma Bernadine Kinney Nursing Scholarship

Brianna Norris
 Maramba Family Endowed Scholarship
 Hannah Pioch
 McKinney-Shaw Nursing Scholarship
 Alan Lin
 Heather Miller Memorial Scholarship
 Sarah Shia
 Sue Ann and Ray Morgan Nurse Scholarship
 Devan Rodilosso
 Barbara Ann Neal Nursing Scholarship
 Deanna Cunningham
 Jo Ann and Gary Nicholas Scholarship
 Micayla DeWitt
 Panger Family Scholarship
 Tyan Lester
 Cheryl Toombs Richter
 Nursing Education Scholarship
 George Lechalk

June N. Satterfield Scholarship

Emiley Bruner
 Claire Frostick
 William Crumm
 Jordan Keener
 Gerlean Marie Slack Memorial Scholarship
 Glenn Taylor
 Betty Marea Smith Scholarship
 Brooke Miller
 Ida W. Smith Memorial Nursing Scholarship
 Alaina Jones
 Shelley Poindexter Stortz Scholarship
 Taylor Fordyce
 Alison Haught
 Valley Health Nursing Scholarship
 Emilyynn Corbin
 Beulah Webb Nursing Scholarship
 Allison Harold

Geraldine Core Willis Scholarship

Skylar McNeely
 Drs. Richard and Jewell Wunderlich
 Scholarship
 Katelyn Harrocks
 West Virginia Nurses
 Association Scholarship
 Kasey Bolyard
 WVU School of Nursing
 Alumni Association Scholarship
 Haley Shreve
 WVU School of Nursing
 Opportunity Scholarship
 Dominica Derrico
 Callie Small



The Year
in **Collage**

.....

From the nursing pledge ceremonies to graduations, our School of Nursing campuses bustle with activity.



- ◀ August 2018 graduating senior nursing students visited WVU Medicine Children's and distributed teddy bears and activities, including books, crayons and markers, and a brand-new wagon, to the hospital's youngest patients.
- ▶ WVU President E. Gordon Gee received his annual flu vaccination from senior nursing student Tori Veach.



Class Notes



Jill Cochran, PhD '04, APRN-FNP (left) and Denise Lucas, PhD '04, FNP-BC CRNP were inducted as 2018 Fellows at the AANP conference in Denver, Colo. They were in the same WVU PhD program cohort (2004).



REMEMBERING

Elizabeth Ann O'Connell, PhD, RN

October 20, 1920 – March 20, 2016

Past chair of the WVU SON department of maternal-child nursing. According to her obituary, "She also became the first RN to be licensed as a nurse-midwife in the state of West Virginia."

ALUMNI WEEKEND RECAP

Alumni and friends of the WVU School of Nursing came together for the annual alumni celebration in September.

The weekend started with a Friday night reception at the Erickson Alumni Center and culminated with a tailgate before the WVU-Youngstown State football game. It was easy to celebrate the Mountaineers' 52-17 win over the Penguins! Save-the-date for the 2019 Alumni and Friends Celebration: September 13 and 14, 2019!





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SAVE THE DATE FOR THE

2019 WVU School of Nursing Annual Alumni *and* Friends Celebration Weekend

September 13 and 14, 2019

Details will be shared via the School of Nursing's Facebook and Twitter accounts and evites will be coming to your inbox.

Stay tuned!  

